

2023 Preventive Medication List for Consumer Driven Health Plans Core Plus List

This is a list of **Preventive Medications** that may be covered under your plan. If your plan covers these Preventive Medications, your insurance benefit is applied before you meet your deductible.

Some medications may have other requirements or limits depending on your benefit plan and are noted below. To find out if a drug is covered, please check your plan benefits on the health plan's member website. Or, call the toll-free phone number on your member ID card. This list may not be all-inclusive. Brand and generic drugs may not always be available due to market changes.

This list applies to UnitedHealthcare and Oxford medical plans. It is correct as of September 1, 2023 and is subject to change after this date. The next anticipated update will occur with the next PDL cycle.

CDH preventive drug lists may also be used with non-CDH plans

Effective September 1, 2023

Therapeutic Drug Classes	Requirements & Limits
Breast Cancer Prevention	
Anastrozole	
Arimidex	E
Aromasin	E
Exemestane	
Fareston	E
Femara	E
Letrozole	
Soltamox	E
Tamoxifen	
Toremifene	

Therapeutic Drug Classes	Requirements & Limits
Cardiovascular/Heart Disease: Blood Clot/Platelet Therapy	
Arixtra	E
Aspirin-Dipyridamole	
Brilinta	
Cilostazol	
Clopidogrel	
Coumadin	
Dipyridamole	
Effient	E
Eliquis	

Bold type = Brand-name drug

[Plain type = Generic drug]

E = May be excluded from coverage or subject to prior authorization (sometimes referred to as precertification)

¹Coverage is provided for oral formulations

Therapeutic Drug Classes	Requirements & Limits
Enoxaparin	
Fragmin	
Fondaparinux	
Heparin	
Jantoven	
Lovenox	E
Plavix	E
Pradaxa	
Pradaxa Pak	E
Prasugrel	
Savaysa	
Ticlopidine	
Warfarin	
Xarelto	
Zontivity	
Cardiovascular/Heart Disease: High Blood Pressure	
Accupril	E
Accuretic	
Acebutolol	
Aldactazide	
Aldactone	E
Aliskiren	
Altace	E
Amiloride	
Amiloride-Hydrochlorothiazide	
Amlodipine	
Amlodipine-Benazepril	
Amlodipine-Olmesartan	E
Amlodipine-Olmesartan-Hydrochlorothiazide	E
Amlodipine-Valsartan	
Amlodipine-Valsartan-Hydrochlorothiazide	E
Atacand	E

Therapeutic Drug Classes	Requirements & Limits
Atacand HCT	E
Atenolol	
Atenolol-Chlorthalidone	
Avalide	E
Avapro	E
Azor	E
Benazepril	
Benazepril-Hydrochlorothiazide	
Benicar	E
Benicar HCT	E
Betaxolol ¹	
Bidil	
Bisoprolol	
Bisoprolol-Hydrochlorothiazide	
Bumetanide	
Bystolic	E
Calan SR	
Candesartan	
Candesartan-Hydrochlorothiazide	
Captopril	
Captopril-Hydrochlorothiazide	
Cardizem	E
Cardizem CD	E
Cardizem LA	E
Cardura	
Carospir	
Cartia XT	
Carvedilol	
Carvedilol ER	E
Catapres TTS	E
Chlorothiazide	
Clonidine	
Clonidine Patch	

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Therapeutic Drug Classes	Requirements & Limits
Conjupri	E
Coreg	E
Coreg CR	E
Corgard	
Cozaar	E
Demadex	
Dilt XR	
Diltia XT	
Diltiazem	
Diltiazem ER	
Diovan	E
Diovan HCT	E
Diuril	
Doxazosin	
Dyrenium	E
Edarbi	
Edarbyclor	
Edecrin	E
Enalapril	
Enalapril-Hydrochlorothiazide	
Epaned	
Eplerenone	
Eprosartan	
Ethacrynic Acid	
Exforge	E
Exforge HCT	E
Felodipine ER	
Fosinopril	
Fosinopril-Hydrochlorothiazide	
Furosemide	
Guanfacine	
Hydralazine	
Hydrochlorothiazide	

Therapeutic Drug Classes	Requirements & Limits
Hyzaar	E
Indapamide	
Inderal	
Inderal LA	E
Inderal XL	E
Innopran XL	E
Inspra	E
Irbesartan	
Irbesartan-Hydrochlorothiazide	
Isradipine	
Kaspargo	
Katerzia	E
Labetalol	
Lasix	
Levamlodipine (Conjupri authorized generic)	E
Lisinopril	
Lisinopril-Hydrochlorothiazide	
Lopressor	
Lopressor HCT	
Losartan	
Losartan-Hydrochlorothiazide	
Lotensin	
Lotensin HCT	
Lotrel	E
Matzim LA	
Maxzide	
Methyldopa	E
Methyldopa-Hydrochlorothiazide	
Metolazone	
Metoprolol 37.5, 75 mg	E
Metoprolol-Hydrochlorothiazide	
Metoprolol Succinate	

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Therapeutic Drug Classes	Requirements & Limits	Therapeutic Drug Classes	Requirements & Limits
Metoprolol Tartrate		Soaanz	E
Micardis	E	Spirolactone	
Micardis HCT	E	Spirolactone-Hydrochlorothiazide	
Minipress		Sular	
Minoxidil		Taztia XT	
Moexipril		Tekturna	
Moexipril-Hydrochlorothiazide		Tekturna HCT	
Nadolol		Telmisartan	
Nadolol-Bendroflumethazide		Telmisartan-Amlodipine	E
Nebivolol	E	Telmisartan-Hydrochlorothiazide	
Nexiclon XR	E	Tenoretic	E
Nicardipine		Tenormin	E
Nifedipine		Terazosin	
Nifedipine ER		Thalitone 15 mg	E
Nimodipine		Tiazac	
Nisoldipine		Timolol ¹	
Norliqva		Toprol XL	E
Norvasc	E	Torsemide	
Olmesartan		Trandolapril	
Olmesartan-Hydrochlorothiazide		Trandolapril-Verapamil	
Perindopril		Triamterene	
Pindolol		Triamterene-Hydrochlorothiazide	
Prazosin		Tribenzor	E
Prestalia	E	Valsartan	
Prinivil		Valsartan-Hydrochlorothiazide	
Procardia XL	E	Valsartan Solution	E
Propranolol		Vaseretic	E
Propranolol-Hydrochlorothiazide		Vasotec	E
Qbrelis		Verapamil	
Quinapril		Verapamil ER	
Quinapril-Hydrochlorothiazide		Verelan	
Ramipril		Verelan PM	
Reserpine		Zestoretic	E

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Therapeutic Drug Classes	Requirements & Limits
Zestril	E
Ziac	
Cardiovascular/Heart Disease: High Cholesterol	
Altoprev	E
Antara	E
Atorvaliq Suspension	E
Atorvastatin	
Cholestyramine	
Cholestyramine Light	
Choline Fenofibrate	E
Colesevelam Tablets, Powder for Suspension	
Colestid	
Colestipol	
Crestor	E
Ezallor Sprinkle	
Ezetimibe	
Ezetimibe/Atorvastatin	E
Ezetimibe/Rosuvastatin	E
Fenofibrate 30, 50, 75, 90, 150 mg Capsule	E
Fenofibrate 43, 67, 130, 134, 200 mg Capsule	
Fenofibrate 40, 120 mg Tablet	E
Fenofibrate 48, 54, 145, 160 mg Tablet	
Fenofibric Acid	E
Fenoglide	E
Fibracor	E
Flolipid	
Fluvastatin	
Fluvastatin ER	
Gemfibrozil	
Icosapent	E
Lescol XL	E

Therapeutic Drug Classes	Requirements & Limits
Lipitor	E
Lipofen	E
Livalo	E
Lopid	
Lovastatin	
Lovaza	E
Nexletol	
Nexlizet	
Niacin Extended-Release	
Niacor	E
Omega-3 Acid Ethyl Esters	
Pravastatin	
Prevalite	
Questran	
Questran Light	
Rosuvastatin	
Roszet	E
Simvastatin	
Simvastatin-Ezetimibe	
Tricor	E
Trilipix	E
Vascepa	E
Vytorin	E
Welchol	E
Zetia	E
Zocor	E
Zypitamag	E
Depression: Selective Serotonin Reuptake Inhibitors (SSRIs)¹	
Celexa	E
Citalopram Tablets	
Citalopram Capsules	E
Escitalopram	

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Therapeutic Drug Classes	Requirements & Limits
Fluoxetine Capsules	
Fluoxetine 10 mg, 20 mg Tablets	
Fluoxetine 60 mg Tablets	E
Fluvoxamine	
Fluvoxamine Extended-Release	
Lexapro	E
Paroxetine	
Paroxetine Extended-Release	
Paxil	E
Paxil CR	E
Pexeva	E
Prozac	E
Sertraline Capsules 150 mg, 200 mg	E
Sertraline Tablets	
Zoloft	E
Diabetes: Diabetic Supplies	
Accu-Chek Guide Meters	
Accu-Chek Guide Test Strips	
Continuous Glucose Monitors	
Contour Next EZ Meters	
Contour Next Meters	
Contour Next One Meters	
Contour Next Test Strips	
Diabetic Testing - Lancets	
Insulin Needles/Syringes	
Omnipod 5 (Gen 5), Kits & Pods	
OneTouch Ultra Test Strips	
OneTouch Verio Meter	
OneTouch Verio Test Strips	
Diabetes: Insulin	
Admelog, Admelog SoloStar	E
Afrezza	E
Apidra, Apidra SoloStar	E

Therapeutic Drug Classes	Requirements & Limits
Basaglar	E
Basaglar Tempo	E
Degludec FlexTouch	E
Fiasp, Fiasp FlexTouch	E
Humalog	
Humalog Junior	
Humalog Mix 50/50	
Humalog Mix 75/25	
Humalog Tempo	E
Humulin 50/50	
Humulin 70/30	
Humulin N	
Humulin R	
Insulin Aspart	E
Insulin Aspart Protamine/Insulin Aspart	E
Insulin Degludec	E
Insulin Glargine	E
Insulin Lispro	E
Insulin Lispro Jr.	E
Insulin Lispro Protamine/Insulin Lispro 75/25	E
Lantus	
Levemir	E
Lyumjev	
Lyumjev Tempo	E
Novolin 70/30	E
Novolin N	E
Novolin R	E
Novolog, Novolog FlexPen	E
Novolog Mix 70/30	E
Rezvoglar	E
Semglee	E
Soliqua	

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Therapeutic Drug Classes	Requirements & Limits
Toujeo	
Tresiba	E
Diabetes: Non-Insulin	
Acarbose	
ACTOplus Met	
Actos	E
Alogliptin	E
Alogliptin-Metformin	E
Alogliptin-Pioglitazone	E
Amaryl	E
Bydureon BCise	
Byetta	
Cycloset	
Duetact	
Farxiga	E
Glimepiride	
Glipizide	
Glipizide ER	
Glipizide-Metformin	
Glucophage XR	
Glucotrol XL	
Glumetza	E
Glyburide	
Glyburide Micronized	
Glyburide-Metformin	
Glynase	
Glyxambi	
Invokamet	E
Invokamet XR	E
Invokana	E
Janumet	E
Janumet XR	E
Januvia	E

Therapeutic Drug Classes	Requirements & Limits
Jardiance	
Jentadueto	
Jentadueto XR	
Kazano	
Kombiglyze XR	
Metformin	
Metformin 625 mg	E
Metformin ER (generic Fortamet)	E
Metformin ER (generic Glucophage XR)	
Metformin ER (generic Glumetza)	E
Metformin Solution	
Miglitol	
Mounjaro	
Nateglinide	
Nesina	
Onglyza	
Oseni	
Ozempic	
Pioglitazone	
Pioglitazone-Glimepiride	
Pioglitazone-Metformin	
Qtern	E
Repaglinide	
Repaglinide-Metformin	
Riomet	E
Rybelsus	
Segluromet	E
Steglatro	E
Steglujan	E
SymlinPen	
Synjardy	
Synjardy XR	
Tolbutamide	

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Therapeutic Drug Classes	Requirements & Limits
Tradjenta	
Trijardy XR	
Trulicity	
Victoza	
Xigduo XR	E
Xultophy	E
Immunosuppressant: Organ Rejection	
Astagraf XL	E
Azasan	
Azathioprine	
Cellcept	E
Cyclosporine	
Envarsus XR	E
Everolimus	
Gengraf	
Imuran	E
Mycophenolate	
Mycophenolic Acid	
Myfortic	E
Neoral	E
Prograf	
Rapamune	E
Sandimmune	E
Sirolimus	
Tacrolimus	
Zortress	E
Musculoskeletal: Osteoporosis	
Actonel	E
Alendronate	
Atelvia	E
Binosto	E
Calcitonin (Salmon)	
Etidronate	

Therapeutic Drug Classes	Requirements & Limits
Evista	E
Forteo	E
Ibandronate	
Miacalcin	
Raloxifene	
Risedronate	
Teriparatide	
Tymlos	
Respiratory: Asthma/COPD	
Accolate	
Advair Diskus	
Advair HFA	
Albuterol HFA (generic ProAir HFA , Proventil HFA)	
Albuterol HFA (Ventolin HFA authorized generic)	E
AirDuo Digihaler	E
AirDuo RespiClick	E
Albuterol Nebulized Solution	
Albuterol Oral Tablet	
Alvesco	E
Aminophylline	
Anoro Ellipta	
Arformoterol Nebulized Solution	
ArmonAir Digihaler	E
Arnuity Ellipta	
Asmanex HFA	E
Asmanex Twisthaler	E
Atrovent HFA	
Bevespi Aerosphere	
Breo Ellipta	
Breztri Aerosphere	
Brovana	

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Therapeutic Drug Classes	Requirements & Limits
Budesonide/Formoterol (Symbicort authorized generic)	E
Budesonide Nebulized Solution	
Combivent Respimat	
Cromolyn	
Daliresp	
Duaklir Pressair	E
Dulera	E
Elixophyllin	
Flovent Diskus	
Flovent HFA	
Fluticasone (Flovent HFA authorized generic)	E
Fluticasone/Salmeterol Diskus	E
Fluticasone/Salmeterol RespiClick	
Fluticasone/Vilanterol (Breo Ellipta authorized generic)	E
Formoterol Nebulized Solution	
Gastrocrom	E
Incruse Ellipta	E
Ipratropium	
Ipratropium/Albuterol	
Levalbuterol HFA	
Levalbuterol Nebulized Solution	
Lonhala Magnair	E
Metaproterenol	
Montelukast	
Perforomist	
ProAir Digihaler	E
Proair HFA	E
Proair RespiClick	E
Proventil HFA	E
Pulmicort Flexhaler	
Pulmicort Nebulized Solution	E

Therapeutic Drug Classes	Requirements & Limits
QVAR Redihaler	E
Roflumilast	
Serevent Diskus	
Singulair	E
Spiriva HandiHaler	
Spiriva Respimat	
Stiolto Respimat	
Striverdi Respimat	
Symbicort	
Terbutaline	
Theo-24	
Theophylline	
Theophylline/Guaifenesin	
Trelegy Ellipta	
Tudorza Pressair	E
Ventolin HFA	E
Xopenex HFA	
Xopenex Nebulized Solution	E
Yupelri	
Zafirlukast	
Zyflo	
Vitamins	
Pediatric Fluoride Preparations (for example: Florvite, Poly-Vi-Flor, Tri-Vi-Flor) - Brand Name and Generic Products	
Prenatal Vitamins (for example: Citranatal Assure, Prenate DHA, Stuartnatal) - Brand Name and Generic Products	

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Epaned	3
Eplerenone	3
Eprosartan	3
Escitalopram	5
Ethacrynic Acid	3
Etidronate	8
Everolimus	8
Evista	8
Exemestane	1
Exforge	3
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Fenofibrate 40, 120 mg Tablet	5

Fenofibrate 43, 67, 130, 134, 200 mg Capsule	5
Fenofibrate 48, 54, 145, 160 mg Tablet	5
Fenofibric Acid	5
Fenoglide	5
Fiasp, Fiasp FlexTouch	6
Fibracor	5
Flolipid	5
Flovent Diskus	9
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Mail: Civil Rights Coordinator
UnitedHealthcare Civil Rights Grievance
P.O. Box 30608
Salt Lake City, UT 84130

You must send the complaint within 60 days of your experience. A decision will be sent to you within 30 days. If you disagree with the decision, you have 15 days to ask us to look at it again. If you need help with your complaint, please call the toll-free phone number listed on your member ID card, TTY **711**, Monday through Friday, 8 a.m. to 8 p.m., or at the times listed in your health plan documents.

You can also file a complaint with the U.S. Dept. of Health and Human Services.

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Phone: Toll free **1-800-368-1019**, **1-800-537-7697** (TDD)

Mail: U.S. Dept. of Health and Human Services
200 Independence Avenue SW
Room 509F, HHH Building
Washington, D.C. 20201

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Multi-language interpreter services

ATTENTION: If you speak English, language assistance services, free of charge, are available to you. Please call the toll-free phone number listed on your identification card.

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número de teléfono gratuito que aparece en su tarjeta de identificación.

請注意：如果您說中文 (**Chinese**)，我們免費為您提供語言協助服務。請撥打會員卡所列的免付費會員電話號碼。

XIN LƯU Ý: Nếu quý vị nói tiếng **Việt (Vietnamese)**, quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi số điện thoại miễn phí ở mặt sau thẻ hội viên của quý vị.

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PAALALA: Kung nagsasalita ka ng **Tagalog (Tagalog)**, may makukuha kang mga libreng serbisyo ng tulong sa wika. Pakitawagan ang toll-free na numero ng telepono na nasa iyong identification card.

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UWAGA: Jeżeli mówisz po **polsku (Polish)**, udostępniłmy darmowe usługi tłumacza. Prosimy zadzwonić pod bezpłatny numer telefonu podany na karcie identyfikacyjnej.

ATENÇÃO: Se você fala **português (Portuguese)**, contate o serviço de assistência de idiomas gratuito. Ligue gratuitamente para o número encontrado no seu cartão de identificação.

ATTENZIONE: in caso la lingua parlata sia l'**italiano (Italian)**, sono disponibili servizi di assistenza linguistica gratuiti. Per favore chiamate il numero di telefono verde indicato sulla vostra tessera identificativa.

ACHTUNG: Falls Sie **Deutsch (German)** sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Bitte rufen Sie die gebührenfreie Rufnummer auf der Rückseite Ihres Mitgliedsausweises an.

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CEEB TOOM: Yog koj hais Lus **Hmoob (Hmong)**, muaj kev pab txhais lus pub dawb rau koj. Thov hu rau tus xovtooj hu deb dawb uas teev muaj nyob rau ntawm koj daim yuaj cim qhia tus kheej.

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PAKDAAR: Nu saritaem ti **Ilocano (Ilocano)**, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Maidawat nga awagan iti toll-free a numero ti telepono nga nakalista ayan iti identification card mo.

Díí BAA'ÁKONÍNÍZIN: **Diné (Navajo)** bizaad bee yánit'i'go, saad bee áka'anída'awo'ígíí, t'áá jíík'eh, bee ná'ahóót'i'. T'áá shqoqdí ninaaltsoos nit'i'izí bee nééhozinígíí bine'déé' t'áá jíík'ehgo béésh bee hane'í bik'á'ígíí bee hodíílnih.

OGOW: Haddii aad ku hadasho **Soomaali (Somali)**, adeegyada taageerada luqadda, oo bilaash ah, ayaad heli kartaa. Fadlan wac lambarka telefonka khadka bilaashka ee ku yaalla kaarkaaga aqoonsiga.

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**United
Healthcare**

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