Learn where to get your flu shot this year.

Roll up your sleeves: Get a flu shot

Every year:
MILLIONS of people get the flu.
HUNDREDS OF THOUSANDS are hospitalized with the flu.
THOUSANDS die from the flu.

Most everybody 6 months and older needs a flu shot every year.

A shot is especially important for:
- Kids younger than 5 years old
- Adults 65 and older
- Pregnant women
- People with chronic conditions, such as asthma
- People with weak immune systems
- People in nursing homes
- Health care workers

Fight the flu three ways:
- **Cover your nose and mouth** when you cough or sneeze.
- **Stay home** when you’re sick.
- **Wash** your hands often.

Source: Centers for Disease Control and Prevention

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