New member materials
How we share and protect your health information

Sharing with your providers

We automatically share your health information with your network providers so they can work together on your care. This helps them coordinate your treatment, make faster treatment decisions and improve your overall health experience.

We keep your health information safe with strong privacy and security protections. Only providers who have treated you and are part of our network can view your information.

And you're always in control — if you don't want to share your information, you can opt out at any time. And if you change your mind later, you can opt back in. Even if you choose to opt out, your provider may still access some information as allowed by law to make sure you get the right care.

Sharing with other health plans

To help support your care, you can choose to share details about your past health plan with us. This lets us ask for your records from that plan. And, if you have more than one health plan now or change plans later, you can also allow us to share your health information with those plans. This helps keep your medical records complete and together in one place. It also helps with transitions in care and gives your health plans the information they need to best support you.

Your health information isn't shared automatically — you must give us permission to do so. You can change your mind at any time to start or stop sharing your health information. We'll only share your information with health plans you're enrolled in, and we'll be using privacy and security protections.

How to manage your sharing preferences

You can start or stop sharing your health information with your providers and other health plans whenever you like. To update your preferences, go to **https://member.uhc.com/communityplan**:

1. Sign in to your account.
2. In the My personal support network section at the bottom left of the page, select Manage access.
3. Under data sharing, choose who you want to share your health information with.

Or call us toll-free at **1-877-542-8997,** TTY **711,** 8 a.m.–5 p.m., Monday–Friday, or call the number on your member ID card for help with updating your preferences.