



New Mexico
Large Group Commercial 2026

Prior authorization requirements for members

Network

Network providers are responsible for obtaining prior authorization for Network services.

Out-of-network

Out-of-Network Providers are not responsible for prior authorization and, therefore, members are required to contact us before receiving the indicated services from out-of-network providers. In most circumstances, out-of-network benefits are not available for UnitedHealthcare of New Mexico HMO Plans.



Members are required to obtain prior authorization from us before receiving the services specified below from Out-of-Network Providers. If a member chooses to receive a service that has been determined not to be a Medically Necessary Covered Health Care Service, the member will be responsible for paying all charges and no Benefits will be paid.

Service	Specific Services requiring authorization
Ambulance Services	Non-emergent air/ground
Cellular Therapy, Gene Therapy, and other Genetic/Molecular Therapies	All
Clinical Trials	All
Congenital Heart Disease (CHD)	Surgery
Dental Services - Hospital and General Anesthesia	All
Diabetes Services	DME for the management and treatment of diabetes that costs more than \$1,000
DME, Orthotics and Supplies	DME or orthotic that costs more than \$1,000
Fertility Preservation for Iatrogenic Infertility	All
Gender Dysphoria	Surgery
Habilitative Services	Inpatient admit
Home Health Care	All
Hospice	Inpatient admit
Hospital Inpatient	All admits

Service	Specific Services requiring authorization
Lab, X-Ray and Diagnostics - Outpatient	Genetic Testing, sleep studies, stress echocardiography and transthoracic echocardiogram
Major Diagnostic and Imaging - Outpatient	CT, PET scans, MRI, MRA and nuclear medicine, including nuclear cardiology
Mental Health Care and Substance-Related and Addictive Disorders Services Inpatient and Outpatient**	Inpatient admit including Residential Treatment Facilities Outpatient services that require prior authorization: Partial Hospitalization/Day Treatment/High Intensity Outpatient; Intensive Outpatient Programs; Intensive Behavioral Therapy, including Applied Behavior Analysis (ABA); psychological testing and transcranial magnetic stimulation
Pregnancy - Maternity Services	If exceeds mandated length of stay
Preimplantation Genetic Testing (PGT) and Related Services	All
Prosthetic Devices	Greater than \$1,000
Reconstructive Procedures	All
Skilled Nursing Facility/Inpatient Rehabilitation Facility Services	All
Surgery - Outpatient	Cardiac catheterization, pacemaker insertion, implantable cardioverter defibrillators, diagnostic catheterization, electrophysiology implant, and sleep apnea surgery
Temporomandibular Joint (TMJ) Services and Craniomandibular Disorder Services	Inpatient
Therapeutic Treatments - Outpatient	Dialysis, intensity modulated radiation therapy and MR-guided focused ultrasound
Transplantation Services	All

Contact your UnitedHealthcare representative for more information

