



When's the last time you checked on your flexible spending account?

Your flexible spending account (FSA) is a good way to help manage your health care costs. With it, you can save and use pretax dollars to pay for medical and dependent care expenses throughout your plan year.

Save on qualified expenses

You can use the money in your FSA to help pay for a range of medical and care expenses that may include:

- Dental and vision plan deductibles, coinsurance and copayments
- Dental services like exams, cleanings, fillings and X-rays
- Vision exams, contact lenses, eyeglasses and frames

Use it before it disappears

Check your balance at myuhc.com® so you know what's left to spend before the end of your plan year.



Check your balance at myuhc.com > **Manage Your Flexible Spending Account**