

# Ready to use your extra benefits?

## UHC Dual Complete TN-Q1 (HMO-POS D-SNP)

Take advantage of your additional plan benefits by using the providers below.



Call **1-800-690-1606**, TTY **711**, 8 a.m.-8 p.m. local time, 7 Days Oct-Mar, M-F Apr-Sept or visit **myuhc.com/CommunityPlan** for:

- Routine vision services: MARCH® Vision Care
- Routine dental benefits: UnitedHealthcare Dental
- Fitness program: Renew Active®

**Scan this code  
to find fitness  
locations**



### Hearing aids

UnitedHealthcare Hearing  
1-877-704-3384  
[UHChearing.com/Medicare](https://UHChearing.com/Medicare)



### Routine chiropractic services

OptumHealth Care Solutions, LLC (Optum®)  
1-800-873-4575  
[myuhc.com/CommunityPlan](https://myuhc.com/CommunityPlan)



### Prescription drug home delivery

Optum® Home Delivery Pharmacy  
1-877-889-6358  
[myuhc.com/CommunityPlan](https://myuhc.com/CommunityPlan)



### Routine transportation

Tennessee Carriers, Inc.  
1-866-405-0238



### OTC, healthy food, utilities + wellness support

Solutran  
1-833-853-8587  
[ucardhub.uhc.com](https://ucardhub.uhc.com)



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