Diabetes Control Program

Control diabetes and you control your life.

The program that helps you take control of your health.

If you’re living with diabetes, a new program offers private, personal care to help with medications, nutrition, blood glucose monitoring and more. It’s the Diabetes Control Program, and it’s as convenient as a local pharmacy.

Here, specially trained pharmacists work with you one-on-one in a private setting to help you follow the treatment plan your doctor recommends. Costs are covered by your health plan services. Active steps today can help you avoid dangerous complications that can harm your health.

Participating pharmacies

- Albertsons®
- Cub Pharmacy®
- Kroger®
- PAVILIONS®
- Ralphs®
- Randalls®
- Rite Aid®
- Safeway®
- Shop ’n Save®
- Smith’s®
- VONS®
- Winn Dixie®

Leading national pharmacies provide convenient access to the Diabetes Control Program. All appointments are prescheduled at your convenience.

The Diabetes Control Program is not available at all store locations. Call 1-800-650-2885 to find participating pharmacy locations near you.
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Program goals
The program tracks and helps you improve blood glucose levels plus three other important key physical indicators. (cholesterol, blood pressure and body mass index) to help you control diabetes.

Pharmacy visits
Your pharmacist will help you review medications, height, weight, vision, nutrition, physical activity and more. Lab tests will be reviewed with your physician and establish a baseline for ongoing care.

No additional cost
For most people, the program is available at no additional cost as part of their employer provided health insurance plans.

Coordinated care
The program does not replace your doctor. Instead, it’s “doctor plus,” meaning that your pharmacist and doctor work together to improve your personal care.

Individual attention
Four times a year, you’ll meet 1-on-1 with specially trained pharmacists who have received advanced instruction in diabetes control.

Private setting
You’ll meet your pharmacist privately to review lab tests and make sure you’re doing everything you can to follow your treatment plan.

Prescheduled
Appointments are pre-scheduled at your convenience to avoid lines and make it easy to attend on regular intervals for consistent care. Each visit lasts one hour.

To determine your eligibility, enroll and find pharmacies near you, call our toll-free number 1-800-650-2885.

Improving four levels

- Blood glucose (A1c)
  Below 7.5%
- Cholesterol (LDL)
  Lower than 100
- Blood pressure (SBP)
  Lower than 130
- Body mass index (BMI)
  Lower than 25

According to the National Institutes of Health, every percentage point drop in a person’s A1c level correlates to a 40 percent decreased risk of developing complications from diabetes such as heart disease, kidney failure and blindness.¹