



# New Mexico PPACA\* \$0 Cost-share Contraceptives<sup>1,2,3,4</sup>

Effective: May 1, 2022



# Birth control - Advantage and Essential Prescription Drug List (PDL)

## Over-the-counter birth control (contraceptives) for women

### Birth Control Contraceptives

The following forms of birth control (contraceptives) are available OTC and will be covered at \$0 cost share when prescribed by a health care professional and filled at a network pharmacy.

Contraceptive films	Contraceptive sponges
Contraceptive foams	Emergency birth control (contraceptives) (AfterPill, generic for Plan B, generic for Plan B One-Step)
Contraceptive gels	Female condoms
Contraceptive suppositories	Male condoms <sup>5</sup>

## Prescription birth control (contraceptives)

### KEY

**pill** = Hormonal Birth Control Pill (oral contraceptive)

**ring** = Hormonal Birth Control Ring (contraceptive vaginal ring)

**shot** = Hormonal Birth Control Shot (injectable contraceptive)

**patch** = Hormonal Birth Control Patch (contraceptive transdermal patch)

### Brand Birth Control (contraceptives)

**ring** NuvaRing

### Generic Birth Control (contraceptives)

<b>pill</b>	Afirmelle, Aubra, Aubra EQ, Aviane, Delyla, Falmina, Larissia, Lessina, Levonorgestrel/Ethinyl Estradiol 0.1/0.02 mg, Lutera, Orsythia, Sronyx, Tyblume, Vienva (generic Alesse)
<b>pill</b>	Altavera, Ayuna, Chateal, Chateal EQ, Kurvelo, Levonorgestrel/Ethinyl Estradiol 0.15/0.03 mg, Levora-28, Lillow, Marlissa, Portia-28 (generic Nordette)
<b>pill</b>	Alyacen 1/35, Cyclofem 1/35, Dasetta 1/35, Nortrel 1/35, Nylia 1/35, Pirmella 1/35 (generic Ortho-Novum 1/35)
<b>pill</b>	Alyacen 7/7/7, Cyclofem 7/7/7, Dasetta 7/7/7, Nortrel 7/7/7, Nylia 7/7/7, Pirmella 7/7/7 (generic Ortho-Novum 7/7/7)
<b>pill</b>	Apri, Cyred, Cyred EQ, Desogestrel/Ethinyl Estradiol 0.15/0.03 mg, Emoquette, Enskyce, Isibloom, Juleber, Kalliga, Reclipsen, Solia (generic Desogen, Ortho-Cept)
<b>pill</b>	Aranelle, Leena (generic Tri-Norinyl)
<b>pill</b>	Aurovela FE, Blisovi FE, Gildess FE, Hailey FE, Junel FE, Larin FE, Microgestin FE, Norethindrone/Ethinyl Estradiol/FE, Tarina FE (generic Loestrin FE)
<b>pill</b>	Camila, Deblitane, Errin, Heather, Incassia, Jencycla, Lyleq, Lyza, Nora-BE, Norethindrone 35 mcg, Norlyda, Norlyroc, Sharobel, Tulana (generic Micronor, Nor-Q-D)
<b>pill</b>	Caziant, Cesia, Velivet (generic Cyclessa)
<b>pill</b>	Cryselle-28, Elinest, Low-Ogestrel (generic Lo/Ovral)
<b>pill</b>	Enpresse-28, Levonest, Levonorgestrel/Ethinyl Estradiol 6-5-10, Trivora-28 (generic Triphasil)
<b>pill</b>	Estaylla, Femynor, Mili, Mono-Linyah, Norgestimate/Ethinyl Estradiol 0.25/0.035 mg, Nymyo, Previfem, Sprintec-28, Vylibra (generic Ortho-Cyclen)
<b>pill</b>	Ethinodiol Diacetate/Ethinyl Estradiol 1/0.035 mg, Kelnor 1/35, Zovia 1/35, Zovia 1/35E (generic Demulen 1/35)
<b>pill</b>	Ethinodiol Diacetate/Ethinyl Estradiol 1/0.05 mg, Kelnor 1/50 (generic Demulen 1/50)
<b>pill</b>	Iclevia, Introvale, Jolessa, Levonorgestrel/Ethinyl Estradiol 0.15/0.03 mg, Setlakin (generic Seasonale)
<b>shot</b>	Medroxyprogesterone Acetate 150 mg (generic Depo-Provera 150 mg)
<b>pill</b>	Necon 0.5/35, Nortrel 0.5/35, Wera 0.5/35 (generic Brevicon, Modicon)
<b>pill</b>	Necon 1/50 (generic Norinyl 1/50)
<b>pill</b>	Norgestimate/Ethinyl Estradiol 0.18-0.215-0.25/0.035 mg, Tri-Estaylla, Tri Femynor, Tri-Linyah, Tri-Mili, Tri-Nymyo, Tri-Previfem, Tri-Sprintec, Tri-Vylibra (generic Ortho Tri-Cyclen)
<b>patch</b>	Xulane, Zafemy (generic Ortho Evra)

## Prescription cervical caps and diaphragms for birth control (contraceptives)

### Brand Cervical Caps

Femcap

### Brand Diaphragms

Caya

Omniflex

Wide-Seal

## Prescription emergency birth control (contraceptives)

### Brand Emergency Birth Control (contraceptives)

AfterPill

ella

Plan B One-Step

### Generic Emergency Birth Control (contraceptives)

Aftera, EContra EZ, EContra One Step, Levonorgestrel 1.5 mg, My Choice, My Way, New Day, Opcicon One-Step, Option 2, React, Take Action (generic Plan B One-Step)

# Birth control - Access PDL

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### Birth Control Contraceptives

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<b>pill</b>	Altavera, Ayuna, Chateal, Chateal EQ, Kurvelo, Levonorgestrel/Ethinyl Estradiol 0.15/0.03 mg, Levora-28, Lillow, Marlissa, Portia-28 (generic Nordette)
<b>pill</b>	Alyacen 1/35, Cyclofem 1/35, Dasetta 1/35, Nortrel 1/35, Nylia 1/35, Pirmella 1/35 (generic Ortho-Novum 1/35)
<b>pill</b>	Alyacen 7/7/7, Cyclofem 7/7/7, Dasetta 7/7/7, Nortrel 7/7/7, Nylia 7/7/7, Pirmella 7/7/7 (generic Ortho-Novum 7/7/7)
<b>pill</b>	Amethia, Ashlyna, Camrese, Daysee, Jaimiess, Levonorgestrel/Ethinyl Estradiol 0.15/0.03 mg (84), Simpesse (generic Seasonique)
<b>pill</b>	Amethia Lo, Camrese Lo, Levonorgestrel/Ethinyl Estradiol 0.1/0.02 mg (84), LoJaimiess (generic LoSeasonique)
<b>pill</b>	Amethyst, Dolishale, Levonorgestrel/Ethinyl Estradiol 0.09/0.02 mg (generic Lybrel)
<b>pill</b>	Apri, Cyred, Cyred EQ, Desogestrel/Ethinyl Estradiol 0.15/0.03 mg, Emoquette, Enskyce, Isibloom, Juleber, Kalliga, Reclipsen, Solia (generic Desogen, Ortho-Cept)
<b>pill</b>	Aranelle, Leena (generic Tri-Norinyl)
<b>pill</b>	Aurovela, Hailey, Junel, Larin, Microgestin, Norethindrone/Ethinyl Estradiol (generic Loestrin)
<b>pill</b>	Aurovela 24 FE, Junel 24 FE, Larin 24 FE, Microgestin 24 FE, Tarina 24 FE (generic Loestrin 24 FE)
<b>pill</b>	Aurovela FE, Blisovi FE, Gildess FE, Hailey FE, Junel FE, Larin FE, Microgestin FE, Norethindrone/Ethinyl Estradiol FE, Tarina FE (generic Loestrin FE)
<b>pill</b>	Azurette, Bekyree, Desogestrel/Ethinyl Estradiol 0.15/0.02 mg, Kariva, Pimtrea, Simliya, Viorele, Volnea (generic Mircette)
<b>pill</b>	Balziva, Briellyn, Philith, Vyfemla (generic Ovcon-35)
<b>pill</b>	Camila, Deblitane, Errin, Heather, Incassia, Jencycla, Lyleq, Lyza, Nora-BE, Norethindrone 35 mcg, Norlyda, Norlyroc, Sharobel, Tulana (generic Micronor, Nor-Q-D)
<b>pill</b>	Caziant, Cesia, Velivet (generic Cyclessa)
<b>pill</b>	Cryselle-28, Elinest, Low-Ogestrel (generic Lo/Ovral)
<b>pill</b>	Drospirenone/Ethinyl Estradiol 3/0.02 mg, Gianvi, Jasmiel, Loryna, Lo-Zumandimine, Nikki, Vestura (generic Yaz)
<b>pill</b>	Drospirenone/Ethinyl Estradiol 3/0.03 mg, Ocella, Syeda, Zarah, Zumandimine (generic Yasmin)
<b>pill</b>	Enpresse-28, Levonest, Levonorgestrel/Ethinyl Estradiol 6-5-10, Trivora-28 (generic Triphasil)

## Generic Birth Control (contraceptives) continued...

<b>pill</b>	Estarylla, Femynor, Mili, Mono-Linyah, Norgestimate/Ethinyl Estradiol 0.25/0.035 mg, Nymyo, Previfem, Sprintec-28, Vylibra (generic Ortho-Cyclen)
<b>pill</b>	Ethinodiol Diacetate/Ethinyl Estradiol 1/0.035 mg, Kelnor 1/35, Zovia 1/35, Zovia 1/35E (generic Demulen 1/35)
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<b>shot</b>	Medroxyprogesterone Acetate 150 mg (generic Depo-Provera 150 mg)
<b>pill</b>	Necon 0.5/35, Nortrel 0.5/35, Wera 0.5/35 (generic Brevicon, Modicon)
<b>pill</b>	Necon 1/50 (generic Norinyl 1/50)
<b>pill</b>	Norethindrone/Ethinyl Estradiol FE 0.4/0.35 mg, Wymzya FE (generic Femcon FE)
<b>pill</b>	Norgestimate/Ethinyl Estradiol 0.18-0.215-0.25/0.035 mg, Tri-Estarylla, Tri Femynor, Tri-Linyah, Tri-Mili, Tri-Nymyo, Tri-Previfem, Tri-Sprintec, Tri-Vylibra (generic Ortho Tri-Cyclen)
<b>pill</b>	Norgestimate/Ethinyl Estradiol Lo 0.18-0.215-0.25/0.025 mg, Tri-Lo-Estarylla, Tri-Lo-Marzia, Tri-Lo-Mili, Tri-Lo-Sprintec, Tri-Vylibra Lo (generic Ortho Tri-Cyclen Lo)
<b>pill</b>	Tilia FE, Tri-Legest FE (generic Estrostep FE)
<b>patch</b>	Xulane, Zafemy (generic Ortho Evra)

## Prescription cervical caps and diaphragms for birth control (contraceptives)

### Brand Cervical Caps

Femcap

### Brand Diaphragms

Caya

Omniflex

Wide-Seal

## Prescription emergency birth control (contraceptives)

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AfterPill

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### Generic Emergency Birth Control (contraceptives)

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# Frequently asked questions

Under the health reform law, health plans must cover certain medications as recommended by the U.S. Preventive Services Task Force (USPSTF) A & B Recommendation and the Health Resources & Services Administration (HRSA) women's health guidelines, including FDA-approved prescription and over-the-counter (OTC) contraceptives for women<sup>7</sup> at 100% without charging a copayment, coinsurance or deductible when:

- Prescribed by a health care professional, and
- Age and/or condition appropriate, and
- Filled at a network pharmacy.

To comply with these regulations, UnitedHealthcare offers this list of \$0 cost-share Preventive Care Medications.

## Which preventive care medications are available at \$0 cost share?

Refer to the list in this document, sign in to [myuhc.com](https://myuhc.com), or call the toll-free member phone number on your member ID card for a list of medications covered at \$0 cost share.

Please note, in order to obtain coverage at no cost for preventive care medications and products (including over-the-counter) you will need a prescription from your health care professional.

Your **medical benefit** will also cover other forms of birth control such as IUDs, implants and surgical sterilization (having your tubes tied).

## What if my plan has a religious or moral exemption for covering contraceptives?

Some plans may not have coverage for contraceptives if your employer or plan sponsor elects a religious or moral exemption under applicable law. However, you will still have coverage at \$0 cost share of the U.S. Preventive Services Task Force A & B Recommendation medications listed on the Preventive Care Medications list, such as aspirin, tobacco cessation and breast cancer preventive medications.

## Will this drug list change?

Drug lists can and do change, so it's always good to check. You can find updated information by:

- Signing in to [myuhc.com](https://myuhc.com), and going to Pharmacy Information
- Calling the toll-free member phone number on your member ID card

## What if I have a high-deductible or consumer-driven health (CDH) plan?

The same no-cost options on the list applicable to your plan will be available to you if you are in one of these plans. If you fill a prescription for covered products not on your plan's no-cost drug list, you will need to pay the full cost, until your pharmacy plan deductible is reached.

## Are the no-cost Preventive Care Medications available at both retail and mail pharmacies?

Preventive Care Medications are available at both network retail pharmacies and the mail-order pharmacy for plans with a mail-order benefit.

## What if the health care reform law requirements for preventive care medication coverage change?

If the law requiring plans to provide preventive care medications at no additional cost changes, information on how your costs may be impacted will be available to you by:

- Signing in to [myuhc.com](https://myuhc.com), and going to Pharmacy Information
- Calling the toll-free member phone number on your member ID card

## What if my doctor prescribes a similar preventive medication that is not on this list?

The health reform law allows plans to use reasonable medical management to decide which product/medications are provided at \$0 cost share. If you choose a no-cost product from the list applicable to your plan, your cost at the pharmacy will be \$0. If you choose a covered product/medication that is not on the list, a copay or coinsurance may be required. And this cost will apply to your deductible if you have one.

You can ask your doctor for a prescription for one of the medications on this list that your doctor feels would work for you. For some medical reasons, your doctor may decide you need a medication that is not on this list.<sup>6</sup> If so, you can request the medication you need by calling the toll-free member phone number on your member ID card, and asking how to obtain coverage at no additional cost. Medical reasons may include side effects, and whether you can use the medication/product as required.

Your doctor may visit [www.uhcprovider.com](http://www.uhcprovider.com) for details on how to submit and what information to include with

**Patient Protection and Affordable Care Act \$0 Cost-Share Preventive Medications Exemption Requests.**



## Questions?

Sign in to [myuhc.com](https://myuhc.com) and go to Pharmacy Information or call the toll-free member phone number on your member ID card.

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<sup>1</sup> Please note this list is subject to change.

<sup>2</sup> Always refer to your benefit plan materials to determine your coverage for medications and cost share. Some medications listed on the PDL may not be covered under your specific benefit. Where differences are noted, the benefit plan documents will govern.

<sup>3</sup> All brand-name medications are trademarks or registered trademarks of their respective owners.

<sup>4</sup> Generally state insurance laws do not apply to ASO ERISA groups.

<sup>5</sup> This coverage may be subject to member cost sharing on some plans. Please review your plan documents or call the toll-free member phone number on your member ID card for information specific to your plan.

<sup>6</sup> When informed by a member's health care provider, UnitedHealthcare will accommodate a coverage exception request for any member when one of the \$0 cost medications listed on the Preventive Care Medications list may be medically inappropriate as determined by the health care provider for that member and UnitedHealthcare will waive the otherwise applicable cost-sharing for a medication not represented on the Preventive Care Medications list.