



Collaborating to create a better health care experience

Together, NexusACO® from UnitedHealthcare and Vanderbilt Health Affiliated Network (VHAN) are working to provide access to quality health care, promote better health and lower costs. NexusACO supports overall employee health and helps reduce costs through efficient and effective care delivery.

How the plan works

Employees and their covered family members choose a primary care physician (PCP) from VHAN to help manage their health care needs. This PCP works with the employee's care management team to engage and support them throughout the continuum of care, from preventive care to managing a chronic condition to developing a personalized care plan.

A strategic collaboration

To better serve employees and their families, we're:

- ✓ Aligning with **trusted community providers** on cost and quality goals
- ✓ Providing focused outreach to **engage employees** in their health
- ✓ Identifying **at-risk individuals** to offer additional support and resources

Vanderbilt Health Affiliated Network

VHAN is a physician-led alliance of health care professionals driving a new level of clinical innovation and teamwork to help communities in Tennessee and surrounding states:



Enhance patient care



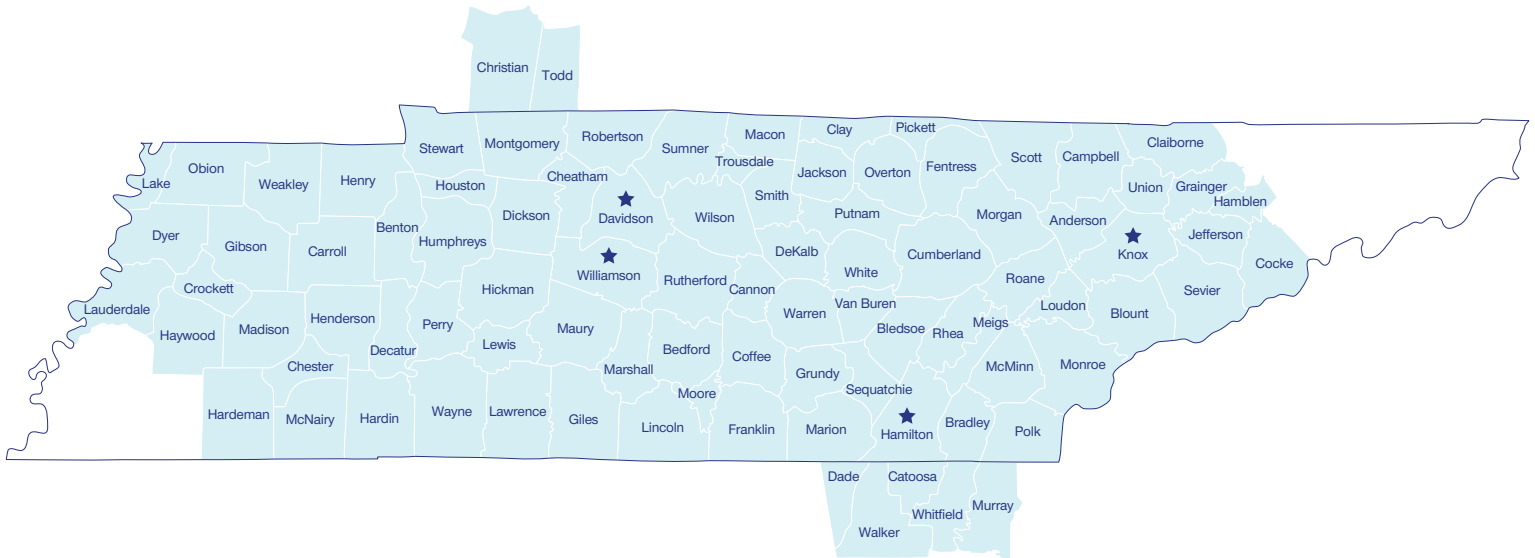
Contain costs



Improve health

Quality care close to home

Vanderbilt Health Affiliated Network includes more than 6,000 providers, 70 hospitals, 13 health systems, and hundreds of physician practices and clinics.¹



Highlighted VHAN health centers

Although Tier 1 hospitals are found throughout the VHAN service area, starred health systems are the only Tier 1 hospitals in Davidson, Williamson, Hamilton and Knox counties. In these 4 counties, all other hospitals are Tier 2.

- ★ Vanderbilt Health
- ★ Williamson Medical Center
 - West Tennessee Healthcare
 - Jennie Stuart Health
 - NorthCrest Medical Center
- ★ University of Tennessee Medical Center
- ★ Erlanger Health System
 - Maury Regional Health
 - Sumner Regional Medical Center
 - Cookeville Regional Medical Center

Coverage includes:

- Ambulatory patient services
- Chronic condition management
- Doctor office visits
- Emergency services
- Habilitative and rehabilitative services and devices
- Mental health and substance disorder services
- Pregnancy and newborn care
- Prescriptions
- Preventive care, lab and wellness services

Vanderbilt Health Affiliated Network

NexusACO and VHAN: Good for your employees. Good for your bottom line.

Learn more

Contact your UnitedHealthcare representative or visit uhcprovider.com/en/health-plans-by-state/tennessee-health-plans/tn-commercial-plans.html

**United
Healthcare**

The region's preferred value-based network

VHAN delivers innovative solutions and strategic advantages that include:

- Pediatric behavioral health experts to consult with practices
- A low back pain care path
- Quality performance that consistently exceeds national benchmarks²
- **20,000** fewer unnecessary hospitalizations and **17,000** fewer unnecessary tests or procedures over the last 4 years²

¹ Vanderbilt Health Affiliated Network, January 2020.

² Vanderbilt Health Affiliated Network, 2015–2019.

This plan has exclusions, limitations and reduction of benefits. Talk to your UnitedHealthcare representative for more information.

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