

Annual Notice of Change 2027

UHC Dual Complete AL-Q1 (HMO-POS D-SNP)



Download the **UnitedHealthcare** app



Visit **myUHCMedicare.com**



Call toll-free **1-866-480-1086**, TTY **711**
8 a.m.-8 p.m. local time, 7 Days Oct-Mar, M-F Apr-Sept



**United
Healthcare®**

Feel confident and prepared for next year

UnitedHealthcare has been America's most chosen Medicare Advantage brand for 18 years in a row. Your health and well-being are at the heart of everything we do. We're here to help you get the care you need. Our goal is to keep your coverage affordable and make your Medicare experience easier. Some plan details may change each year, but our commitment to you stays the same.

Medicare industry changes may affect some plan benefits

Each year, Medicare plans may change because of industry regulations and federal funding. We know it's important to understand what's changing in 2027. This can help you make the best choices for your health and budget.

What's changing for your plan in 2027

This Annual Notice of Change explains your 2027 plan updates. It includes any changes to your costs, benefits and coverage. Reviewing it now can help you decide if this UnitedHealthcare plan still fits your needs.

Here are a few benefit highlights for your 2027 plan:



Your plan will still have an over-the-counter (OTC) credit to help with your everyday needs, but the amount will change next year. Use your credits and earned rewards to buy thousands of covered OTC products, plus healthy food and utilities for members who qualify.



Your plan includes \$1,500 toward preventive and comprehensive dental services. Sign in to your member site for more details.



Your plan includes a \$250 vision allowance. You can use it to buy a pair of eyeglasses (lenses and frames) or contacts.

Your plan may have other changes. Please review this Annual Notice of Change for full details.

New for 2027: 2 cards for extra protection and reliability

In 2027, you'll get 2 easy-to-use cards:

- Your member ID card – Use this at the doctor's office and pharmacy
- Your UnitedHealthcare UCard® – Use this for plan benefits like: OTC credits and earned rewards

Having separate cards helps protect your personal health information. It also makes your benefits easier to use. Your cards will come in separate mailings. Please watch for both.

Guidelines for using your OTC credits

To keep using OTC credits for healthy food and utilities, we're required to confirm you have a qualifying chronic health condition and complex health needs. The good news is we're already reviewing your eligibility. We'll send you an update soon.

How to prepare for next year

- ✓ Review your 2027 Annual Notice of Change.

- ✓ Visit the **Prepare for Next Year** page on your member site or UnitedHealthcare® app. You can see how you've used your plan this year and what to expect before the Annual Enrollment Period.
- ✓ Watch for more information from us about your benefits and coverage for next year.

Your enrollment will renew automatically

If this plan still meets your needs, you don't need to do anything. Your enrollment will renew automatically. You'll continue to have access to the UnitedHealthcare plan coverage, benefits and support you rely on today.

If this plan no longer feels right for you, contact us after October 1. We'll be happy to help you explore other options that may better meet your health care needs and budget.

Thank you for trusting us with your Medicare experience

If you have questions, call Customer Service at the toll-free number on your member ID card. You can also contact your local licensed sales agent, if you have one.

We appreciate your membership and look forward to helping you get 2027 off to a great start.

Scan the QR code or visit **uhc.care/covered** to access your **Prepare for Next Year** page and to learn more about Medicare industry changes and plan experience updates.

More information will be available online after October 15, 2026

This Annual Notice of Change (ANOC) provides important highlights about changes to your plan for next year, but it may not include all the updates.

To see the complete and most up-to-date details for your plan, review 2027 plan materials at **myUHCMedicare.com** after October 15, 2026.



Provider Directory

Confirm that your providers (primary care provider, specialists, hospitals, etc.) will be in the network next year.



Pharmacy Directory

See which pharmacies are in our network next year.



Drug List (Formulary)

Confirm that your drugs will be covered by your plan next year and review any new restrictions on our website.



Evidence of Coverage (EOC)

Review your 2027 EOC for details about plan costs and benefits. The EOC is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. It also has information about the quality program, how medical coverage decisions are made and your rights and responsibilities as a member.

We know some members prefer having paper copies of their plan materials. Call or chat with our Customer Service if you'd like printed 2027 plan materials. We're happy to send them to you at no cost.

You can also visit myUHCMedicare.com to sign up for paperless delivery.

Your enrollment will continue automatically

If this is still the right plan for you, you don't need to take any action to stay enrolled in the plan for next year. Your enrollment will continue automatically.

Annual Notice of Change for 2027



You're enrolled as a member of UHC Dual Complete AL-D001 (HMO-POS D-SNP).

This material describes changes to our plan's costs and benefits next year.

- **You have from October 15 - December 7 to make changes to your Medicare coverage for next year.** If you don't join another plan by December 7, 2026, you'll stay in UHC Dual Complete AL-Q1 (HMO-POS D-SNP).
- To change to a **different plan**, visit Medicare.gov or review the list in the back of your Medicare & You 2027 handbook.
- You don't need to take any action to stay enrolled in this plan for next year - your enrollment will continue automatically.
- **Note this is only a summary of changes.** More information about costs, benefits, and rules is in the Evidence of Coverage. Get a copy at myUHC Medicare.com or call Customer Service at 1-866-480-1086 (TTY users call 711) to get a copy by mail.

More Resources

- UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.
- UnitedHealthcare provides free services to help you communicate with us such as materials in other languages, braille, large print, audio, or you can ask for an interpreter. Call us toll-free at the number on your UnitedHealthcare UCard® or the front of your plan booklet.
- UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comuniquen con nosotros. Por ejemplo, materiales en otros idiomas, braille, en letra grande o en audio. O bien, usted puede pedir un intérprete. Llámenos al número gratuito que se encuentra en su UCard® de UnitedHealthcare o en la portada de la guía de su plan.

About UHC Dual Complete AL-Q1 (HMO-POS D-SNP)

- Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a contract with the State Medicaid Program. Enrollment in the plan depends on the plan's contract renewal with Medicare.
- Our plan also has a written agreement with the Alabama Medicaid program to coordinate your Medicaid benefits.
- When this material says "we," "us," or "our," it means UnitedHealthcare Insurance Company or one of its affiliates. When it says "plan" or "our plan," it means UHC Dual Complete AL-Q1 (HMO-POS D-SNP).
- On January 1, 2027, our plan name will change from UHC Dual Complete AL-D001 (HMO-POS D-SNP) to UHC Dual Complete AL-Q1 (HMO-POS D-SNP). We'll send you a new UnitedHealthcare UCard® with our new name. From here on, our new name, UHC Dual Complete AL-Q1 (HMO-POS D-SNP), will be on all materials.
- On January 1, 2027, UnitedHealthcare Insurance Company or one of its affiliates will be transitioning you from UHC Dual Complete AL-D001 (HMO-POS D-SNP) to UHC Dual Complete AL-Q1 (HMO-POS D-SNP). This material tells you about the differences between your current benefits in UHC Dual Complete AL-D001 (HMO-POS D-SNP) and the benefits you'll have on January 1, 2027, as a member of UHC Dual Complete AL-Q1 (HMO-POS D-SNP).
- **If you do nothing by December 7, 2026, you'll automatically be enrolled in UHC Dual Complete AL-Q1 (HMO-POS D-SNP).** Starting January 1, 2027, you'll get your medical and drug coverage through UHC Dual Complete AL-Q1 (HMO-POS D-SNP). Go to Section 3 for more information about how to change plans and deadlines for making a change.

Annual Notice of Change for 2027

Table of Contents

Summary of important costs for 2027	8
Section 1 Changes to Benefits & Costs for Next Year	13
Section 1.1— Changes to the Monthly Plan Premium.....	13
Section 1.2— Changes to Your Maximum Out-of-Pocket Amounts	13
Section 1.3— Changes to the Provider Network.....	14
Section 1.4— Changes to the Pharmacy Network	15
Section 1.5— Changes to Benefits & Costs for Medical Services	15
Section 1.6— Changes to Part D Drug Coverage	27
Section 1.7— Changes to Prescription Drug Benefits & Costs.....	28
Section 2 Administrative Changes	31
Section 3 How to Change Plans	32
Section 3.1— Deadlines for Changing Plans.....	32
Section 3.2— Are there other times of the year to make a change?	32
Section 4 Get Help Paying for Prescription Drugs.....	33
Section 5 Questions?	34
Get Help from UHC Dual Complete AL-Q1 (HMO-POS D-SNP).....	34
Get Free Counseling about Medicare	34
Get Help from Medicare	35
Get Help from Medicaid	35

Summary of important costs for 2027

Out-of-network services listed for 2026 below are provided only by Southeast Health providers or facilities in Houston, Dale, and Henry counties. For 2027, the cost sharing is for in-network service as the out-of-network services are no longer covered.

If you are a Qualified Medicare Beneficiary (QMB) or have full Medicaid benefits, you pay a \$0 copayment for your deductible, doctor office visits, and inpatient hospital stays.

	2026 (this year)	2027 (next year)
Monthly plan premium* *Your premium can be higher than this amount. (Go to Section 1.1 for details.)	\$3.30	\$0
Annual medical deductible	For 2026, your plan has a \$283 combined in and out-of-network deductible for network services. The deductible does not apply to insulin furnished through durable medical equipment (DME).	Your deductible is the Original Medicare Part B deductible amount. The 2026 Original Medicare deductible amount is \$283. The 2027 amount will be set by CMS in the fall of 2026. Our plan will provide updated rates as soon as they are released. The deductible does not apply to insulin furnished through durable medical equipment (DME).
Maximum out-of-pocket amounts This is the most you'll pay out-of-pocket for covered Part A and Part B services. (Go to Section 1.2 for details.)	From network providers: \$9,250 From in-network and out-of-network providers combined: \$9,250 If you are eligible for Medicare cost-sharing	From network providers: \$9,850 If you are eligible for Medicare cost-sharing assistance under Medicaid, you are not responsible for paying any out-of-pocket costs

Questions? Get answers on the UnitedHealthcare app or Chat with us at myUHC Medicare.com. You can also call Customer Service at **1-866-480-1086**, TTY **711**, 8 a.m.-8 p.m. local time, 7 Days Oct-Mar, M-F Apr-Sept

	2026 (this year)	2027 (next year)
	assistance under Medicaid and your provider accepts Medicaid, you are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services.	toward the maximum out-of-pocket amount for covered Part A and Part B services.
Primary care office visits	You pay a \$0 copayment or 20% of the total cost per visit (in-network). You pay 20% of the total cost per visit (out-of-network).	You pay a \$0 copayment or 20% of the total cost per visit.
Specialist office visits	You pay a \$0 copayment or 20% of the total cost per visit (in-network). You pay 20% of the total cost per visit (out-of-network).	You pay a \$0 copayment or 20% of the total cost per visit.
Inpatient hospital stays Includes various inpatient hospital stays such as acute care, rehabilitation and long-term care. An inpatient hospital stay starts the day you're formally admitted with a doctor's order and ends the day before you're discharged.	You pay a \$0 copayment or a \$2,110 copayment for each Medicare-covered hospital stay for unlimited days (in-network). You pay a \$2,110 copayment for each Medicare-covered hospital stay for unlimited days (out-of-network).	You pay a \$0 copayment or a \$2,145 copayment for each Medicare-covered hospital stay for unlimited days.



Questions? Get answers on the UnitedHealthcare app or Chat with us at myUHC Medicare.com. You can also call Customer Service at **1-866-480-1086**, TTY **711**, 8 a.m.-8 p.m. local time, 7 Days Oct-Mar, M-F Apr-Sept

	2026 (this year)	2027 (next year)
Part D drug coverage deductible (Go to Section 1.7 for details.)	If you do qualify for Extra Help from Medicare to help pay for your prescription drug costs	
	\$0	\$0
	If you do not qualify for Extra Help from Medicare to help pay for your prescription drug costs	
	\$0 Tier 1 \$615 Tier 2, Tier 3, Tier 4 and Tier 5, except for covered insulin products and most adult Part D vaccines.	\$0 Tier 1 and Tier 2 \$435 Tier 3, Tier 4 and Tier 5, except for covered insulin products and most adult Part D vaccines.
Part D drug coverage (Go to Section 1.7 for details, including Yearly Deductible, Initial Coverage, and Catastrophic Coverage Stages.)	If you do qualify for Extra Help from Medicare to help pay for your prescription drug costs	
	If you are enrolled in Medicare A and B and receive Alabama Medicaid (Medicaid) benefits, depending on your income and institutional status, you pay one of the following amounts: For generic drugs (including brand drugs treated as generic): • \$0 copayment or • \$1.60 copayment or • \$5.10 copayment For all other covered drugs: • \$0 copayment or	If you are enrolled in Medicare A and B and receive Alabama Medicaid (Medicaid) benefits, depending on your income and institutional status, you pay one of the following amounts: For generic drugs (including brand drugs treated as generic): • \$0 copayment or • \$1.65 copayment or • \$5.80 copayment For all other covered drugs: • \$0 copayment or

Questions? Get answers on the UnitedHealthcare app or Chat with us at myUHC Medicare.com. You can also call Customer Service at **1-866-480-1086**, TTY **711**, 8 a.m.-8 p.m. local time, 7 Days Oct-Mar, M-F Apr-Sept

	2026 (this year)	2027 (next year)
	• \$4.90 copayment or • \$12.65 copayment If the total amount you pay for copayments and coinsurance reaches \$2,100, you pay nothing for your covered Part D drugs.	• \$5 copayment or • \$14.40 copayment If the total amount you pay for copayments and coinsurance reaches \$2,400, you pay nothing for your covered Part D drugs.
	If you do not qualify for Extra Help from Medicare to help pay for your prescription drug costs	
	Copays/Coinsurance for a one-month (30-day) supply during the Initial Coverage stage: Drug Tier 1: Standard retail cost-sharing (in-network) \$0 per prescription. Drug Tier 2: Standard retail cost-sharing (in-network) 25% of the total cost. Drug Tier 3: Standard retail cost-sharing (in-network) 25% of the total cost. You pay 25%, up to \$35 per month supply of each covered insulin product on this tier¹ Drug Tier 4: Standard retail cost-sharing (in-network) 25% of the total cost.	Copays/Coinsurance for a one-month (30-day) supply during the Initial Coverage stage: Drug Tier 1: Standard retail cost-sharing (in-network) \$0 per prescription. Drug Tier 2: Standard retail cost-sharing (in-network) \$0 per prescription. Drug Tier 3: Standard retail cost-sharing (in-network) 25% of the total cost. You pay 25%, up to \$35 per month supply of each covered insulin product on this tier¹ Drug Tier 4: Standard retail cost-sharing (in-network) 25% of the total cost.



Questions? Get answers on the UnitedHealthcare app or Chat with us at myUHCMedicare.com. You can also call Customer Service at **1-866-480-1086**, TTY **711**, 8 a.m.-8 p.m. local time, 7 Days Oct-Mar, M-F Apr-Sept

	2026 (this year)	2027 (next year)
	Drug Tier 5: Standard retail cost-sharing (in-network) 25% of the total cost. Catastrophic Coverage Stage: During this payment stage, you pay nothing for your covered Part D drugs.	Drug Tier 5: Standard retail cost-sharing (in-network) 28% of the total cost. Catastrophic Coverage Stage: During this payment stage, you pay nothing for your covered Part D drugs.

¹ In 2026, you pay no more than \$35 for each 1-month supply of Part D covered insulin drugs. In 2027, you'll pay no more than a \$35 copay or 25% of the total drug cost—whichever is less—until you reach the Catastrophic Coverage stage where your cost drops to \$0. You pay these amounts even if you haven't paid your deductible.

Section 1 Changes to Benefits & Costs for Next Year

Section 1.1 Changes to the Monthly Plan Premium

	2026 (this year)	2027 (next year)
Monthly plan premium (You must also continue to pay your Medicare Part B premium unless it is paid for you by Medicaid.)	\$3.30	\$0

Section 1.2 Changes to Your Maximum Out-of-Pocket Amounts

Medicare requires all health plans to limit how much you pay out-of-pocket for the year. These limits are called the maximum out-of-pocket amounts. Once you've paid this amount, you generally pay nothing for covered Part A and Part B services for the rest of the calendar year.

	2026 (this year)	2027 (next year)
Maximum out-of-pocket amount Because our members also get help from Alabama Medicaid (Medicaid), very few members ever reach this out-of-pocket maximum. If you are eligible for Medicare cost-sharing assistance under Medicaid, you are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services. Your costs for covered medical services (such as copayments and deductibles) from network providers count toward your in-network maximum out-of-pocket amount. Your costs for prescription drugs don't count toward your maximum out-of-pocket amount.	\$9,250 If you are eligible for Medicare cost-sharing assistance under Medicaid and your provider accepts Medicaid, you are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services. Once you've paid \$9,250 out-of-pocket for covered Part A and Part B services from network providers, you'll pay nothing for your covered Part A and Part B services from network providers for the rest of the calendar year.	\$9,850 If you are eligible for Medicare cost-sharing assistance under Medicaid, you are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services. Once you've paid \$9,850 out-of-pocket for covered Part A and Part B services from network providers, you'll pay nothing for your covered Part A and Part B services from network providers for the rest of the calendar year.

	2026 (this year)	2027 (next year)
Combined maximum out-of-pocket amount Because our members also get help from Alabama Medicaid (Medicaid), very few members ever reach this out-of-pocket maximum. If you are eligible for Medicare cost-sharing help under Medicaid, you are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services. Your costs for covered medical services (such as copayments and deductibles) from out-of-network providers count toward your maximum out-of-pocket amount. Your costs for prescription drugs don't count toward your maximum out-of-pocket amount.	\$9,250 If you are eligible for Medicare cost-sharing assistance under Medicaid and your provider accepts Medicaid, you are not responsible for paying any out-of-pocket costs toward the maximum out-of-pocket amount for covered Part A and Part B services. Once you've paid \$9,250 out-of-pocket for covered Part A and Part B services, you'll pay nothing for your covered Part A and Part B services from in-network or out-of-network providers for the rest of the calendar year.	There is no combined maximum out-of-pocket amount.

Section 1.3 Changes to the Provider Network

Our network of providers has changed for next year. Review the 2027 Provider Directory (myUHCMedicare.com) to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network. Here's how to get an updated Provider Directory:

- Visit our website myUHCMedicare.com.
- Call Customer Service at 1-866-480-1086 (TTY users call 711) to get current provider information or to ask us to mail you a Provider Directory.

We can make changes to the hospitals, doctors, and specialists (providers) that are part of our plan during the year. If a mid-year change in our providers affects you, call Customer Service at 1-866-480-1086 (TTY users call 711) for help. You may have a special enrollment period if your provider leaves the plan network. For more information on your rights when a network provider leaves our plan, go to Chapter 3, Section 2.3 of your Evidence of Coverage.

Section 1.4 Changes to the Pharmacy Network

Amounts you pay for your prescription drugs can depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered only if they are filled at one of our network pharmacies.

Our network of pharmacies has changed for next year. Review the 2027 Pharmacy Directory (myUHCmedicare.com) to see which pharmacies are in our network. Here's how to get an updated Pharmacy Directory:

- Visit our website at myUHCmedicare.com.
- Call Customer Service at 1-866-480-1086 (TTY users call 711) to get current pharmacy information or to ask us to mail you a Pharmacy Directory.

We can make changes to the pharmacies that are part of our plan during the year. If a mid-year change in our pharmacies affects you, call Customer Service at 1-866-480-1086 (TTY users call 711) for help.

Section 1.5 Changes to Benefits & Costs for Medical Services

The Annual Notice of Change tells you about changes to your Medicare benefits and costs.

The amount you pay for Medicare-covered services depends on your level of Medicaid eligibility:

- If you are a Qualified Medicare Beneficiary (QMB) or have full Medicaid benefits, you pay a \$0 copayment for your Medicare cost sharing.
- If you are not a QMB or you don't have full Medicaid benefits, you must pay your Medicare cost sharing.

Medicare cost sharing includes copayments, coinsurance, and deductibles. If you don't have Extra Help, you're responsible for all Part D cost sharing amounts. Contact Alabama Medicaid (Medicaid) at 1-800-362-1504 for more details.

The healthy food benefit is a special supplemental benefit only available to chronically ill enrollees with a qualifying condition, such as high blood pressure, high cholesterol, chronic and disabling mental health conditions, diabetes and/or cardiovascular disorders, and who also meet all applicable plan coverage criteria. There may be other qualified conditions not listed. Contact us for details.

	2026 (this year)	2027 (next year)
Plan change	As a member of UHC Dual Complete AL-D001 (HMO-POS D-SNP), a Health Maintenance Organization POS plan, you may receive covered dental services from out-	As a member of UHC Dual Complete AL-Q1 (HMO-POS D-SNP), a Health Maintenance Organization POS plan, you may receive covered dental services from out-

	2026 (this year)	2027 (next year)
	of-network dental providers nationwide. The following services provided by a Southeast Health provider in Houston, Dale, and Henry counties are covered out-of-network: Cardiac rehabilitation Cardiac rehabilitation - intensive Pulmonary rehabilitation services Primary care physician services Outpatient rehabilitation services - occupational therapy Physician specialist services excluding psychiatric services Other healthcare professionals services Outpatient rehabilitation services - physical therapy and speech therapy Outpatient diagnostic procedures, tests and lab services Outpatient diagnostic and therapeutic radiological services Outpatient surgery - hospital outpatient facilities Blood	of-network dental providers nationwide. You will be responsible for the cost of all other out-of-network services. For additional information, please refer to the Evidence of Coverage.

	2026 (this year)	2027 (next year)
	Medicare-covered zero cost-sharing preventive services Annual physical exam Medicare Part B Rx drugs and home infusion drugs Additionally, inpatient hospital care stays provided by a Southeast Health provider in Houston, Dale, and Henry counties are covered out-of-network. You will be responsible for the cost of all other out-of-network services and stays. For more information, please view the Evidence of Coverage.	
Annual medical deductible	For 2026, your plan has a \$283 combined in and out-of-network deductible. The deductible does not apply to insulin furnished through durable medical equipment (DME).	Your deductible is the Original Medicare Part B deductible amount. The 2026 Original Medicare deductible amount is \$283. The 2027 amount will be set by CMS in the fall of 2026. Our plan will provide updated rates as soon as they are released. The deductible does not apply to insulin furnished through durable medical equipment (DME).
Annual routine physical exam	Covered (out-of-network).	Annual routine physical exam is <u>not</u> covered (out-of-network).

	2026 (this year)	2027 (next year)
Blood	Covered (out-of-network).	Blood is not covered (out-of-network).
Cardiac rehabilitation	Covered (out-of-network).	Cardiac rehabilitation is not covered (out-of-network).
Emergency care – worldwide	Covered	Emergency care, including emergency ambulance services, outside of the United States and its territories is not covered by Original Medicare or the Plan. If you are travelling outside of the United States, you may wish to consider purchasing a separate Travel Medical Insurance policy.
Fitness program	You have access to a fitness program for body and mind to help you stay active, focused and connected either at a gym or from home. You pay a \$0 copayment. There are no fees for standard membership services when you use network providers.	You have access to a fitness program to help you stay active at a gym. You pay a \$0 copayment. There are no fees for standard membership services when you use network providers. Digital fitness, memory fitness and mail-order kits are no longer covered. View your Evidence of Coverage for more information.
Hearing services Hearing aids	You receive a \$2,200 allowance for up to 2 OTC or prescription	You receive a \$2,200 allowance for up to 2

	2026 (this year)	2027 (next year)
	hearing aids every 2 years. You pay a \$0 copayment. Home-delivered hearing aids are available nationwide through network providers (select products only). You must use network providers to access this benefit.	prescription hearing aids every 2 years. You pay a \$0 copayment. You must use network providers to access this benefit. Over-the-counter (OTC) hearing aids and home-delivered hearing aids are no longer covered.
Inpatient hospital care	You pay a \$0 copayment or a \$2,110 copayment for each Medicare-covered hospital stay for unlimited days (in-network).	You pay a \$0 copayment or a \$2,145 copayment for each Medicare-covered hospital stay for unlimited days.
Inpatient hospital care	Covered (out-of-network).	Inpatient hospital care is not covered (out-of-network).
Inpatient mental health care	You pay a \$0 copayment or a \$2,080 copayment for each Medicare-covered hospital stay (in-network).	You pay a \$0 copayment or a \$2,091 copayment for each Medicare-covered hospital stay.
Medicare-covered preventive services Abdominal aortic aneurysm screening	Covered (out-of-network).	Abdominal aortic aneurysm screening is not covered (out-of-network).
Medicare-covered preventive services Annual wellness visit	Covered (out-of-network).	Annual wellness visit is not covered (out-of-network).

	2026 (this year)	2027 (next year)
Medicare-covered preventive services Bone-mass measurements	Covered (out-of-network).	Bone-mass measurements are not covered (out-of-network).
Medicare-covered preventive services Breast cancer screening (mammograms)	Covered (out-of-network).	Breast cancer screening (mammograms) is not covered (out-of-network).
Medicare-covered preventive services Cardiovascular disease testing	Covered (out-of-network).	Cardiovascular disease testing is not covered (out-of-network).
Medicare-covered preventive services Cervical and vaginal cancer screening	Covered (out-of-network).	Cervical and vaginal cancer screening is not covered (out-of-network).
Medicare-covered preventive services Colorectal cancer screening	Covered (out-of-network)	Colorectal cancer screening is not covered (out-of-network).
Medicare-covered preventive services Diabetes screening	Covered (out-of-network).	Diabetes screening is not covered (out-of-network).
Medicare-covered preventive services HIV screening	Covered (out-of-network).	HIV screening is not covered (out-of-network).
Medicare-covered preventive services Immunizations - hepatitis B	Covered (out-of-network).	Hepatitis B immunizations are not covered (out-of-network).
Medicare-covered preventive services Screening for lung cancer with low dose computed tomography (LDCT)	Covered (out-of-network).	Screening for lung cancer with low dose computed tomography (LDCT) is not covered (out-of-network).
Medicare-covered preventive services Intensive behavioral therapy to reduce cardiovascular disease risk	Covered (out-of-network).	Intensive behavioral therapy to reduce cardiovascular disease

	2026 (this year)	2027 (next year)
		risk is not covered (out-of-network).
Medicare-covered preventive services Medical nutrition therapy	Covered (out-of-network).	Medical nutrition therapy is not covered (out-of-network).
Medicare-covered preventive services Pre-exposure prophylaxis (PrEP) for HIV prevention	Covered (out-of-network).	Pre-exposure prophylaxis (PrEP) for HIV prevention is not covered (out-of-network).
Medicare-covered preventive services Prostate cancer screening exams –PSA test	Covered (out-of-network).	Prostate screening exams - PSA test is not covered (out-of-network).
Medicare-covered preventive services Screening and counseling for obesity	Covered (out-of-network).	Screening and counseling for obesity is not covered (out-of-network).
Medicare-covered preventive services Screening and counseling to reduce alcohol misuse	Covered (out-of-network).	Screening and counseling to reduce alcohol misuse is not covered (out-of-network).
Medicare-covered preventive services Screening for depression in adults	Covered (out-of-network)	Screening for depression in adults is not covered (out-of-network).
Medicare-covered preventive services Screening for hepatitis C virus infection	Covered (out-of-network)	Screening for hepatitis C virus infection is not covered (out-of-network).
Medicare-covered preventive services Screening for sexually transmitted infections (STIs) and counseling to prevent STIs	Covered (out-of-network).	Screening for sexually transmitted infections (STIs) and high intensity behavioral counseling to prevent STIs are not covered (out-of-network).

	2026 (this year)	2027 (next year)
Medicare-covered preventive services Smoking and tobacco use cessation	Covered (out-of-network).	Smoking and tobacco use cessation is not covered (out-of-network).
Medicare-covered preventive services “Welcome to Medicare” physical exam	Covered (out-of-network).	“Welcome to Medicare” physical exam is not covered (out-of-network).
Medicare Part B prescription drugs	Covered (out-of-network).	Medicare Part B prescription drugs are not covered (out-of-network).
Medicare Part B prescription drugs - chemotherapy drugs	Covered (out-of-network).	Medicare chemotherapy drugs are not covered (out-of-network).
Medicare Part B prescription drugs - covered insulin	Covered (out-of-network).	Medicare Part B prescription drugs - covered insulin are not covered (out-of-network).
Outpatient diagnostic tests and therapeutic services and supplies - laboratory tests	Covered (out-of-network).	Outpatient diagnostic tests and therapeutic services and supplies - laboratory tests are not covered (out-of-network).
Outpatient diagnostic tests and therapeutic services and supplies - radiation therapy	Covered (out-of-network).	Outpatient diagnostic tests and therapeutic services and supplies - radiation therapy is not covered (out-of-network).
Outpatient diagnostic tests and therapeutic services and supplies - X-rays	Covered (out-of-network).	Outpatient diagnostic tests and therapeutic services and supplies - X-rays are not covered (out-of-network).

	2026 (this year)	2027 (next year)
Outpatient diagnostic tests and therapeutic services and supplies - other diagnostic tests - non-radiological diagnostic services	Covered (out-of-network).	Outpatient diagnostic tests and therapeutic services and supplies - other diagnostic tests - non-radiological diagnostic services are not covered (out-of-network).
Outpatient diagnostic tests and therapeutic services and supplies - other diagnostic tests - radiological diagnostic service, not including X-rays	Covered (out-of-network).	Outpatient diagnostic tests and therapeutic services and supplies - other diagnostic tests - radiological diagnostic service, not including X-rays is not covered (out-of-network).
Outpatient rehabilitation services - occupational therapy	Covered (out-of-network).	Outpatient rehabilitation services - occupational therapy is not covered (out-of-network).
Outpatient rehabilitation services - physical therapy and speech therapy	Covered (out-of-network).	Outpatient rehabilitation services - physical therapy and speech therapy is not covered (out-of-network).
Outpatient surgery - hospital outpatient facilities	Covered (out-of-network).	Outpatient surgery - hospital outpatient facilities are not covered (out-of-network).
Outpatient surgery- hospital outpatient observation services	Covered (out-of-network).	Outpatient surgery - hospital outpatient observation services are not covered (out-of-network).

	2026 (this year)	2027 (next year)
OTC, home and bath safety devices, fitness, in-home support services, caregiver support, and weight management credit Healthy food and utilities - Special Supplemental Benefits for the Chronically Ill	\$75 credit a month loaded to your UnitedHealthcare UCard® for covered OTC products, home and bath safety devices, select fitness equipment and wearables, and extra support with in-home services, respite care and weight management. If you qualify, you can also use your credits to pay for healthy food and certain utility bills. The healthy food and utility bills options are provided through the Special Supplemental Benefits for the Chronically Ill (SSBCI). These options are only available to chronically ill enrollees with a qualifying condition, such as chronic high blood pressure, chronic high cholesterol, chronic and disabling mental health conditions, diabetes and/or cardiovascular disorders – and more complex health needs. There may be other qualifying conditions not listed. You pay a \$0 copayment. Your credit amount expires at the end of each month.	\$50 credit a month loaded to your UnitedHealthcare UCard® for covered OTC products, home and bath safety devices, select fitness equipment and wearables, and extra support with in-home services, respite care and weight management. If you qualify, you can also use your credits to pay for healthy food and certain utility bills. The healthy food and utility bills options are provided through the Special Supplemental Benefits for the Chronically Ill (SSBCI). These options are only available to chronically ill enrollees with a qualifying condition, such as chronic high blood pressure, chronic high cholesterol, chronic and disabling mental health conditions, diabetes and/or cardiovascular disorders – and more complex health needs. There may be other qualifying conditions not listed. We'll send you a letter with information about your eligibility for SSBCI benefits.

	2026 (this year)	2027 (next year)
		You pay a \$0 copayment. Your credit amount expires at the end of each month. You can use your current UCard through Dec.31, 2026. We'll mail you a new UCard before the new plan year begins. Visit member.uhc.com/uhc/benefits/ssbci or view your Evidence of Coverage after Oct. 1, 2026, for more information.
Physician/practitioner services, including doctor's office visits - primary care provider	Covered (out-of-network).	Physician/practitioner services, including doctor's office visits - primary care provider is not covered (out-of-network).
Physician/practitioner services, including doctor's office visits - specialists	Covered (out-of-network).	Physician/practitioner services, including doctor's office visits - specialists are not covered (out-of-network).
Pulmonary rehabilitation	Covered (out-of-network).	Pulmonary rehabilitation is not covered (out-of-network).
Referral	Some network services—like visits to specialists, physical therapy, speech therapy, and occupational therapy—will require a referral from your primary	Physical therapy, speech therapy, and occupational therapy no longer require referrals. Only visits to specialists will require a referral from

	2026 (this year)	2027 (next year)
	care provider (PCP) in order to be covered. The PCP you choose will impact which specialists and hospitals you'll be able to see. Review your Evidence of Coverage for more details.	your primary care provider (PCP) in order to be covered. The PCP you choose can impact which specialists and hospitals you'll be able to see. For more information, view Chapter 3 Section 2.2 of the Evidence of Coverage.
Skilled nursing facility (SNF) care	You pay a \$0 copayment each day for days 1-100, or: You pay the Original Medicare cost sharing amount for skilled nursing services. \$0 copayment each day for days 1 to 20 (in-network). \$217 copayment each day for days 21 to 100 (in-network).	You pay a \$0 copayment each day for days 1-100, or: You pay the Original Medicare cost sharing amount for 2027 which will be set by CMS in the fall of 2026. These are 2026 cost sharing amounts and may change for 2027. Our plan will provide updated rates as soon as they are released. \$0 copayment each day for days 1 to 20. \$217 copayment each day for days 21 to 100.
Supervised exercise therapy (SET)	Covered (out-of-network).	Supervised exercise therapy (SET) is not covered (out-of-network).
Urgently needed services – worldwide	Covered	Urgently Needed Services outside of the United States and its territories are not covered by Original Medicare or the Plan.

	2026 (this year)	2027 (next year)
		If you are traveling outside of the United States, you may wish to consider purchasing a separate Travel Medical Insurance policy.
Vision care Additional routine eyewear	You pay a \$0 copayment for standard lenses and receive up to \$150 toward your purchase of frames or contact lenses every year. Limited to 1 pair of standard lenses and frames or contact lenses every year. Home-delivered eyewear is available nationwide through network providers (select products only). You are responsible for all costs for eyewear not purchased from a UHC Vision network provider.	Receive a total credit of \$250 toward your purchase of 1 pair of frames/lenses or contact lenses every year. Limited to 1 pair of frames/lenses or contact lenses every year. You pay a \$0 copayment. Home-delivered eyewear is available nationwide through network providers (select products only). You are responsible for all costs for eyewear not purchased from a UHC Vision network provider.

Section 1.6 Changes to Part D Drug Coverage

Changes to Our Drug List

Our list of covered drugs is called a Formulary or Drug List. **You can get the complete Drug List** by calling Customer Service at 1-866-480-1086 (TTY users call 711) or visiting our website (myUHCmedicare.com). This material will be available online after **October 15, 2026**.

We made changes to our Drug List, which could include removing or adding drugs, changing the restrictions that apply to our coverage for certain drugs or moving them to a different cost-sharing tier. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions, or if your drug has been moved to a different cost-sharing tier.**

Most of the changes in the Drug List are new for the beginning of each year. However, we might make other changes that are allowed by Medicare rules that will affect you during the calendar year. We

update our online Drug List at least monthly to provide the most up-to-date list of drugs. If we make a change that will affect your access to a drug you're taking, we'll send you a notice about the change.

If you're affected by a change in drug coverage at the beginning of the year or during the year, review Chapter 9 of your Evidence of Coverage and talk to your prescriber to find out your options, such as asking for a temporary supply, applying for an exception and/or working to find a new drug. Call Customer Service at 1-866-480-1086 (TTY users call 711) for more information.

Section 1.7 Changes to Prescription Drug Benefits & Costs

Do you get Extra Help to pay for your drug coverage costs?

If you're in a program that helps pay for your drugs (Extra Help), **the information about costs for Part D drugs may not apply to you.** We sent you a separate material, called the Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs, which tells you about your drug costs. If you get Extra Help, you will receive a LIS Rider. If you don't get this material, call Customer Service at 1-866-480-1086 (TTY users call 711) and ask for the LIS Rider to be sent to you.

Drug Payment Stages

There are **3 drug payment stages**: the Yearly Deductible Stage, the Initial Coverage Stage, and the Catastrophic Coverage Stage.

- **Stage 1: Yearly Deductible**

You start in this payment stage each calendar year. During this stage, you pay the full cost of your Tier 3, Tier 4 and Tier 5 drugs until you reach the yearly deductible.

- **Stage 2: Initial Coverage**

Once you pay the yearly deductible, you move to the Initial Coverage Stage. In this stage, our plan pays its share of the cost of your drugs, and you pay your share of the cost. You generally stay in this stage until your year-to-date out-of-pocket costs reach \$2,400.

- **Stage 3: Catastrophic Coverage**

This is the third and final drug payment stage. In this stage, you pay nothing for your covered Part D drugs. You generally stay in this stage for the rest of the calendar year.

Drug Costs in Stage 1: Yearly Deductible

The table shows your cost per prescription during this stage.

	2026 (this year)	2027 (next year)
Yearly Deductible	\$0 (Look at the separate insert, the LIS Rider, for your deductible amount.)	\$0 (Look at the separate insert, the LIS Rider, for your deductible amount.) If you do not qualify for Extra Help from Medicare

	2026 (this year)	2027 (next year)
	If you do not qualify for Extra Help from Medicare to help pay for your prescription drug costs: \$615 During this stage, you pay \$0 for drugs on Tier 1 (in-network standard retail 30-day supply), and the full cost of drugs on Tier 2, Tier 3, Tier 4 and Tier 5 until you've reached the yearly deductible.	to help pay for your prescription drug costs: \$435 During this stage, you pay \$0 for drugs on Tier 1 (in-network standard retail 30-day supply), \$0 for drugs on Tier 2 (in-network standard retail 30-day supply), and the full cost of drugs on Tier 3, Tier 4 and Tier 5 until you've reached the yearly deductible.

Drug Costs in Stage 2: Initial Coverage

Coinsurance is a portion or part of the total cost, typically as a percentage. With this plan, you pay part of the cost of Tier 3, Tier 4 and Tier 5 drugs. For example, if your coinsurance is 25% and the total cost of your prescription is \$100, you would pay \$25. The plan pays the rest. You pay the full cost of your drugs until you meet the deductible, then you'll start paying the coinsurance amount.

The table shows your cost per prescription for a one-month (30-day) supply filled at a network pharmacy with standard cost sharing.

We changed the tier for some of the drugs on our Drug List. To see if your drugs will be in a different tier, look them up on the Drug List. Most adult Part D vaccines are covered at no cost to you. For more information about the costs of vaccines, or information about the costs for a long-term supply or for mail-order prescriptions, go to Chapter 6 of your **Evidence of Coverage**.

Once you've paid \$2,400 out of pocket for covered Part D drugs, you'll move to the next stage (the Catastrophic Coverage Stage).

	2026 (this year)	2027 (next year)
	If you do qualify for Extra Help from Medicare to help pay for your prescription drug costs	
Generic drugs (including brand drugs treated as generic)	For generic drugs (including brand drugs treated as generic) • \$0 copayment or • \$1.60 copayment or • \$5.10 copayment	For generic drugs (including brand drugs treated as generic) • \$0 copayment or • \$1.65 copayment or • \$5.80 copayment
For all other covered drugs	For all other covered drugs: • \$0 copayment or • \$4.90 copayment or • \$12.65 copayment	For all other covered drugs: • \$0 copayment or • \$5 copayment or • \$14.40 copayment
	If you do not qualify for Extra Help from Medicare to help pay for your prescription drug costs	
Tier 1 - Preferred Generic	You pay \$0 per prescription.	You pay \$0 per prescription.
Tier 2 - Generic	You pay 25% of the total cost.	You pay \$0 per prescription.
Tier 3 - Preferred Brand	You pay 25% of the total cost. You pay 25%, up to \$35 per month supply of each covered insulin product on this tier ¹ .	You pay 25% of the total cost. You pay 25%, up to \$35 per month supply of each covered insulin product on this tier ¹ .
Tier 4 - Non-Preferred Drug	You pay 25% of the total cost.	You pay 25% of the total cost.
Tier 5 - Specialty Tier	You pay 25% of the total cost.	You pay 28% of the total cost.

¹ In 2026, you pay no more than \$35 for each 1-month supply of Part D covered insulin drugs. In 2027, you'll pay no more than a \$35 copay or 25% of the total drug cost—whichever is less—until

you reach the Catastrophic Coverage stage where your cost drops to \$0. You pay these amounts even if you haven't paid your deductible.

Section 2 Administrative Changes

	2026 (this year)	2027 (next year)
Prior Authorization - Comprehensive Dental Services	Your provider may need to request prior authorization.	Your provider no longer needs to request prior authorization.
Prior Authorization - Meal benefit following a covered inpatient hospital or skilled nursing facility (SNF) stay	Prior authorization is required in addition to verification of a qualifying stay.	Prior authorization is no longer required. The plan will continue to confirm eligible stays before we send your order.
UnitedHealthcare UCard and member ID card	The UCard serves as your member ID card and more – use it to spend your OTC credits and earned rewards on eligible items.	You'll get 2 cards in separate mailings - a member ID card and a UCard. Use your new member ID card when visiting a provider or filling a prescription. Use your UCard as payment in-store or online to spend your OTC credits and earned rewards on eligible items. UCards expire after 3 years, which means you won't get a new UCard every year. You can destroy your current card Jan. 1, 2027. To check your balance, find participating stores and eligible items, visit the UCard Hub on the

	2026 (this year)	2027 (next year)
		UnitedHealthcare app or your member site.

Section 3 How to Change Plans

To stay in our plan, you don't need to do anything. Unless you sign up for a different type of Medicare health plan or change to Original Medicare by December 7, you'll automatically be enrolled in our UHC Dual Complete AL-Q1 (HMO-POS D-SNP).

If you want to change plans for 2027, follow these steps:

- **To change to a different Medicare health plan,** enroll in the new plan. You'll be automatically disenrolled from UHC Dual Complete AL-Q1 (HMO-POS D-SNP). Remember, not all Medicare health plans cover prescription drugs. Also, be aware that for many plans, you can't join a Medicare health plan and simultaneously purchase a prescription drug plan.
- **To change to Original Medicare with separate Medicare drug coverage,** you can enroll in a Part D plan, and you'll automatically be disenrolled from UHC Dual Complete AL-Q1 (HMO-POS D-SNP).
- **To change to Original Medicare without a drug plan,** you can send us a written request to disenroll or visit our website to disenroll online (myUHCmedicare.com). Call Customer Service at 1-866-480-1086 (TTY users call 711) for more information on how to do this. Or call Medicare at 1-800-MEDICARE (1-800-633-4227) and ask to be disenrolled. TTY users can call 1-877-486-2048. If you don't enroll in a Medicare drug plan, you may pay a Part D late enrollment penalty.
- **To learn more about Original Medicare and the different types of Medicare plans,** visit [Medicare.gov](https://www.medicare.gov), check the **Medicare & You 2027 handbook**, call your State Health Insurance Assistance Program (go to Section 5), or call 1-800-MEDICARE. As a reminder, UnitedHealthcare Insurance Company or one of its affiliates offers other Medicare health plans AND/OR Medicare drug plans. These other plans can have different coverage, monthly plan premiums, and cost-sharing amounts.

Section 3.1 Deadlines for Changing Plans

People with Medicare can make changes to their coverage from **October 15 – December 7** each year.

If you enrolled in a Medicare Advantage plan for January 1, 2027, and don't like your plan choice, you can switch to another Medicare health plan (with or without Medicare drug coverage) or switch to Original Medicare (with or without separate Medicare drug coverage) between January 1 – March 31, 2027.

Section 3.2 Are there other times of the year to make a change?

In certain situations, people can have other chances to change their coverage during the year. Examples include people who:

- Have Medicaid
- Get Extra Help paying for their drugs
- Have or are leaving employer coverage
- Move out of our plan's service area

Because you have Medicaid, you can end your membership in our plan by choosing one of the following Medicare options in any month of the year:

- Original Medicare with a separate Medicare prescription drug plan,
- Original Medicare without a separate Medicare prescription drug plan (If you choose this option, Medicare may enroll you in a drug plan, unless you have opted out of automatic enrollment.), or
- If eligible, an integrated D-SNP that provides your Medicare and most or all of your Medicaid benefits and services in one plan.

If you recently moved into or currently live in an institution (like a skilled nursing facility or long-term care hospital), you can change your Medicare coverage **at any time**. You can change to any other Medicare health plan (with or without Medicare drug coverage) or switch to Original Medicare (with or without separate Medicare drug coverage) at any time. If you recently moved out of an institution, you have an opportunity to switch plans or switch to Original Medicare for 2 full months after the month you move out.

Section 4 Get Help Paying for Prescription Drugs

You can qualify for help paying for prescription drugs. Different kinds of help are available:

- **Extra Help from Medicare.** People with limited incomes may qualify for Extra Help to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs, including monthly drug plan premiums, yearly deductibles, and coinsurance. Also, people who qualify won't have a late enrollment penalty. To see if you qualify, call:
 - 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048, 24 hours a day, 7 days a week;
 - Social Security at 1-800-772-1213 between 8 a.m. and 7 p.m., Monday - Friday for a representative. Automated messages are available 24 hours a day. TTY users call 1-800-325-0778.
 - Your State Medicaid Office.
- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible people living with HIV/AIDS have access to life-saving HIV medications. To be eligible for the ADAP operating in your state, you must meet certain criteria, including proof of state residence and HIV status, low income as defined by the state, and uninsured/under-insured status. Medicare Part D drugs that are also covered by ADAP qualify for prescription cost-sharing help through the ADAP

in your state. For information on eligibility criteria, covered drugs, how to enroll in the program, or if you're currently enrolled, how to continue getting help, call the ADAP in your state. You can find your state's ADAP contact information in Chapter 2 of the **Evidence of Coverage**. Be sure, when calling, to inform them of your Medicare Part D plan name or policy number.

- **The Medicare Prescription Payment Plan.** The Medicare Prescription Payment Plan is a payment option that works with your current drug coverage to help you manage your out-of-pocket costs for drugs covered by our plan by spreading them across the calendar year (January – December). Anyone with a Medicare drug plan or Medicare health plan with drug coverage (like a Medicare Advantage plan with drug coverage) can use this payment option. If you're participating in the Medicare Prescription Payment Plan and stay in the same Part D plan, your participation will be automatically renewed for 2027. You do not need to submit a new election request to continue participating in 2027. **This payment option might help you manage your expenses, but it doesn't save you money or lower your drug costs.**
- Extra Help from Medicare and help from your ADAP, for those who qualify, is more advantageous than participation in the Medicare Prescription Payment Plan. All members are eligible to participate in the Medicare Prescription Payment Plan, regardless of income level. To learn more about this payment option, call us at 1-866-480-1086 (TTY users call 711) or visit Medicare.gov.

Section 5 Questions?

Get Help from UHC Dual Complete AL-Q1 (HMO-POS D-SNP)

- **Call Customer Service at 1-866-480-1086. (TTY users call 711).**

We're available for phone calls 8 a.m.-8 p.m. local time, 7 Days Oct-Mar, M-F Apr-Sept. Calls to these numbers are free.

- **Read your 2027 Evidence of Coverage**

This **Annual Notice of Change** gives you a summary of changes in your benefits and costs for 2027. For details, go to the 2027 **Evidence of Coverage** for UHC Dual Complete AL-Q1 (HMO-POS D-SNP). The **Evidence of Coverage** is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. Get the **Evidence of Coverage** on our website at myUHCMedicare.com or call Customer Service at 1-866-480-1086 (TTY users call 711) to ask us to mail you a copy.

- **Visit myUHCMedicare.com**

Our website has the most up-to-date information about our provider network (Provider Directory) and our list of covered drugs (formulary/drug list). The Provider Directory and Formulary will be available after **October 15, 2026**.

Get Free Counseling about Medicare

The State Health Insurance Assistance Program (SHIP) is an independent government program with trained counselors in every state. In Alabama, the SHIP is called Alabama State Health Insurance Assistance Program (SHIP).

Call Alabama State Health Insurance Assistance Program (SHIP) to get free personalized health insurance counseling. They can help you understand your Medicare plan choices and answer questions about switching plans. Call Alabama State Health Insurance Assistance Program (SHIP) at 1-877-425-2243.

Get Help from Medicare

- **Call 1-800-MEDICARE (1-800-633-4227)**

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users can call 1-877-486-2048.

- **Chat live with Medicare.gov**

You can chat live at Medicare.gov/talk-to-someone.

- **Write to Medicare**

You can write to Medicare at PO Box 1270, Lawrence, KS 66044.

- **Visit Medicare.gov**

The official Medicare website has information about cost, coverage, and quality Star Ratings to help you compare Medicare health plans in your area.

- **Read Medicare & You 2027**

The Medicare & You 2027 handbook is mailed to people with Medicare every fall. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. Get a copy at Medicare.gov or by calling 1-800-MEDICARE (1-800-633-4227). TTY users can call 1-877-486-2048.

Get Help from Medicaid

Call Alabama Medicaid (Medicaid) at 1-800-362-1504. TTY users can call 1-800-253-0799 for help with Medicaid enrollment or benefit questions.

Notice of availability of language assistance services and alternate formats

ATTENTION: Free language assistance services and free communications in other formats, such as large print, are available to you. Call the toll-free number on your member identification card.

ملاحظة: إذا كنت تتحدث اللغة العربية (Arabic)، ستثوفر لك خدمات المساعدة اللغوية المجانية والمراسلات المجانية بتثسيقات أخرى، مثل الطباعة بأحرف كبيرة. ائصل بالرقم المجاني المدون على بطاقة تعريف العضو خاصتك.

請注意：如果您說中文 (Chinese)，您可以獲得免費語言協助服務和大字體等其他格式的免費通訊。請致電您的會員身份卡上的免付費電話號碼。

ATTENTION : Si vous parlez français (French), des services d'assistance linguistique et des communications dans d'autres formats, notamment en gros caractères, sont mis à votre disposition gratuitement. Appelez le numéro gratuit figurant sur votre carte de membre.

ACHTUNG: Falls Sie Deutsch (German) sprechen, stehen Ihnen kostenlose Sprachassistentendienste und kostenlose Kommunikation in anderen Formaten, wie zum Beispiel große Schrift, zur Verfügung. Rufen Sie die gebührenfreie Nummer auf Ihrer Mitgliedskarte an.

ધ્યાન આપો: જો તમે ગુજરાતી (Gujarati) બોલતા હો તો વિના મૂલ્યે ભાષાકીય મદદરૂપ સેવાઓ અને અન્ય ફોર્મેટમાં વિના મૂલ્યે સંચાર, જેમ કે મોટી પ્રિન્ટ, તમારા માટે ઉપલબ્ધ છે. તમારા સભ્ય ઓળખ કાર્ડ પરના ટોલ-ફ્રી નંબર પર કોલ કરો.

ध्यान दें: यदि आप हिंदी (Hindi) बोलते हैं, तो आपके लिए मुफ्त भाषा सहायता सेवाएँ और अन्य प्रारूपों में मुफ्त संचार, जैसे कि बड़े प्रिंट, उपलब्ध हैं। अपने सदस्य पहचान पत्र पर दिए गए टोल-फ्री नंबर पर कॉल करें।

注意事項：日本語 (Japanese) を話される場合、無料の言語支援サービスや、拡大文字など他の形式での無料のコミュニケーションをご利用いただけます。会員証に記載されているフリーダイヤルにお電話ください。

알림 사항: 한국어(Korean)를 사용하시는 경우 무료 언어 지원 서비스와 대형 활자체 등 다른 형식으로 된 의사 소통 매체를 이용하실 수 있습니다. 회원 ID 카드에 나와 있는 무료 전화번호로 전화해 주십시오.

ATENÇÃO: se você fala **português (Portuguese)**, tem à sua disposição serviços gratuitos de assistência linguística e comunicações gratuitas em outros formatos, como caracteres grandes. Ligue para o número gratuito que se encontra no seu cartão de identificação de membro.

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas y comunicaciones en otros formatos como letra grande, sin cargo, a su disposición. Llame al número gratuito que figura en su tarjeta de identificación de miembro.

ZINGATIA: Ikiwa unazungumza **Kiswahili (Swahili)**, huduma za usaidizi wa lugha za bila malipo na mawasiliano ya bila malipo katika miundo mingine, kama vile maandishi makubwa, zinapatikana kwako. Piga nambari isiyolipishwa ya simu kwenye kadi yako ya kitambulisho cha mwanachama.

PAUNAWA: Kung nagsasalita ka ng **Tagalog (Tagalog)**, may makukuha kang mga libreng serbisyo ng tulong sa wika at libreng komunikasyon sa ibang mga format, tulad ng malalaking print. Tawagan ang walang bayad na numero na nasa iyong ID card ng miyembro.

โปรดทราบ หากคุณพูดภาษาไทย (Thai) ได้ คุณสามารถใช้บริการช่วยเหลือด้านภาษาฟรีและการสื่อสารในรูปแบบอื่น ๆ ฟรี เช่น การพิมพ์ด้วยตัวอักษรขนาดใหญ่ ไทโปยังหมายเลขโทรฟรีสำหรับสมาชิกตามบัตรประจำตัวของคุณ

توجہ دیں: اگر آپ اردو (Urdu) زبان بولتے ہیں تو زبان کی معاونت اور دیگر فارمیٹس میں مواصلات، جیسے بڑے پرنٹ، آپ کے لیے مفت دستیاب ہیں۔ اپنے ممبر شناختی کارڈ پر دیئے گئے ٹول فری نمبر پر کال کریں۔

LƯU Ý: Nếu quý vị nói **Tiếng Việt (Vietnamese)**, quý vị sẽ được cung cấp các dịch vụ hỗ trợ ngôn ngữ miễn phí và các phương tiện trao đổi liên lạc miễn phí ở các định dạng khác, chẳng hạn như bản in chữ lớn. Gọi đến số điện thoại miễn phí có trên thẻ định danh thành viên của quý vị.

Notice of nondiscrimination

Our Companies comply with applicable civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex (including pregnancy, sexual orientation, and gender identity). We do not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex.

We provide free aids and services to help you communicate with us. You can ask for interpreters and/or for communications in other languages or formats such as large print. We also provide reasonable modifications for persons with disabilities.

If you need these services, call the toll-free number on your member identification card (TTY **711**).

If you believe that we failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can send a complaint to the Civil Rights Coordinator:

Civil Rights Coordinator
UnitedHealthcare Civil Rights Grievance
P.O. Box 30608
Salt Lake City, UT 84130
UHC_Civil_Rights@uhc.com

Optum Civil Rights Coordinator
1 Optum Circle
Eden Prairie, MN 55344
Optum_Civil_Rights@Optum.com

If you need help filing a complaint, call the toll-free number on your member identification card (TTY **711**).

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights:

Online: **<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>**

Phone: **1-800-368-1019, 800-537-7697** (TDD)

Mail: U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

Complaint forms are available at: **<http://www.hhs.gov/ocr/office/file/index.html>**.

This notice is available at: **<https://www.uhc.com/nondiscrimination-med>**
<https://www.optum.com/en/language-assistance-nondiscrimination.html>



UHC Dual Complete AL-Q1 (HMO-POS D-SNP)

Customer Service:



Download the **UnitedHealthcare app**



Visit **myUHCMedicare.com**



Call **1-866-480-1086**

Calls to this number are free. 8 a.m.-8 p.m. local time, 7 Days Oct-Mar, M-F Apr-Sept.
Customer Service also has free language interpreter services available for non-English speakers.

TTY 711

Calls to this number are free.
8 a.m.-8 p.m. local time, 7 Days Oct-Mar, M-F Apr-Sept.



Write: **P.O. Box 30770**
Salt Lake City, UT 84130-0770

Do we have the right address for you?

If not, please let us know so we can keep you informed about your plan.