

TENNCARE AFTER YOU TURN 21

5

TENNCARE TRANSITIONS BOOKLET 5

Revised July 2023

TennCare *Select* and Turning 21

This series of booklets tells you how your TennCare will change when you turn 21.

As you know, TennCare is the state of Tennessee's Medicaid program and follows the Medicaid rules of the federal government. Medicaid rules are different for adults age 21 and older than they are for children under age 21. The rules to qualify for Medicaid are different. And the Medicaid benefits you get after you turn 21 are different. We want to help you plan for these changes.

YOU GOT THIS BOOKLET BECAUSE:

- You are turning 21 soon (at least in the next few years).
- And, you get home health care or private duty nursing paid for by TennCare.

You may be able to keep TennCare after you turn 21. However, you must be in a group TennCare covers. And even if you keep TennCare after you turn 21, your benefits will change. Along with this booklet, you can also read the following booklets in this series to learn more about these changes.

BOOKLET 1

Qualifying for TennCare at Age 21 tells you who can keep TennCare at age 21.

BOOKLET 2

Changes to TennCare Benefits at Age 21 explains how TennCare benefits change when you turn 21.

BOOKLET 3

CHOICES and Employment & Community First CHOICES describes two programs you may qualify for – and who is eligible. It also tells you about the services in these programs.

BOOKLET 4

What to do next? explains next steps. It also suggests things you may want to talk about with your health plan.

BOOKLET 5

TennCare *Select* and Turning 21 is for people in a special health plan called TennCare *Select*.

Remember:

If you get confused, you can always get help. Just call your health plan. Here's the number to call:

Amerigroup	1-800-600-4441
BlueCare	1-800-468-9698
United Healthcare	1-800-690-1606

Your health plan can answer your questions. We want to help you make informed choices about your TennCare.

BOOKLET 5

TennCare *Select* and Turning 21

“What is TennCare *Select*?”

People in TennCare have health plans. Your health plan helps you get the care you need. Some children under age 21 are in a special health plan. This is called *TennCare Select*. If you're in a Home and Community Based Services (HCBS) waiver operated by DIDD, you may be in a special part of the health plan called *SelectCommunity*. DIDD is the Department of Intellectual and Developmental Disabilities. If you aren't sure, ask your health plan if you have *TennCare Select* or *SelectCommunity*.

If you have *TennCare Select*, you **must** change health plans when you turn 21. You must pick Amerigroup, BlueCare, or United Healthcare as your new health plan. TennCare will mail you a letter with your new health plan before you turn 21.

If you have *SelectCommunity*, you do not have to change health plans when you turn 21 unless you choose to.

If you apply for Employment and Community First CHOICES, TennCare may help you change health plans **before** you turn 21.

“What if I have TennCare *Select* and I am getting private duty nursing?”

The rules for private duty nursing are the same no matter which health plan you have. This means your benefits will change when you turn 21. This is true even if you have *SelectCommunity*. The TennCare *Select* team will start working with you before you turn 21 to make sure you are prepared to get the care you need as an adult that is within the benefit limits.

It is very important to work with the TennCare *Select* team to prepare for when you turn 21. Since you have TennCare *Select*, you will have to change health plans when you turn 21.

If you are in *SelectCommunity*, you can stay in *SelectCommunity* when you turn 21. You can also change health plans if you choose to. Remember, *SelectCommunity* is a special health plan for individuals who are in an HCBS waiver operated by DIDD.

To stay on TennCare once you turn 21, you must still qualify for TennCare. For more information, go back and read Booklet 1 on how you can keep TennCare when you turn 21. Booklet 1 is titled Qualifying for TennCare at Age 21.

“If I keep TennCare, how much private duty nursing can I get after I turn 21?”

First, you'll have to meet the private duty nursing rules for adults. These rules are the same no matter which health plan you have. To review those rules, go back and read Booklet 2. Booklet 2 is titled Changes to TennCare Benefits at Age 21.

If you qualify for private duty nursing as an adult, the amount you can get depends on what you need. But adults in TennCare can't get 24 hours of private duty nursing, 7 days a week. (We sometimes refer to this as 24/7 private duty nursing).

When you turn 21:

- You may be able to get some private duty nursing if you use a ventilator or similar technology more than 12 hours a day.
- You may be able to get some private duty nursing if you don't use a ventilator but have a trach and need certain specialized care.
- If you don't have these kinds of needs, you won't qualify for private duty nursing anymore. But you may qualify for home health services.

For more about home health, go back and read Booklet 2. Booklet 2 is titled Changes to TennCare Benefits at Age 21.

- If you're in an HCBS waiver operated by DIDD, you may be able to get nursing care through the waiver. Talk with your Independent Support Coordinator or case manager about this option. For more information, go back and read Booklet 4. Booklet 4 is titled What to do next.

The TennCare *Select* team will work with you on what to do next. If you qualify for private duty nursing as an adult, your health plan will work with you to figure out how many hours of private duty nursing you will get within these limits. No matter which health plan you have, the amount of care you'll get (within the limits) is based on your needs. All TennCare health plans use doctors and nurses to review and decide how much care you'll get based on TennCare rules.

For more information on how TennCare benefits change when you turn 21, go back and read Booklet 2. Booklet 2 is titled Changes to TennCare Benefits at Age 21.

“I get more hours of private duty nursing now than I can get after I turn 21. What should I do next?”

It's important that you **start planning now**. The TennCare *Select* team will begin working with you a few years before you turn 21. They'll help you plan for and get the care you need as an adult that is within the benefit limits.

Remember you will need to change health plans when you turn 21 unless you're in *SelectCommunity*. You will have a chance to pick which health plan you want to change to about 6 months before you turn 21. Once you pick your new health plan, you won't change health plans right away. But the health plan you pick will start working with you and TennCare *Select* right away to get you ready for the change.

When you turn 21, your new health plan will be set up to help you get the care you need as an adult that is within the benefit limits. You will change to your new health plan once you turn 21. TennCare will mail you a letter with the information for your new health plan.

If you don't pick a new health plan before you turn 21, you will be assigned a new health plan. Your new health plan may contact you before you turn 21 to start preparing to help you get the care you need as an adult. Your new health plan and TennCare *Select* will work with you to prepare for the change. TennCare will mail you a letter with the information for your new health plan before you turn 21.

To stay on TennCare, you will still need to qualify for TennCare once you turn 21. For more information, go back and read Booklet 1 on how you can keep TennCare when you turn 21. Booklet 1 is titled Qualifying for TennCare at Age 21.

<p>Do you need free help with this letter? If you speak a language other than English, help in your language is available for free. This page tells you how to get help in a language other than English. It also tells you about other help that's available.</p>	
Spanish:	Español
<p>ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-855-259-0701 (TTY: 1-800-848-0298).</p>	
Kurdish:	کوردی
<p>ئێگاداری: ئەگەر بە زمانی کوردی قەسە دەکەیت، خزمەتگوزاریه‌کانی یارمەتی زمان، بەخۆرای، بۆ تو بەر دەستە پەيوەندی بە 1-855-259-0701 (TTY: 1-800-848-0298) بکە.</p>	
Arabic:	العربية
<p>ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-855-259-0701 (رقم هاتف الصم والبكم: 1-800-848-0298).</p>	
Chinese:	繁體中文
<p>注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-855-259-0701 (TTY 1-800-848-0298)。</p>	
Vietnamese:	Tiếng Việt
<p>CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-855-259-0701 (TTY: 1-800-848-0298).</p>	
Korean:	한국어
<p>주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-855-259-0701 (TTY: 1-800-848-0298) 번으로 전화해 주십시오.</p>	

French:	Français
ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-855-259-0701 (ATS : 1-800-848-0298).	
Amharic:	አማርኛ
ማስታወሻ: የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያገለግሉት ተዘጋጅተዋል። ወደ ሚክተሎ ቁጥር ይደውሉ 1-855-259-0701 (መስማት ለተሳናቸው: 1-800-848-0298) .	
Gujarati:	ગુજરાતી
સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-855-259-0701 (TTY: 1-800-848-0298).	
Laotian:	ພາສາລາວ
ໂປດຊາບ: ຖ້າ ວ່າ ທ່ານ ເວົ້າ ພາສາ ລາວ, ການບໍລິການ ຊ່ວຍເຫຼືອ ດ້ານພາສາ, ໂດຍບໍ່ເສຍຄ່າ, ແມ່ນມີ ພ້ອມໃຫ້ ທ່ານ. ໂທ 1-855-259-0701 (TTY: 1-800-848-0298).	
German:	Deutsch
ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-855-259-0701 (TTY: 1-800-848-0298).	
Tagalog:	Tagalog
PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-855-259-0701 (TTY: 1-800-848-0298).	

Hindi:	हिंदी
ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-855-259-0701 (TTY: 1-800-848-0298). पर कॉल करें।	
Serbo-Croatian:	Srpsko-hrvatski
OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite 1-855-259-0701 (TTY- Telefon za osobe sa oštećenim govorom ili sluhom: 1- 800-848-0298).	
Russian:	Русский
ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-855-259-0701 (телетайп: 1-800-848-0298).	
Nepali:	नेपाली
ध्यान दिनुहोस्: तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको निम्ति भाषा सहायता सेवाहरू नि:शुल्क रूपमा उपलब्ध छ । फोन गर्नुहोस् 1-855-259-0701 (टिटिवाइ: 1-800-848-0298) ।	
Persian:	فارسی
توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با تماس بگیرید. 1-855-259-0701 (TTY: 1-800-848-0298)	

- **Do you need help talking with us or reading what we send you?**
- **Do you have a disability and need help getting care or taking part in one of our programs or services?**
- **Or do you have more questions about your health care?**

Call us for free at **1-855-259-0701**. We can connect you with the free help or service you need. **(For TTY call: 1-800-848-0298)**

