

4 quick-care options.

Do you know who to turn to when you need care?
See your primary care doctor whenever possible.

When seeing your doctor is not possible, it's important to know your other options.

Here are a few examples — and the average cost for each type of visit:

24/7 nurse line: \$0*

When to call: You want expert advice from a registered nurse.

For example: A nurse may help you choose where to get care, help you find a doctor or hospital or answer medication questions.

Urgent care center: \$190*

When to go: You need quick after-hours care — but it's not an emergency.

For example: Drop in for help with issues such as low-back pain, sprains, diarrhea and pneumonia.

Convenience care clinic: \$65*

When to go: You have a minor medical problem.

For example: Drop in for help with earaches, skin rashes, minor injuries and flu shots.

Emergency room: \$1,700*

When to go: You have a very serious or life-threatening medical condition.

For example: Call 911 or drop in for immediate needs, such as chest pain, shortness of breath and major burns.

This is a sample list of services and may not be all-inclusive.

Remember, when you use providers in your network, it may help keep your costs down.

Before you go. Compare your care options at uhc.com/checkchoosego.

Check
your options
for care.



Choose
your care
provider.



Go
for better
health.



*Source: Average allowed amounts charged by UnitedHealthcare Network Providers and not tied to a specific condition or treatment. Actual payments may vary depending upon benefit coverage. UnitedHealthcare 2015 Commercial Historical Claims data estimated \$1,500 difference between the average emergency room visit and the average urgent care visit. The information and estimates provided are for general informational and illustrative purposes only and are not intended to be nor should be construed as medical advice or a substitute for your doctor's care. You should consult with an appropriate health care professional to determine what may be right for you. In an emergency, call 911 or go to the nearest emergency room.

Check your official health plan documents to see what services and providers are covered by your health plan.

If you have a UnitedHealthcare SignatureValue® HMO plan, convenience care clinics are not in-network and you may be responsible for the cost of services provided. Please visit myuhc.com to search for contracted providers in your plan network.

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