The health reform law (Affordable Care Act) requires most health plans to pay for birth control (contraceptives and sterilization) for women at no cost to you. Some organizations can choose not to cover birth control (contraceptives) as part of their group health plan for religious reasons. If you are a member of one of these groups (Eligible Organizations), UnitedHealthcare is required to cover certain birth control products and services at no cost to you.

You can use your Contraceptive Services Only ID card to get the birth control services, products and drugs on this list for $0 cost-share if they are:

- Prescribed by a health care professional such as your doctor.
- For services performed by a network health care professional.
- For products and drugs filled at a network pharmacy.

**Medical Birth Control**

These medical birth control services will be covered at no cost to you when prescribed and performed by a network health care professional. However, birth control products or drugs used as part of these services may be billed at full cost, unless they appear on this list.

**Medical Birth Control**

**Contraceptive counseling**
To start, keep or stop the use of birth control services, products and drugs.

**Place, fit, inspect or remove diaphragms and cervical caps**
Products must be on page 4 to be no cost.

**Place, fit, inspect or remove IUDs (intrauterine devices)**
Mirena®, Skyla™ and Paragard® (copper) IUDs are covered at no cost. Doctors who do not stock the Mirena® and Skyla™ levonorgestrel-releasing intrauterine systems may obtain them through CVS Caremark Specialty Pharmacy at 1-800-237-2767 or Fax 1-800-323-2445. Members cannot be reimbursed for IUDs purchased from a pharmacy.

**Place, fit, inspect or remove drug implants**
Nexplanon is covered at no cost. This flexible rod is implanted under the skin, and can provide birth control for up to 3 years.

**Injections (shots) of 3-month contraceptives**
Medroxyprogesterone (generic Depo-Provera) is covered at no cost.

**Getting sterilized and anesthesia**
(including cutting or blocking the Fallopian tubes or oviducts, i.e. getting your tubes tied)

**Surgical sterilization** (getting your tubes tied)4

**Implantable devices** (Essure is covered at no cost, and can be used to block the Fallopian tubes.) Facility fees (office or hospital fees), anesthesia, pathology (lab fees), and doctor fees are covered under the preventive benefit. Does not include pre- or post-operative exam.
## Over-the-Counter Birth Control (Contraceptives) for Women

The following forms of birth control (contraceptives) are available over-the-counter (OTC) and will be covered at $0 cost-share when prescribed by a health care professional and filled at a network pharmacy. Male forms of birth control (contraception) are not currently considered Preventive Care Medications under the Affordable Care Act.

### Contraceptive films
- Contraceptive foams
- Contraceptive gels
- Contraceptive sponges
- Emergency birth control (contraceptives) (generic for Plan B, generic for Plan B One-Step)

### Contraceptive foams
- Contraceptive gels
- Contraceptive sponges
- Emergency birth control (contraceptives) (generic for Plan B, generic for Plan B One-Step)

### Prescription Hormonal Birth Control (Contraceptives)

#### Brand Hormonal Birth Control (Contraceptives)
- Balcoltra
- Beyaz
- Depo-Provera 104mg
- Generess FE
- Lo Loestrin FE
- Minasin 24 FE
- Natazia
- NuvaRing
- Ortho Tri-Cyclen Lo
- Quartette
- Safyral
- Taytulla
- Yasmin

#### Generic Hormonal Birth Control (Contraceptives)
- Altavera, Chateal, Chateal EQ, Kurvelo, Levonorgestrel/Ethinyl Estradiol 0.15/0.03 mg, Levora-28, Lilow, Marlissa, Portia-28 (generic Nortette)
- Alyacen 1/35, Cyciafem 1/35, Dasetta 1/35, Nortrel 1/35, Pirmella 1/35 (generic Ortho-Novum 1/35)
- Alyacen 7/7/7, Cyciafem 7/7/7, Dasetta 7/7/7, Necon 7/7/7, Nortrel 7/7/7, Pirmella 7/7/7 (generic Ortho-Novum 7/7/7)
- Amethia, Ashlyna, Camrese, Daysee, Levonorgestrel/Ethinyl Estradiol 0.15/0.03 mg (generic Seasonique)
- Amethia Lo, Camrese Lo, Levonorgestrel/Ethinyl Estradiol 0.1/0.02 mg (84) (generic LoSeasonique)
- Amethyst, Levonorgestrel/Ethinyl Estradiol 0.09/0.02 mg (generic Lybrel)
- Apr, Cyred, Cyred EQ, Desogestrel/Ethinyl Estradiol 0.15/0.03 mg, Emoquett, Enskyce, Isibloom, Juleber, Reclipsen, Solia (generic Desogen, Ortho-Cept)
- Aranelle, Leena (generic Tri-Norinyl)
- Aubra, Aubra EQ, Aviane, Delyla, Falmina, Larissia, Lessina, Levonorgestrel/Ethinyl Estradiol 0.1/0.02 mg, Lutera, Orslyth, Sronyx, Vienna (generic Alesse)
- Azurette, Bekyree, Desogesterol/Ethinyl Estradiol 0.15/0.02 mg, Kariva, Kimidess, Pimtrex, Viorele (generic Mircette)
- Balziva, Briellyn, Gildagia, Philith, Vyferla, Zenchent (generic高职con-35)
- Blisovi FE, Hailey 24 FE, Junel 24 FE, Larin 24 FE, Lomedia 24 FE, Norethindrone/Ethinyl Estradiol 24 FE 1/0.02 mg, Tarina 24 FE (generic Loestrin 24 FE)
- Blisovi FE, Gildess FE, Junel FE, Larin FE, Microgestin FE, Norethindrone/Ethinyl Estradiol FE 1/0.02 mg, Tarina FE (generic Loestrin FE)
- Camila, Deblitane, Errin, Heather, Incassia, Jencycla, Jolivette, Lyza, Nora-BE, Norethindrone 35 mcg, Norlyda, Norlyroc, Sharobel, Tulana (generic Micronor, Nor-Q-D)
- Caziant, Cesia, Velivet (generic Cyclessa)
- Cysselle-28, Elinest, Low-Ogestrel (generic Lo/Ovral)
- Drosponine/Ethinyl Estradiol/Levomefolate 3-0.02-0.451 mg, Ranjani (generic Beyaz)

CONTINUED
### Generic Hormonal Birth Control (Contraceptives)  
*continued.....*

<table>
<thead>
<tr>
<th>Dose</th>
<th>Product Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>Drospirenone/Ethinyl Estradiol/Levomefolate 3-0.03-0.451 mg</td>
<td>Tydemy (generic Safyral)&lt;sup&gt;a&lt;/sup&gt;</td>
</tr>
<tr>
<td>Enpresse-28, Levonest, Levonorgestrel/Ethinyl Estradiol 6-5-10</td>
<td>Myzlira, Trivora-28 (generic Triphasil)</td>
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<tr>
<td>Estarylla, Femynor, Mili, Mono-Linyah, MonoNessa, Norgestimate/Ethinyl Estradiol 0.25/0.035 mg</td>
<td>Previfem, Sprintec-28, Vylibra (generic Ortho-Cyclen)</td>
</tr>
<tr>
<td>Ethynodiol Diacetate/Ethinyl Estradiol 1/0.035 mg, Kelnor 1/35, Zovia-1/35E</td>
<td>(generic Demulen 1/35)</td>
</tr>
<tr>
<td>Ethynodiol Diacetate/Ethinyl Estradiol 1/0.05 mg, Kelnor 1/50</td>
<td>(generic Demulen 1/50)</td>
</tr>
<tr>
<td>Fayosim, Levonorgestrel/Ethynyl Estradiol, Rivelsa</td>
<td>(generic Quartette)&lt;sup&gt;a&lt;/sup&gt;</td>
</tr>
<tr>
<td>Introvale, Jolessa, Levonorgestrel/Ethynyl Estradiol 0.15/0.03 mg, Quasense, Setlakin</td>
<td>(generic Seasonale)</td>
</tr>
<tr>
<td>Junel, Larin, Microgestin, Norethindrone/Ethynyl Estradiol 1/0.02 mg</td>
<td>(generic Loestrin)</td>
</tr>
<tr>
<td>Kaitlib FE, Layolis FE Chew, Norethindrone/Ethynyl Estradiol 0.8/0.025 mg</td>
<td>(generic Generess FE)&lt;sup&gt;a&lt;/sup&gt;</td>
</tr>
<tr>
<td>Medroxyprogesterone Acetate 150 mg</td>
<td>(generic Depo-Provera 150mg)</td>
</tr>
<tr>
<td>Melodetta 24 FE, Mibelas 24 FE, Norethindrone/Ethynyl Estradiol FE 1/0.02 mg Chewable</td>
<td>(generic Minastrin 24 FE)&lt;sup&gt;a&lt;/sup&gt;</td>
</tr>
<tr>
<td>Necon 0.5/35, Nortrel 0.5/35, Wera 0.5/35</td>
<td>(generic Brevicon, Modicon)</td>
</tr>
<tr>
<td>Necon 1/50</td>
<td>(generic Norinyl 1/50)</td>
</tr>
<tr>
<td>Norethindrone/Ethynyl Estradiol FE 0.4/0.35 mg, Wymzya FE, Zenchent FE</td>
<td>(generic Femcon FE)</td>
</tr>
<tr>
<td>Norgestimate/Ethinyl Estradiol 0.18-0.215-0.25/0.035 mg, Tri-Estarylla, Tri Femynor, Tri-Linyah, Tri-Mili, Trinessa, Tri-Previfem, Tri-Sprintec, Tri-Vylibra</td>
<td>(generic Ortho Tri-Cyclen)</td>
</tr>
<tr>
<td>Norgestimate/Ethinyl Estradiol 0.18-0.215-0.25/0.025 mg, Tri-Lo-Estarylla, Tri-Lo-Marzia, Tri-Lo-Sprintec, Trinessa-Lo</td>
<td>(generic Ortho Tri-Cyclen Lo)</td>
</tr>
<tr>
<td>Tilia FE, Tri-Legest FE</td>
<td>(generic Estrostep FE)</td>
</tr>
<tr>
<td>Xulane</td>
<td>(generic Ortho Evra)</td>
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</tbody>
</table>

**KEY**
- Birth Control Pill (oral contraceptive)
- Birth Control Ring (contraceptive vaginal ring)
- Birth Control Shot (injectable contraceptive)
- Birth Control Patch (contraceptive transdermal patch)
Prescription Cervical Caps and Diaphragms for Birth Control (Contraceptives)5

<table>
<thead>
<tr>
<th><strong>Brand Cervical Caps</strong></th>
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<tbody>
<tr>
<td>Femcap</td>
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<table>
<thead>
<tr>
<th><strong>Brand Diaphragms</strong></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Caya</td>
<td></td>
</tr>
<tr>
<td>Omniflex</td>
<td></td>
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<tr>
<td>Wide-Seal</td>
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Prescription Emergency Birth Control (Contraceptives)5

<table>
<thead>
<tr>
<th><strong>Brand Emergency Birth Control (Contraceptives)</strong></th>
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</thead>
<tbody>
<tr>
<td>ella</td>
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</tr>
<tr>
<td>Plan B One-Step</td>
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</tr>
</tbody>
</table>

**Generic Emergency Birth Control (Contraceptives)**

Aftera, EContra EZ, EContra One Step, Fallback Solo, Levonorgestrel 1.5 mg, My Choice, My Way, New Day, Next Choice One Dose, Opcicon One-Step, Option 2, Preventeza, React, Take Action (generic Plan B One-Step)

1 Please note this list is subject to change.
2 Always refer to your Contraceptive Services Only Booklet to determine your coverage for contraceptives. Where differences are noted, the Contraceptive Services Only Booklet will govern. For example, your Contraceptive Services Only Booklet may only cover medical birth control, and not pharmacy birth control.
3 All branded medications are trademarks or registered trademarks of their respective owners.
4 When sterilization is performed during an inpatient admission (for example during maternity/delivery inpatient admission) the sterilization procedure itself will be covered under preventive benefits at no cost-share. However, the facility fees will not be covered under preventive benefits.
5 Additional products not listed on this document are covered at $0 if your pharmacy benefit plan is administered in Oregon or Washington. Sign in to myuhc.com and go to Pharmacy Information or call the number on your member ID card.
6 Prior Authorization is not required for covered contraceptives if your pharmacy benefit plan is administered in Maryland, Oregon, or Washington.
7 These products are only available for pharmacy benefit plans administered in Connecticut and prior authorization is required.
8 Prior authorization required.

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**ATENCIÓN:** Si habla español (Spanish), hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

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