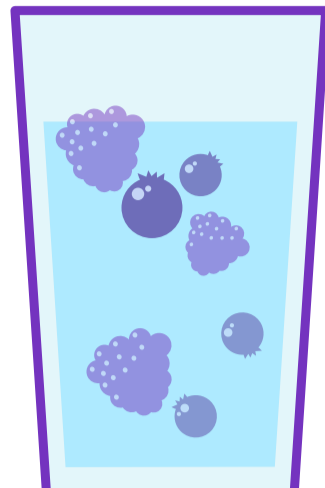


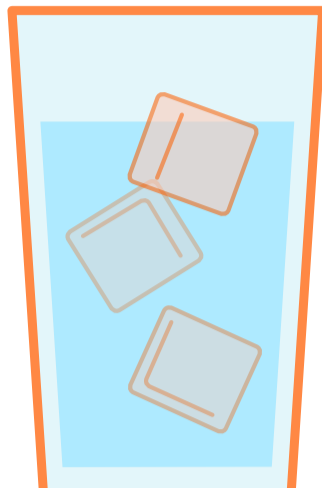
# Make a SPLASH!

Fun ways to flavor your water.

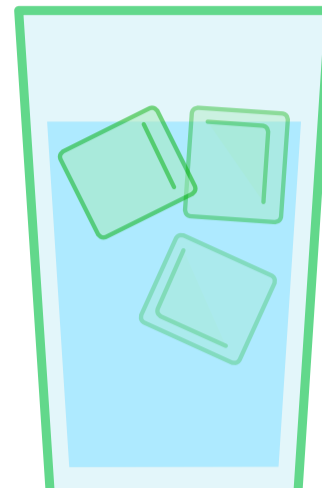
**Freeze your fruit.** Add frozen berries for flavor and color. Or freeze pureed fruit or 100 percent juice in ice cube trays.



Very Berry



Mango Delight



Marvelous Melon

**Squeeze in citrus.** Cut fruit into wedges or slices – or just splash the juice in.



Lemon Lover



Luscious Lime

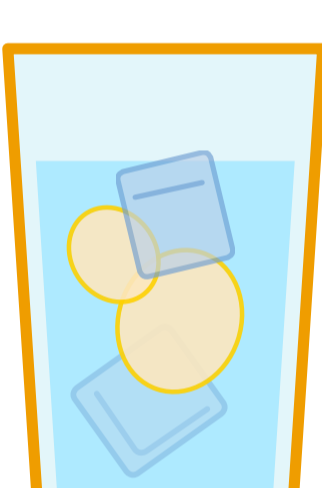


Orange Fusion

**Go herbal.** Add unique flavors with chopped or whole herbs and spices.



Minty Refresher



Juicy Ginger

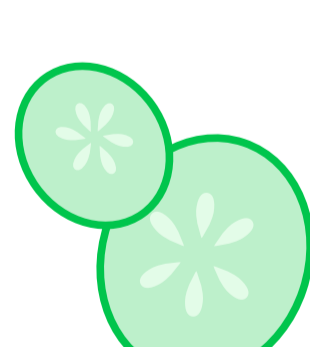


Basil Sipper

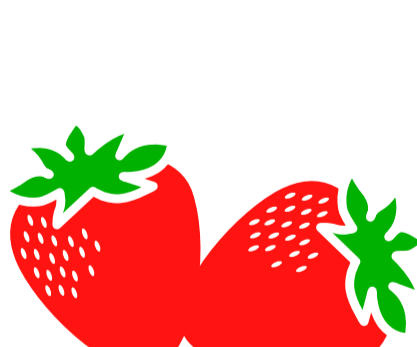
Fruit and vegetable peels may carry bacteria, so be sure to rinse produce thoroughly before slicing or serving.

**No recipe to follow!** Quantities of fruit and other flavorings can vary based on taste and what you have on hand.

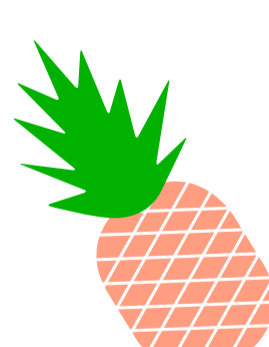
**Mix and match.** Whether it's a full pitcher or just a glass, get creative.



**Green Goodness**  
cucumber +  
rosemary



**Strawberry Sparkler**  
strawberry +  
basil +  
sparkling  
water



**Tropical Treat**  
pineapple +  
kiwi + mint

**Snooze and infuse.** Mix your fresh pickings with cold water – and refrigerate overnight for maximum flavor.



The information provided here is for general informational purposes only and is not intended to be nor should be construed as medical or other advice. You should consult your own doctor and/or an appropriate professional to determine what may be right for you.

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