

UnitedHealthcare and Vanderbilt Health Affiliated Network Launch Initiative to Improve Healthcare Quality and Value

- **Accountable care model promotes a team approach to patient care**
- **Clinicians from across specialties work together to coordinate patient care**
- **More resources committed to sharing information and coordinating care for patients**

NASHVILLE, Tenn. (JAN. 2018) – UnitedHealthcare has launched an accountable care program with the clinicians of the Vanderbilt Health Affiliated Network to improve quality, lower costs and enhance the coordination of care for nearly 35,000 people across Tennessee enrolled in UnitedHealthcare’s employer and individual health plans. This new accountable care relationship enables Vanderbilt Health to care for patients using an innovative value-based model focused on keeping people healthy.

UnitedHealthcare shares clear, actionable information about patients’ unique health needs with Vanderbilt’s clinicians to enable high-value care. Sharing this information improves the coordination of an individual’s care and takes the burden off patients to connect and aggregate information themselves from their various doctor visits and tests. This helps reduce duplicative tests and costs, and promotes a team-based approach to patient care.

Accountable care programs also improve the ability to identify patients at high risk for major health issues, helping them manage chronic health conditions and take necessary medications to reduce emergency room visits and hospital readmissions.

“To truly transform the health of this region, we created a network of hospitals and physicians that are committed to excellence, innovation and collaboration. We are delighted to work with UnitedHealthcare, which shares our vision for strong, healthy communities, and is eager to help develop new ways to work together to bring this vision to reality,” said C. Wright Pinson, MBA, M.D., chairman of the board of the Vanderbilt Health Affiliated Network, and deputy chief executive officer and chief health system officer of Vanderbilt University Medical Center. “We look forward to the valuable insights that will come from working together to care for these patients.”

“UnitedHealthcare and the Vanderbilt Health Affiliated Network are mutually committed to improving the quality and cost of health care,” said Steve Wilson, CEO, UnitedHealthcare of Tennessee. “By working more collaboratively with local care providers and creating a more connected health care experience, we can help improve patient care and enhance people’s ability to live healthier lives.”

More than 15 million people enrolled in UnitedHealthcare plans across the country have access to accountable care programs, delivered in part through more than 800 accountable care arrangements nationwide as the organization engages in deeper, more collaborative relationships with physicians and hospitals.

Clinicians nationwide are showing strong interest in a shift to value-based care. UnitedHealthcare’s total payments to physicians and hospitals that are tied to value-based arrangements have tripled in the last three years to more than \$64 billion. By the end of 2018, UnitedHealthcare expects that figure to reach \$75 billion.

For more information about UnitedHealthcare’s changing relationships with care providers and how value-based programs are helping to improve quality and people’s health, visit www.UHC.com/valuebasedcare.

About UnitedHealthcare

UnitedHealthcare is dedicated to helping people nationwide live healthier lives by simplifying the health care experience, meeting consumer health and wellness needs, and sustaining trusted relationships with care providers. The company offers the full spectrum of health benefit programs for individuals, employers, military service members, retirees and their families, and Medicare and Medicaid beneficiaries, and contracts directly with more than 1 million physicians and care professionals, and 6,000 hospitals and other care facilities nationwide. UnitedHealthcare is one of the businesses of UnitedHealth Group (NYSE: UNH), a diversified Fortune 50 health and well-being company. For more information, visit UnitedHealthcare at www.uhc.com or follow @UHC on Twitter.

About the Vanderbilt Health Affiliated Network

The [Vanderbilt Health Affiliated Network](#) is a collaborative partnership of physicians, health systems, and employers driving a new level of clinical innovation and teamwork to enhance patient care, contain costs and improve the health of communities in Tennessee and surrounding states. The network is the region's largest physician-led alliance of healthcare professionals and includes more than 4,800 clinicians, 61 hospitals, 12 health systems, and hundreds of physician practices and clinics. Participating health systems include:

- [Baptist Memorial Healthcare](#)
- [Cookeville Regional Medical Center](#)
- [Erlanger Health System](#)
- [Jennie Stuart Medical Center](#)
- [LifePoint Health](#)
- [Maury Regional Medical Center](#)
- [Mountain States Health Alliance](#)
- [NorthCrest Medical Center](#)
- [Saint Thomas Midtown](#), Nashville, TN, and [Saint Thomas Rutherford](#), Murfreesboro, TN
- [Vanderbilt University Medical Center](#) and [Monroe Carell Jr. Children's Hospital at Vanderbilt](#)
- [West Tennessee Healthcare](#)
- [Williamson Medical Center](#)

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