## **2019 New Coronavirus Information**

Recently, a new coronavirus was detected in thousands of people worldwide, primarily in China. There is evidence the infection can be spread person-to-person. A "novel coronavirus" is a strain that has not been previously found in humans.

So far, the risk to New Yorkers of contracting this novel coronavirus is low. If you are experiencing "flu like" symptoms and want to get tested, talk to your health care provider.

There are no specific vaccines or treatments available for this new Coronavirus, or any other Coronavirus.

If you are planning any travel outside the US, visit <u>CDC's Travelers' Health</u> webpage for the latest travel health notices.

## Symptoms

Symptoms for this new Coronavirus, also referred to as COVID-19, can include fever, cough or shortness of breath. An infection can result in death, but that is a rare outcome.

## Prevention

You should go about your daily life, but take the same precautions that you would during cold and flu season:

- Get your <u>flu shot</u> it's not too late.
- Cover your nose and mouth with a tissue or sleeve when sneezing or coughing do not use your hands.
- Wash your hands often with soap and water.
- Stay home if you are not feeling well.

Members can get more information about Coronavirus a:

https://www.cdc.gov/coronavirus/2019-ncov/about/transmission.html https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html

Centers for Disease Control guidance on masks:

https://www.cdc.gov/flu/professionals/infectioncontrol/maskguidance.htm