

## Primary Care Physician Checklist for Adults (18 and Over)

### To Be Completed By Primary Care Physician

**IMPORTANT:** In order to retain Advantage-level benefits in the UnitedHealthcare Pledge Plan<sup>SM</sup>, a HEALTHpact plan, this form must be completed by your Primary Care Physician (PCP) for each adult (age 18 and over at the time of enrollment) member and mailed by the member to:

UnitedHealthcare  
475 Kilvert St.  
Warwick, RI 02886

**Mail no later than 240 days (eight months) after enrollment.** If we do not receive these forms for all adult family members within **240 days** of enrollment, the entire family shall receive Basic-level benefits in Year 2.

Member Name: \_\_\_\_\_

Address: \_\_\_\_\_

Member ID Number: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Date of Examination: \_\_\_\_\_

### Body Mass Index

1. Body Mass Index (BMI) calculation

a. Weight: \_\_\_\_\_

b. Height: \_\_\_\_\_

c. BMI: \_\_\_\_\_

2. The member's BMI is above his/her recommended BMI level: Yes  No

3. If the member's BMI is above the recommended level, has the physician discussed a weight loss program or goal with the member? Yes  No  (leave blank if member's BMI is not above recommended level).

4. Briefly describe the program or goal: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

5. Additional comments: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### Smoking

1. Is the member a smoker (has he or she smoked at all within the last 6 months): Yes  No

2. If the member is a smoker, has the physician discussed a smoking cessation program or goal with the member? Yes  No  (leave blank if member is not a smoker).

3. Briefly describe the program or goal: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

4. Additional comments: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

### Physician Signature Required

The information supplied above is complete and accurate to the best of my knowledge.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician Name (printed): \_\_\_\_\_

### Member Signature Required

I have reviewed and discussed the information supplied above with my physician, and I agree to comply with his/her recommendations. I understand that submission of this PCP Checklist is required in order to continue in the Advantage level of benefits under my UnitedHealthcare Pledge Plan. I further understand that I am required to submit a Participation Commitment Form documenting my compliance with my physicians' recommendations.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**UnitedHealthcare Pledge Plan**  
**Dedicated Service Line**  
**1-800-573-0414**

