

# **Summary of** Benefits 2024

**UHC Dual Complete AR-S001 (PPO D-SNP)** H0271-023-000

Look inside to learn more about the plan and the health and drug services it covers. Call Customer Service or go online for more information about the plan.



♠ Toll-free 1-855-545-9340, TTY 711 8 a.m.-8 p.m. local time, 7 days a week



UHC.com/Medicare

United Healthcare<sup>®</sup> **Dual Complete** 

# **Summary of Benefits**

# January 1, 2024 - December 31, 2024

This is a summary of what we cover and what you pay. For a complete list of covered services, limitations and exclusions, review the Evidence of Coverage (EOC) at **myUHCMedicare.com** or call Customer Service for help. After you enroll in the plan, you will get more information on how to view your plan details online.

# **UHC Dual Complete AR-S001 (PPO D-SNP)**

| Medical premium, deductible and limits                             |   |   |
|--|---|---|
|  | In-network  | Out-of-network  |
| Monthly plan premium   | \$0<br>You may need to continue to pay your Medicare Part<br>B premium  |   |
| Annual medical deductible  | Your medical deductible is \$0 or \$240 combined in and out-of-network for covered medical services you receive from providers. Until you have paid the deductible amount, you must pay the full cost of your covered medical services. |   |
| Maximum out-of-pocket amount (does not include prescription drugs) | \$0  This is the most you will pay out-of-pocket each year for Medicare-covered services and supplies received from   | \$0 or \$13,300  This is the most you will pay out-of-pocket each year for Medicare-covered services and supplies received from   |
| Medicare cost-sharing  | network providers.  If you have full Medicaid benefits or are a Qualified Medicare Beneficiary (QMB), you will pay \$0 for your Medicare-covered services as noted by the cost-sharing in this chart.                                   | any provider.  If you are a QMB or you have full Medicaid benefits and your provider accepts Medicaid, you will pay \$0 for your Medicare-covered services. Otherwise, you will pay the cost-sharing amount as noted in this chart. |

|                        |   | In-network   |                                   | Out-of-network  |
|------------------------|---|--|-----------------------------------|---|
| Inpatient hospita      | al care <sup>2</sup> an unlimited number of   | \$0 copay per s  | tay                               | \$0 copay or 30% coinsurance per stay   |
| •                      | ient hospital stay.   |  |                                   |   |
| Outpatient<br>hospital | Ambulatory<br>surgical center<br>(ASC) <sup>2</sup>   | \$0 copay  |                                   | \$0 copay or 30% coinsurance  |
|                        | Outpatient hospital, including surgery <sup>2</sup>   | \$0 copay  |                                   | \$0 copay or 30% coinsurance  |
|                        | Outpatient<br>hospital<br>observation<br>services <sup>2</sup>  | \$0 copay  |                                   | \$0 copay or 30% coinsurance  |
| Doctor visits          | Primary care provider   | \$0 copay  |                                   | \$0 copay or 30% coinsurance  |
|                        | Specialists <sup>2</sup>  | \$0 copay  |                                   | \$0 copay or 30% coinsurance  |
|                        | Virtual medical visits  | \$0 copay to tal online through                          |                                   | etwork telehealth provider<br>and video   |
| Preventive services    | Routine physical  | \$0 copay, 1 pe  | r year*                           | 30% coinsurance, 1 per year*  |
|                        | Medicare-covered  | \$0 copay  |                                   | \$0 copay - 30%<br>coinsurance (depending<br>on the service)  |
|                        | <ul> <li>Abdominal aor screening</li> <li>Alcohol misuse</li> <li>Annual wellnes</li> <li>Bone mass me</li> <li>Breast cancers (mammogram)</li> <li>Cardiovascular (behavioral the</li> <li>Cardiovascular</li> </ul> | e counseling is visit asurement screening idisease rapy) | scre Colo (colo test Dep Diat mor | vical and vaginal cancer eening crectal cancer screenings conoscopy, fecal occult blood flexible sigmoidoscopy) cression screening cetes screenings and catitis C screening screening |

| Medical benefits   |   |  |   |  |
|--|---|--|---|--|
|  |   | In-network   | Out-o   | f-network  |
|  | <ul> <li>Lung cancer with computed tome screening</li> <li>Medical nutrition services</li> <li>Medicare Diaborate Program (MDP)</li> <li>Obesity screen counseling</li> <li>Prostate cance (PSA)</li> </ul> | ography (LDCT) on therapy etes Prevention P) ings and  | screenings a  Tobacco use counseling (of people with related disease) Vaccines, incomes                         | counseling for<br>no sign of tobacco-<br>se)<br>cluding those for the<br>B, pneumonia, or<br>Medicare" |
| Emergency care   | Any additional prevocation of the contract year will be This plan covers pre 100% when you use  | s covered. Eventive care screet in-network provide \$0 copay (worldwithe hospital with hospital copay in | enings and annua<br>ers.<br>vide) per visit. If y<br>n 24 hours, you p<br>stead of the Eme<br>at Hospital Care" | ou are admitted to bay the inpatient rgency Care copay.  |
| Urgently needed se   | ervices   | \$0 copay (world   | vide) per visit   |  |
| Diagnostic tests,<br>lab and radiology<br>services, and X-<br>rays | Diagnostic<br>radiology services<br>(e.g. MRI, CT<br>scan) <sup>2</sup>   | \$0 copay  |   | pay or 30%<br>urance   |
|  | Lab services <sup>2</sup>   | \$0 copay  | \$0 co  | pay  |
|  | Diagnostic tests and procedures <sup>2</sup>  | \$0 copay  |   | pay or 30%<br>urance   |
|  | Therapeutic radiology <sup>2</sup>  | \$0 copay  |   | pay or 30%<br>urance   |
|  | Outpatient X-rays <sup>2</sup>  | \$0 copay  |   | pay or 30%<br>urance   |

| Medical benefits        |  |   |                              |
|-------------------------|--|---|------------------------------|
|                         |  | In-network  | Out-of-network               |
| Hearing services        | Exam to diagnose and treat hearing and balance issues <sup>2</sup> | \$0 copay   | \$0 copay or 30% coinsurance |
|                         | Routine hearing exam   | \$0 copay, 1 per year*  | 30% coinsurance, 1 per year* |
|                         | Hearing aids <sup>2</sup>  | \$2,500 allowance for a bro<br>brand-name prescription h  |                              |
|                         |  | <ul> <li>Access to one of the largest national networks of hearing professionals with more than 7,000 locations</li> <li>Broad range of popular hearing aids including Beltone™, Phonak, ReSound, Signia, Starkey®, Unitron™ and Widex®</li> <li>3-year manufacturer warranty on all prescription hearing aids covers a trial period and damage of repair during warranty period</li> </ul> |                              |
| Routine dental benefits | Preventive and comprehensive <sup>2</sup>                          | \$2,500 allowance for all covered dental services*  \$0 copay for covered preventive and comprehensive services like cleanings, fillings and crowns  No annual deductible  Medicare Advantage's largest national dental network  Freedom to see any dentist  If you choose to see an out-of-network dentist you might be billed more, even for services listed as \$0 copay                 |                              |

| Medical benefits                                  |   |  |  |
|---|---|--|--|
|   |   | In-network   | Out-of-network   |
| Vision services                                   | Exam to diagnose<br>and treat diseases<br>and conditions of<br>the eye <sup>2</sup> | \$0 copay  | \$0 copay or 30% coinsurance   |
|   | Eyewear after cataract surgery  | \$0 copay  | \$0 copay or 30% coinsurance   |
|   | Routine eye exam  | \$0 copay, 1 per year*   | 30% coinsurance, 1 per year*   |
|   | Routine eyewear   | national networks of varietwork  • Free standard prescription, bifocals, (standard) progressive coating  • Savings when upgrad UV/anti-reflective coating lenses  • Eyewear available from | icare Advantage's largest ision provider and retail ption lenses including |
| Mental health                                     | Inpatient visit <sup>2</sup> Our plan covers 90 days for an inpatient hospital stay | \$0 copay per stay   | \$0 copay or 30% coinsurance per stay                                      |
|   | Outpatient group therapy visit <sup>2</sup>   | \$0 copay  | \$0 copay or 30% coinsurance   |
|   | Outpatient individual therapy visit <sup>2</sup>                                    | \$0 copay  | \$0 copay or 30% coinsurance   |
|   | Virtual mental health visits  | \$0 copay to talk with a net online through live audio a   | -  |
| Skilled nursing fac<br>Our plan covers up<br>SNF. |   | \$0 copay per day: days<br>1-100   | \$0 copay or 30% coinsurance per stay, up to 100 days                      |

| Medical benefits   |  |   |  |
|--|--|---|--|
|  |  | In-network  | Out-of-network   |
| Outpatient rehabilitation services   | Physical therapy<br>and speech and<br>language therapy<br>visit <sup>2</sup>                           | \$0 copay   | \$0 copay or 30% coinsurance   |
|  | Occupational<br>Therapy Visit <sup>2</sup>   | \$0 copay   | \$0 copay or 30% coinsurance   |
|  | Virtual medical visits   | \$0 copay to talk with a network online through live audio a  |  |
| Ambulance <sup>2</sup> Your provider must obtain prior authorization for non-emergency transportation. |  | \$0 copay for ground<br>\$0 copay for air   | \$0 copay or 20% coinsurance for ground \$0 copay or 20% coinsurance for air |
| Routine transporta   | ation  | \$0 copay for 48 one-way<br>trips to or from approved<br>locations, such as<br>medically related<br>appointments, gyms and<br>pharmacies* | 75% coinsurance*   |
| Medicare Part B prescription   | Chemotherapy<br>drugs <sup>2</sup>   | \$0 copay   | \$0 copay or 30% coinsurance   |
| drugs  | Part B covered insulin <sup>2</sup>  | \$0 copay   | \$0 copay or 30% coinsurance   |
|  | Other Part B drugs <sup>2</sup>  | \$0 copay   | \$0 copay for allergy<br>antigens<br>\$0 copay or 30%                        |
|  | Part B drugs may<br>be subject to Step<br>Therapy. See your<br>Evidence of<br>Coverage for<br>details. |   | coinsurance for all others   |

## **Prescription drugs**

Annual

Prescription **Deductible** 

## 30-day<sup>^</sup> or 100-day supply from a retail or mail order network pharmacy

All covered drugs \$0 copay

\$0

(Some covered drugs are limited to a 30-day supply)

<sup>^</sup>Members living in long-term care facilities pay the same for a 31-day supply as a 30-day supply at a retail pharmacy.

| Additional benefits |   |  |                              |
|---------------------|---|--|------------------------------|
|                     |   | In-network   | Out-of-network               |
| Chiropractic care   | Medicare-covered chiropractic care (manual manipulation of the spine to correct subluxation) <sup>2</sup> | \$0 copay  | \$0 copay or 30% coinsurance |
| Diabetes management | Diabetes<br>monitoring<br>supplies <sup>2</sup>   | \$0 copay  We only cover Accu- Chek® and OneTouch® brands.  Covered glucose monitors include: OneTouch Verio Flex®, OneTouch Verio Reflect®, OneTouch® Verio, OneTouch® Ultra 2, Accu-Chek® Guide Me, and Accu-Chek® Guide.  Test strips: OneTouch Verio®, OneTouch Ultra®, Accu-Chek® Guide, Accu-Chek® Guide, Accu-Chek® Aviva Plus, and Accu-Chek® SmartView.  Other brands are not covered by your plan. | \$0 copay or 30% coinsurance |
|                     | Diabetes self-<br>management<br>training  | \$0 copay  | \$0 copay or 30% coinsurance |
|                     | Therapeutic shoes or inserts <sup>2</sup>   | \$0 copay  | \$0 copay or 30% coinsurance |

| Additional benefits                         |   |   |   |
|---|---|---|---|
|   |   | In-network  | Out-of-network  |
| Durable medical equipment (DME) and related | DME (e.g.,<br>wheelchairs,<br>oxygen) <sup>2</sup>        | \$0 copay   | \$0 copay or 30% coinsurance  |
| supplies                                    | Prosthetics (e.g., braces, artificial limbs) <sup>2</sup> | \$0 copay   | \$0 copay or 30% coinsurance  |
| Fitness prog                                | gram  | <ul> <li>and fitness locations</li> <li>Access to many premocations</li> <li>An annual personalize</li> <li>Members who need hassistant to the gym</li> <li>Access to thousands videos and live stream</li> <li>Social activities at local classes, clubs and even</li> </ul> | hip at a gym near you national network of gyms nium gyms and fitness ed fitness plan nelp can bring a workout of on-demand workout ning fitness classes eal health and wellness rents unity for Renew Active — no |
| Foot care (podiatry services)               | Foot exams and treatment <sup>2</sup>                     | \$0 copay   | \$0 copay or 30% coinsurance  |
|   | Routine foot care   | \$0 copay, 6 visits per year*   | \$0 copay, 6 visits per year*   |
| Meal benefit <sup>2</sup>                   |   | \$0 copay for 28 home-del<br>after an inpatient hospital<br>facility (SNF) stay.  | livered meals immediately ization or skilled nursing  |
| Home health care <sup>2</sup> \$0 cc        |   | \$0 copay   | \$0 copay or 30% coinsurance  |
| Hospice                                     |   | You pay nothing for hospice care from any Medicare-<br>approved hospice. You may have to pay part of the<br>costs for drugs and respite care. Hospice is covered<br>by Original Medicare, outside of our plan.  |   |
| Nurse Hotline                               |   | Speak with a registered nurse (RN) 24 hours a day, 7 days a week  |   |
| Opioid treatment p                          | rogram services <sup>2</sup>                              | \$0 copay \$0 copay   |   |

| Additional benefits         |  |   |                              |
|-----------------------------|--|---|------------------------------|
|                             |  | In-network  | Out-of-network               |
| Outpatient substance abuse  | Outpatient group therapy visit <sup>2</sup>      | \$0 copay   | \$0 copay or 30% coinsurance |
|                             | Outpatient individual therapy visit <sup>2</sup> | \$0 copay   | \$0 copay or 30% coinsurance |
| Food, Overand Utility E     | the-Counter (OTC) Bill Credit                    | \$188 credit every month to pay for healthy food, OTC products and utility bills  |                              |
|                             |  | Buy healthy foods like fruits and vegetables, meat, seafood, dairy products and water   |                              |
|                             |  | Choose from thousands of OTC products, like toothpaste, first aid, bladder control pads and more  |                              |
|                             |  | □Pay home utility bills like electricity, heat, water<br>and internet   |                              |
|                             |  | Shop at thousands of participating stores, including Walmart, Walgreens, Kroger and CVS or at neighborhood stores near you  |                              |
| Personal emergence system   | cy response                                      | \$0 copay for a personal emergency response system (PERS). Help is only a button press away. A PERS device can quickly connect you to the help you need, 24 hours a day in any situation. |                              |
| Renal Dialysis <sup>2</sup> |  | \$0 copay   | \$0 copay or 20% coinsurance |

<sup>&</sup>lt;sup>2</sup> May require your provider to get prior authorization from the plan for in-network benefits.

### **Member discounts**



As a UnitedHealthcare Medicare Advantage plan member, you'll have access to an exclusive collection of discounts on hundreds of products and services. Once you're a member, you can sign in to your member site for a list of discounts available to you.

<sup>\*</sup>Benefits are combined in and out-of-network

## **Medicaid Benefits**

Information for people with Medicare and Medicaid. Your services are paid first by Medicare and then by Medicaid.

The benefits described below are covered by Medicaid. You can see what Arkansas Division of Medical Services Department of Human Services covers and what our plan covers.

Coverage of the benefits depends on your level of Medicaid eligibility. If Medicare doesn't cover a service or a benefit has run out, Medicaid may help, but you may have to pay a cost share. In some situations, Medicaid may pay your Medicare cost sharing amount. See your Medicaid Member Handbook for more details. If you have questions about your Medicaid eligibility and what benefits you are entitled to, call Arkansas Division of Medical Services Department of Human Services, 1-800-482-8988.

| Benefits  |             |   |
|---|-------------|---|
|   | Medicaid    | UHC Dual Complete AR-<br>S001 (PPO D-SNP) |
| Inpatient Hospital Care                                   | Covered     | Covered                                   |
| <b>Doctor Office Visits</b>                               | Covered     | Covered                                   |
| Preventive Care   | Covered     | Covered                                   |
| Emergency Care  | Covered     | Covered                                   |
| Urgently Needed Services                                  | Covered     | Covered                                   |
| Diagnostic Tests Lab and Radiology<br>Services and X-Rays | Covered     | Covered                                   |
| Hearing Services  | Covered     | Covered                                   |
| Dental Services   | Covered     | Covered                                   |
| Vision Services   | Covered     | Covered                                   |
| Inpatient Mental Health Care                              | Covered     | Covered                                   |
| Mental Health Care  | Covered     | Covered                                   |
| Skilled Nursing Facility (SNF)                            | Covered     | Covered                                   |
| Ambulance   | Covered     | Covered                                   |
| Transportation (Routine)                                  | Covered     | Covered                                   |
| Prescription Drug Benefits                                | Not covered | Covered                                   |
| Chiropractic Care   | Covered     | Covered with limitations                  |
| Diabetes Supplies and Services                            | Covered     | Covered                                   |
| Durable Medical Equipment                                 | Covered     | Covered                                   |
| Foot Care   | Covered     | Covered                                   |
| Home Health Care  | Covered     | Covered                                   |

| Benefits                     |          |   |
|------------------------------|----------|---|
|                              | Medicaid | UHC Dual Complete AR-<br>S001 (PPO D-SNP) |
| Hospice                      | Covered  | Covered                                   |
| Outpatient Hospital Services | Covered  | Covered                                   |
| Renal Dialysis               | Covered  | Covered                                   |
| Prosthetic Devices           | Covered  | Covered                                   |

## About this plan

UHC Dual Complete AR-S001 (PPO D-SNP) is a Medicare Advantage PPO plan with a Medicare contract.

To join this plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, live within our service area listed below, and be a United States citizen or lawfully present in the United States.

This plan is a Dual Eligible Special Needs Plan (D-SNP) for people who have both Medicare and Medicaid, and don't pay anything for covered medical services. How much Medicaid covers depends on your income, resources, and other factors. Some people get full Medicaid benefits.

Your eligibility to enroll in this plan depends on your type of Medicaid.

You can enroll in this plan if you are in one of these Medicaid categories:

- Qualified Medicare Beneficiary Plus (QMB+): You get Medicaid coverage of Medicare
  cost-share and are also eligible for full Medicaid benefits. Medicaid pays your Part A and
  Part B premiums, deductibles, coinsurance, and copayment amounts for Medicare covered
  services. You pay nothing, except for Part D prescription drug copays (if applicable).
- Qualified Medicare Beneficiary (QMB): You get Medicaid coverage of Medicare cost-share but are not eligible for full Medicaid benefits. Medicaid pays your Part A and Part B premiums, deductibles, coinsurance, and copayment amounts only for Medicare covered services. You pay nothing, except for Part D prescription drug copays (if applicable).
- Specified Low-Income Medicare Beneficiary (SLMB+): Medicaid pays your Part B premium and provides full Medicaid benefits. You are eligible for full Medicaid benefits. At times you may also be eligible for limited assistance from your state Medicaid agency in paying your Medicare cost share amounts. Generally your cost share is 0% when the service is covered by both Medicare and Medicaid. There may be cases where you have to pay cost sharing when a service or benefit is not covered by Medicaid.
- Full Benefits Dual Eligible (FBDE): Medicaid may provide limited assistance with Medicare
  cost-sharing. Medicaid also provides full Medicaid benefits. You are eligible for full Medicaid
  benefits. At times you may also be eligible for limited assistance from the State Medicaid
  Office in paying your Medicare cost share amounts. Generally your cost share is 0% when
  the service is covered by both Medicare and Medicaid. There may be cases where you have
  to pay cost sharing when a service or benefit is not covered by Medicaid.

If your category of Medicaid eligibility changes, your cost share may also increase or decrease. You must recertify your Medicaid enrollment to continue to receive your Medicare coverage.

Our service area includes these counties in:

Arkansas: Arkansas, Ashley, Baxter, Benton, Boone, Bradley, Calhoun, Carroll, Chicot, Clark, Clay, Cleburne, Cleveland, Columbia, Conway, Craighead, Crawford, Crittenden, Cross, Dallas, Desha, Drew, Faulkner, Franklin, Fulton, Garland, Grant, Greene, Hempstead, Hot Spring, Howard, Independence, Izard, Jackson, Jefferson, Johnson, Lafayette, Lawrence, Lee, Lincoln, Little River, Logan, Lonoke, Madison, Marion, Miller, Mississippi, Monroe, Montgomery, Nevada, Newton, Ouachita, Perry, Phillips, Pike, Poinsett, Polk, Pope, Prairie, Pulaski, Randolph, Saline, Scott, Searcy, Sebastian, Sevier, Sharp, St. Francis, Stone, Union, Van Buren, Washington, White, Woodruff, Yell.

## Use network providers and pharmacies

UHC Dual Complete AR-S001 (PPO D-SNP) has a network of doctors, hospitals, pharmacies and other providers. With this plan, you have the freedom to see any provider nationwide that accepts Medicare. Plus, you have the flexibility to access a network of local providers. You may pay a higher copay or coinsurance when you see an out-of-network provider. When looking at the charts above you'll see the cost differences for network vs. out-of-network care and services. If you use pharmacies that are not in our network, the plan may not pay for those drugs, or you may pay more than you pay at a network pharmacy.

You can go to **UHC.com/Medicare** to search for a network provider or pharmacy using the online directories. You can also view the plan Drug List (Formulary) to see what drugs are covered and if there are any restrictions.

## **Required Information**

UHC Dual Complete AR-S001 (PPO D-SNP) is insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract and a contract with the State Medicaid Program. Enrollment in the plan depends on the plan's contract renewal with Medicare.

Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

UnitedHealthcare does not discriminate on the basis of race, color, national origin, sex, age, or disability in health programs and activities.

UnitedHealthcare provides free services to help you communicate with us such as documents in other languages, Braille, large print, audio, or you can ask for an interpreter. Please contact our Customer Service number at 1-866-480-1086 for additional information (TTY users should call 711). Hours are 8 a.m.-8 p.m.: 7 Days Oct-Mar; M-F Apr-Sept.

UnitedHealthcare ofrece servicios gratuitos para ayudarle a que se comunique con nosotros. Por ejemplo, documentos en otros idiomas, braille, letra grande, audio o bien, usted puede pedir un intérprete. Comuníquese con nuestro número de Servicio al Cliente al 1-866-480-1086, para obtener información adicional (los usuarios de TTY deben comunicarse al 711). Los horarios de atención son de 8 a.m. a 8 p.m.: los 7 días de la semana, de octubre a marzo; de lunes a viernes, de abril a septiembre.

Benefits, features, and/or devices vary by plan/area. Limitations, exclusions and/or network restrictions may apply.

#### **Hearing aids**

Other hearing exam providers are available in the UnitedHealthcare network. The plan only covers hearing aids from a UnitedHealthcare Hearing network provider. Provider network size may vary by local market. OTC hearing aid warranties, if available, will vary by device and are handled through the manufacturer. One-time professional fee may apply for prescription hearing aids.

#### Routine dental benefits

If your plan offers out-of-network dental coverage and you see an out-of-network dentist, you might be billed more. Provider network may vary in local market. Dental network size based on Zelis Network360, May 2023.

#### Routine eyewear

Additional charges may apply for out-of-network items and services. Provider and retail network may vary in local market. Vision network size based on Zelis Network360, March 2023. Annual routine eye exam and \$100-400 allowance for contacts or designer frames, with standard (single, bi-focal, tri-focal or standard progressive) lenses covered in full either annually or every two years. Savings based on comparison to retail. Other vision providers are available in our network.

### Fitness program

The Renew Active® Program varies by plan/area and may not be available on all plans. Participation in the Renew Active program is voluntary. Consult your doctor prior to beginning an exercise program or making changes to your lifestyle or health care routine. Renew Active includes standard fitness membership and other offerings. Fitness membership equipment, classes, personalized fitness plans, caregiver access and events may vary by location. Certain services, discounts, classes, events, and online fitness offerings are provided by affiliates of UnitedHealthcare Insurance Company or other third parties not affiliated with UnitedHealthcare. Participation in these third-party services are subject to your acceptance of their respective terms and policies. UnitedHealthcare is not responsible for the services or information provided by third parties. The information provided through these services is for informational purposes only and is not a substitute for the advice of a doctor.

Gym network may vary in local market and plan. Gym network size is based on comparison of competitor's website data as of May 2023.

AARP® Staying Sharp® is the registered trademark of AARP. Staying Sharp, including all content and features, is offered for informational purposes and to educate users on brain health care and medical issues that may affect their daily lives. Staying Sharp is based on a holistic, lifestyle approach to brain health that encourages users to incorporate into their daily lives activities that are associated with general wellness. Nothing in the service should be considered, or

used as a substitute for, medical advice, diagnosis, or treatment. Features including the Cognitive Assessment and Lifestyle Check-Ins, Additional Tests, exercises, and challenges assess performance at a particular moment in time on certain discrete cognitive tasks. Staying Sharp games are intended for entertainment and recreational purposes only. Various factors may affect performance, including sleep, tiredness, focus, and other social, environmental, or emotional factors. Performance is not indicative of cognitive health and not predictive of future performance or medical conditions.

### Food, Over-the-Counter (OTC) and Utility Bill Credit

Food, OTC and utility benefits have expiration timeframes. Call your plan or review your Evidence of Coverage (EOC) for more information.

Out-of-network/non-contracted providers are under no obligation to treat UnitedHealthcare members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

The Formulary, pharmacy network, and/or provider network may change at any time. You will receive notice when necessary.

OptumRx is an affiliate of UnitedHealthcare Insurance Company. You are not required to use OptumRx home delivery for a 100 day supply of your maintenance medication.

If you have not used OptumRx home delivery, you must approve the first prescription order sent directly from your doctor to OptumRx before it can be filled. New prescriptions from OptumRx should arrive within five business days from the date the completed order is received, and refill orders should arrive in about seven business days. Contact OptumRx anytime at 1-877-266-4832, TTY 711.

The Nurse Hotline service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for informational purposes only. The nurses cannot diagnose problems or recommend treatment and are not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law. Access to this service is subject to terms of use.

Additional authorizations may be required to access discount programs. The discounts described are neither offered nor guaranteed under our contract with the Medicare program. In addition, they are not subject to the Medicare appeals process. Any disputes regarding these products and services may be subject to the UnitedHealthcare grievance process. Discount offerings may vary by plan and are not available on all plans. The discount offers are made available to members through a third party. Participation in these third-party services are subject to your acceptance of their respective terms and policies. UnitedHealthcare and its respective subsidiaries are not responsible for the services or information provided by third parties.

#### **Rewards Program**

Reward offerings may vary by plan and are not available in all plans. Reward program terms of service apply.