



STAR Kids

Value-Added Services



United
Healthcare®
Community Plan

STAR Kids

What are value-added services?

Thank you for choosing UnitedHealthcare. As a member of UnitedHealthcare Community Plan, you can also receive value-added services beginning September 1-August 31. These unique services are offered, in addition to the required Medicaid services, to benefit your health and everyday life. Restrictions and limitations may apply. Your experience and feedback as a member is the inspiration behind these value-added services.

We hear you

We get great ideas from members like you in our communities. That’s why we’re inviting you to join our Member Advisory Council. The Council helps us understand how we’re doing and what we could do better. To join, call **1-877-597-7799** and ask to be transferred to a Member Advocate in your area.

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Gift programs

Emergency radio: A NOAA/FM/AM radio that helps you stay connected during bad weather or a disaster. Includes cellphone charger and flashlight.

Terms: One per year.*

Wheelchair safety lights: A pair of wheelchair safety lights to improve visibility.

Terms: For members in a wheelchair. One per year.*



Helpful hints

For information on disaster preparation tips, an emergency plan template, disaster kit checklist and other resources, please scan the QR code or visit txready.org.

Health and wellness services

Sports, camp and school exams: A sports, school or camp physical exam by an in-network PCP is available at no cost. Ages 4-20.

Terms: Must use in-network provider. One exam per year.* Ages 4 through 20.

Inpatient follow-up incentive: \$20 Rewards Card. For members who follow-up with a mental health practitioner.

Terms: Must be within 7 days of discharge from an inpatient mental health hospital.
One per year.*

Food allergy labels: A pack of 24 food allergy labels. One per year for Members ages 0-20.

Terms: One pack per year.*

Online health information chats: Staffed by health professionals who answer your questions 24 hours a day, 7 days a week, for every day of the year.

*Each state fiscal year, 9/1-8/31.

Healthy play and exercise

Fitness reward: \$20 rewards card to be used on fitness items.

Terms: One time per year.*



Did you know...

Texas Health and Human Services has multiple resources on healthy living. For more information, please scan the QR code or visit hhs.gov/programs/prevention-and-wellness/nutrition-and-fitness/index.html.

Help for members with asthma or COPD

Pest control reward: \$20 Rewards Card to be used on home improvement items, such as pest control plug-ins.

Terms: For members who are under case management for Asthma or COPD. One time per year.*

\$20 rewards card: For indoor air quality items such as fans, air filters, or humidifiers.

Terms: For members in our disease management program for Asthma & COPD. One per year.*

Did you know...

This idea came from members just like you. We get great ideas from people in our communities. That's why we're inviting you to join our Member Advisory Council. To register, call **1-877-597-7799** and ask to be transferred to a Member Advocate in your area.

*Each state fiscal year, 9/1-8/31.

For more detailed information or to request a service, visit uhccommunityplan.com or call Member Services at **1-877-597-7799**, TTY **711**, 8 a.m.-5 p.m., Monday-Friday

Help for members with intellectual or developmental disabilities (IDD)

Period Underwear: 3 pairs of washable period underwear.

Terms: For members with Intellectual or Developmental Disability diagnosis. Limited to one set per year.*

Name bands: A pack of 10 throw-away name bands.

Terms: One 10 pack per year.* Members ages 0-20.

Focused learning kit: For Members with a learning disability. Includes items for focus during homework or learning.

Terms: One per year.*

Hyper-sensory gift card: \$75 gift certificate for Members with sensory processing disorder.

Terms: Service coordinator checks need. One per year.* Excludes members in MDCP or other State waivers.

Wheelchair bag: Personal tote bag for wheelchair.

Terms: Member must use their wheelchair as their main way of getting around for everyday activities. One per year.*

Disease management

Text Reminders for medication: Access to the Optum Member Portal. Schedule text reminders for your meds online.

Terms: Need a tablet, computer, or smartphone.

Vaping programs: Members who vape can get help to stop. Education and support are available through an online program.

Terms: Members who vape need a tablet, computer, or smartphone.

*Each state fiscal year, 9/1-8/31.

Extra help for pregnant members

Prenatal pregnant Mom support: Members can use myuh.com or app to get info and tools to learn about their pregnancy. May earn rewards for doctor visits.

- \$25 for going to a prenatal visit

Postpartum pregnant Mom support: Members can use myuh.com or app to get info and tools to learn about their postpartum care. May earn rewards for doctor visits.

- \$25 for going to a postpartum visit

Wellhop: Wellhop for Mom & Baby helps moms-to-be with similar due dates. They can chat online, learn new things, and support each other from pregnancy to early motherhood.

Terms: Pregnant members can enroll in Wellhop at no additional cost.



Did you know...

The Health and Human Services Commission (HHSC) offers resources and assistance for mothers who choose to breastfeed. For more information, please scan the QR code or visit texaswic.org/breastfeeding.

Behavioral health resources

Exercise Program: Members can get weight loss and exercise tips, and resources. It's available online at myuhc.com.

Terms: Need a computer, tablet, or smartphone.

Mental health journal: 1 mental health journal per year. Includes a list of resources related to mental health where members can write down and work on their feelings using writing ideas.

Terms: One mental health journal per year.*

Online behavioral health resources

Calm Health app: 24/7 help for stress and well-being on an online tool where you can learn at your own speed.

Terms: Eligible Members need a mobile device, tablet, or computer to access the program.



Live and Work Well: Live and Work Well has news, videos, legal resources, and you can find doctors and other care. For more information, please scan the QR code or visit liveandworkwell.com.

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Respite

PPECC Respite Services: STAR Kids Members with PPECC or PDN services can get 8 hours of care in the facility.

Terms: Must use in-network provider. Limited to eight (8) hours per calendar year.
Hours are in addition to approved PPECC/PDN services. This applies to regular business hours.

Vision and transportation

Eyewear & contact lens extra benefits: Get \$105 every 24 months. For frames, lenses or contacts not covered by Medicaid.

Terms: Must use an in-network provider. Spare pairs are not covered.

Transportation for services that impact health: Get 4 round-trip rides for non-Medicaid health needs. Like grocery, housing or utility visits. Ages 0-17 ride with an adult. Book with SafeRide at **1-888-462-6050** at least 2 days before the appointment to schedule transportation.

Terms: Must use designated in-network provider, SafeRide. Additional children may be approved for rides to Medicaid approved providers.

Tips for when you call to schedule a ride

- UnitedHealthcare member ID
- Provider's name
- Provider's address
- Provider's phone number
- Appointment time

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