

Macaroni Salad

Makes 4 Servings, 1-1/2 cups, each

Preparation Time: 15 minutes

Cooking Time: 8–10 minutes

Ingredients

12 oz. elbow macaroni, uncooked
1/2 cup green pepper, chopped
1/2 cup salad dressing, mayonnaise-type
1/2 tsp. pepper
1/2 tsp. garlic powder

Directions

1. Cook macaroni according to package directions. Drain and cool.
2. Combine green pepper, salad dressing, and spices.
3. Add macaroni and toss lightly. Chill.

Nutrition Content Per Serving:

Calories: 430

Total Fat: 13 g

Saturated Fat: 2 g

Cholesterol: 0 g

Sodium: 72 mg

