### Methods of Paying Physicians

The example shows how Dr. Jones, an obstetrician gynecologist, would be compensated under each method of payment.

<table>
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<tr>
<th>Method</th>
<th>Example</th>
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| **Salary**            | A physician is an employee of the HMO and is paid compensation (monetary wages) for providing specific health care services.  
Example  
Since Dr. Jones is an employee of an HMO, she receives her usual bi-weekly salary regardless of how many patients she sees or the number of services she provides. During the months of providing prenatal care to Mrs. Smith, who is a member of the HMO, Dr. Jones' salary is unchanged. Although Mrs. Smith’s baby is delivered by Cesarean section, a more complicated procedure than a vaginal delivery, the method of delivery will not have any effect upon Dr. Jones’ salary. |
| **Capitation**        | A physician (or group of physicians) is paid a fixed amount of money per month by an HMO for each patient who chooses the physician(s) to be his or her doctor. Payment is fixed without regard to the volume of services an individual patient requires.  
Example  
Under this type of contractual arrangement, Dr. Jones participates in an HMO network. She is not employed by the HMO. Her contract with the HMO stipulates that she is paid a certain amount each month for patients who select her as their doctor. Since Mrs. Smith is a member of the HMO, Dr. Jones’ monthly payment does not change as a result of her providing ongoing care to Mrs. Smith. The capitation amount paid to Dr. Jones is the same whether or not Mrs. Smith requires obstetric services. |
| **Fee-for-service**   | A physician charges a fee for each patient visit, medical procedure or medical service provided. An HMO pays the entire fee for physicians it has under contract and an insurer pays all or part of that fee, depending on the type of coverage. The patient is expected to pay the remainder.  
Example  
Dr. Jones’ contract with the insurer or HMO states that Dr. Jones will be paid a fee for each patient visit and service she provides. The amount of payment Dr. Jones receives will depend upon the number, types and complexity of services, and the time she spends providing services to Mrs. Smith. Because Cesarean deliveries are more complicated than vaginal deliveries, Dr. Jones is paid more to deliver Mrs. Smith’s baby than she would be paid for a vaginal delivery. Mrs. Smith may be responsible for paying some portion of Dr. Jones’ bill. |
| **Discounted Fee-for-service** | Payment is less than the rate usually received by the physician for each patient visit, medical procedure or service. This arrangement is the result of an agreement between the payer, who gets lower costs, and the physician, who usually gets an increased volume of patients.  
Example  
Like fee-for-service, this type of contractual arrangement involves the insurer or HMO paying Dr. Jones for each patient visit and each delivery; but under this arrangement, the rate, agreed upon in advance, is less than Dr. Jones’ usual fee. Dr. Jones expects that in exchange for agreeing to accept a reduced rate, she will serve a certain number of patients. For each procedure she performs, Dr. Jones will be paid a discounted rate by the insurer or HMO. |
**Bonus**

A physician is paid an additional amount over what he or she is paid under salary, capitation, fee-for-service or other type of payment arrangement. Bonuses may be based on many factors, including member satisfaction, quality of care, control of costs and use of services.

*Example*

An HMO rewards its physician staff or contracted physicians who have demonstrated higher-than-average quality and productivity. Because Dr. Jones has delivered so many babies and she has been rated highly by her patients and fellow physicians, Dr. Jones will receive a monetary award in addition to her usual payment.

**Case Rate**

The HMO or insurer and the physician agree in advance that payment will cover a combination of services provided by both the physician and hospital for an episode of care.

*Example*

This type of arrangement stipulates how much an insurer or HMO will pay for a patient’s obstetric services. All office visits for prenatal and postnatal care, plus the delivery and hospital-related charges, are covered by one fee. Dr. Jones, the hospital and other providers (such as an anesthesiologist) will divide payment from the insurer or HMO for the care provided to Mrs. Smith.

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**MD-Individual Practice Association, Inc. (M.D. IPA)** compensated 10% of its participating physicians through capitation and 90% through discounted fee-for-service. In calendar year 2018, M.D. IPA did not include a bonus in its compensation method.

**Optimum Choice, Inc. (OCI)** compensated 10% of its participating physicians through capitation and 90% through discounted fee-for-service. In calendar year 2018, OCI did not include a bonus in its compensation method.

**MAMSI Life and Health Insurance Company (MLH)** compensated 100% of its participating physicians through discounted fee-for-service. In calendar year 2018, MLH did not include a bonus in its compensation method.

**UnitedHealthcare of the Mid-Atlantic, Inc. and UnitedHealthcare Insurance Company** compensated 100% of its participating physicians through a discounted fee-for-service. In calendar year 2018, UnitedHealthcare of the Mid-Atlantic, Inc. and UnitedHealthcare Insurance Company did not include a bonus in the compensation method.

**UnitedHealthcare dental** compensated 100% of its participating dental providers through discounted fee-for-service.

**UnitedHealthcare vision** compensated 100% of its participating vision providers through a fee-for-service schedule.
**Premium Dollar Distribution Disclosure — 2018**

**Optimum Choice, Inc.**

- Direct Medical Care Expenses 72%
- Plan Administration 19%
- Other Use* 9%

**Note:** This means that in calendar year 2018, for every $100.00 collected in premium, $72.09 went to direct medical care expenses, $18.78 went to plan administration and $9.13 went to other use*.

**UnitedHealthcare of the Mid-Atlantic, Inc.**

- Direct Medical Care Expenses 77%
- Plan Administration 15%
- Other Use* 8%

**Note:** This means that in calendar year 2018, for every $100.00 collected in premium, $77.33 went to direct medical care expenses, $14.73 went to plan administration, and $7.94 went to other use*.

**MD-Individual Practice Association, Inc.**

- Direct Medical Care Expenses 77%
- Plan Administration 18%
- Other Use* 5%

**Note:** This means that in calendar year 2018, MDIPA did not write any business in MD in 2018. Any financial activity is retroactivity related to prior years.

**UnitedHealthcare Insurance Company**

- Direct Medical Care Expenses 80%
- Plan Administration 12%
- Other Use* 8%

**Note:** This means that in calendar year 2018, for every $100.00 collected in premium, $79.91 went to direct medical care expenses, $12.12 went to plan administration, and $7.97 went to other use*.

**MAMSI Life and Health Insurance Company**

- Direct Medical Care Expenses 74%
- Plan Administration 18%
- Other Use* 8%

**Note:** This means that in calendar year 2018, for every $100.00 collected in premium, $74.02 went to direct medical care expenses, $17.87 went to plan administration and $8.11 went to other use*.

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*Other items represent any remaining expenses that are categorized outside the hospital/medical benefits and general administrative expenses per the Statement of Revenue and Expenses. The examples of such items include investment income, capital gains (losses), miscellaneous expenses (fines & penalties, if any) and federal income tax, etc.

UnitedHealthcare vision coverage provided by or through UnitedHealthcare Insurance Company, located in Hartford, Connecticut or its affiliates. Administrative services provided by Spectera, Inc., United HealthCare Services, Inc. or their affiliates. Benefits for the UnitedHealthcare dental DHMO plans are provided by Dental Benefit Providers of Illinois, Inc. The Select DHMO plan is underwritten by Dominion Dental Services, Inc. Dominion is licensed as a Limited Health Care Services HMO in Virginia, Pennsylvania and a Dental Plan Organization in Maryland and Delaware. This policy has exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete details of the coverage, contact either your broker or UnitedHealthcare Insurance Company.

UnitedHealthcare dental coverage underwritten by UnitedHealthcare Insurance Company, located in Hartford, Connecticut or its affiliates. Administrative services provided by Dental Benefit Providers, Inc., United HealthCare Services, Inc. or their affiliates. Benefits for the UnitedHealthcare dental DHMO plans are provided by Dental Benefit Providers of Illinois, Inc. The Select DHMO plan is underwritten by Dominion Dental Services, Inc. Dominion is licensed as a Limited Health Care Services HMO in Virginia, Pennsylvania and a Dental Plan Organization in Maryland and Delaware. This policy has exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete details of the coverage, contact either your broker or the company.

Insurance coverage provided by or through UnitedHealthcare Insurance Company, MAMSI Life and Health Insurance Company or their affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates. Health Plan coverage provided by or through UnitedHealthcare of the Mid-Atlantic, Inc. and MD-Individual Practice Association, Inc. (MDIPA), and Optimum Choice, Inc.

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