



Fitness made fun and flexible — for \$0 cost



You deserve to be active when, where and how you want to. That's why we created One Pass™. It's an all-in-one, flexible and convenient fitness program. This benefit is offered at no cost to UnitedHealthcare Community Plan members ages 18 and older.

Work out when, where and how you want to



Want to go to the gym? One Pass gives you free, unlimited access to many gym locations in Indiana. These include Anytime Fitness, Golds Gym, H2 Health, LA Fitness, Planet Fitness, Rehab Associates, Snap Fitness and YMCAs.



Prefer to work out at home? Choose from 20,000+ videos or join online classes, including group exercise classes, youth sports training, well-being classes and more.



Just starting out? The workout builder will show each exercise and help you create a routine just for you.



Want to work out on the go? The One Pass app also offers a variety of helpful health and fitness features, all in one place. However you choose to use the program, One Pass can help you live your healthiest life. See the other side for details about how to get started today.

Learn more

Visit youronepass.com
or scan the code below.

Or call **1-800-832-4643**,
TTY **711**, 8 a.m.–8 p.m. ET,
to get started.



Get started with One Pass

If you're a UnitedHealthcare Community Plan member, here's how to get started:

- 1 Go to youronepass.com
- 2 Enter your name, date of birth and member ID number to register
- 3 After you register, your One Pass member code will appear on the home page
- 4 Click on "Fitness" and then "Find gyms" to look for participating fitness locations
- 5 Bring your One Pass member code with you to any participating location (the fitness center staff will help you set up your gym membership)
- 6 Download the One Pass app from the App Store® or Google Play™ for tools such as a gym finder, daily health summaries, on-demand wellness classes, meal planning and more



Participating organizations and/or locations subject to change. Plan benefits may change on a yearly basis. Please visit uhccp.com/IN for a list of current benefits.

UnitedHealthcare Community Plan of Indiana complies with applicable federal civil rights laws and does not discriminate, exclude people, or treat them differently on the basis of race, color, national origin, age, disability, religion, or sex.

Services to help you communicate with us are provided at no cost to members, such as other languages or large print. Or, you can ask for an interpreter. To ask for help, please call Member Services at **1-800-832-4643**, TTY **711**, 8 a.m.-8 p.m. ET, Monday-Friday.

UnitedHealthcare Community Plan of Indiana cumple con las leyes federales de derechos civiles aplicables y no discrimina, excluye ni trata a las personas de forma diferente por raza, color, nacionalidad, edad, discapacidad, religión o sexo.

Se proporcionan servicios para ayudarle a comunicarse con nosotros, tales como otros idiomas o letra grande, sin costo para los miembros. O bien, puede solicitar un intérprete. Para pedir ayuda, por favor llame a Servicios para Miembros al **1-800-832-4643**, TTY **711**, de 8 a.m. a 8 p.m. ET, de lunes a viernes.