### Quick Care Options

<table>
<thead>
<tr>
<th>Source</th>
<th>Needs or Symptoms</th>
<th>Average Cost*</th>
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</thead>
</table>
| 24/7 Nurse Line | • Choosing where to get medical care  
• Finding a doctor or hospital | $0 |
| Virtual Visits | • Cold  
• Flu  
• Fever  
• Pink eye  
• Sinus problems | $40 |
| Convenience Care Clinic | • Skin rash  
• Flu shot  
• Minor injuries  
• Ear ache | $65 |
| Urgent Care Center | • Low back pain  
• Respiratory (cough, pneumonia, asthma)  
• Stomach (pain, vomiting, diarrhea)  
• Infections (skin, eye, ear/nose/throat, genital-urinary)  
• Minor injuries (burns, stitches, sprains, small fractures) | $190 |
| Emergency Room (ER) | • Chest pain  
• Shortness of breath  
• Severe asthma attack  
• Major burns  
• Severe injuries  
• Kidney stones | $1,700 |
| Freestanding ERs | | |

*Source: Average allowed amounts charged by UnitedHealthcare Network Providers and not tied to a specific condition or treatment. Actual payments may vary depending upon benefit coverage. (Estimated $1,500.00 difference between the average emergency room visit and the average urgent care visit.) The information and estimates provided are for general informational and illustrative purposes only and is not intended to be nor should be construed as medical advice or a substitute for your doctor’s care. You should consult with an appropriate health care professional to determine what may be right for you. In an emergency, call 911 or go to the nearest emergency room.

Virtual Visits are not an insurance product, health care provider or a health plan. Unless otherwise required, benefits are available only when services are delivered through a Designated Virtual Network Provider. Virtual Visits and Urgent Care visits are not intended to address emergency or left-threatening medical conditions and should not be used in those circumstance. Services may not be available at all times or in all locations. Check your official health plan documents to see what services and providers are covered by your health plan.

Check. Choose. Go.