

# What's up, DOC?

Fast facts about primary care providers.

Choosing a doctor to partner with is one of the best things you can do for your well-being.



## YOUR DOCTOR CAN:

- ✓ Get to know you and your health history.
- ✓ Treat common and chronic conditions.
- ✓ Offer you care to protect your health, including checkups, screenings and immunizations.
- ✓ Coordinate your care — and refer you to specialists, if needed.

### HEALTH CARE



## SEEKING DR. RIGHT.

Selecting a doctor who is in your network may help you save money. To find a primary care provider, log in to your health plan's site. Or call the number on your health plan ID card.



## NOT ALL PRIMARY CARE PROVIDERS ARE DOCTORS.\*

In some cases, they may also be nurse practitioners or physician assistants.



## Primary care providers may specialize in:

- ▶ Family medicine
- ▶ General practice
- ▶ Geriatrics
- ▶ Internal medicine
- ▶ Obstetrics and gynecology
- ▶ Pediatrics



More than half of all doctor visits in America are for primary care.

\*Depending on your benefit plan, selection of a primary care physician may be required. Be sure to check your plan for specific coverage details.

Sources: Agency for Healthcare Research and Quality; American Academy of Family Physicians; National Library of Medicine

The information provided here is for general informational purposes only and not intended to be nor should be construed as medical or other advice. You should consult your own doctor and/or an appropriate professional to determine what may be right for you.

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