



**How Value-based Care is
improving quality and health.**

Value-based Care

Working Smarter and Better to Help People Live Healthier Lives

Value-based Care can help you lead the healthiest life possible. Imagine every health care professional you see understanding all of your health conditions, what care you have previously received and what you need moving forward. Imagine feeling the power of collaboration, rather than confusion, when you visit the doctor. That's Value-based Care.



It's a health care system that puts the patient at the center and pays for quality and results.

What it Looks Like:

Value-based relationships can take many forms, but they all share the goal of improving patient health and rewarding care providers for **efficient, quality care**.



Accountable Care Programs.

A group of physicians works with an insurer to manage the overall health of a population or community, sharing responsibility for all aspects of a patient's care. The group earns more when care is delivered efficiently and with higher quality results.



Performance-based Programs.

A portion of the care provider's pay — and sometimes future pay increases — are contingent upon meeting quality measures, such as ensuring patients receive recommended health screenings.



Bundled and episode-based programs.

A physician is paid a lump sum in advance for the overall course of treatment for a specific condition or illness. The physician then can focus attention on the patient's total care plan instead of how each piece of care will be paid for.

Visit uhc.com/valuebasedcare to download the complete VBC report.

How Value-based Care is Different:

Historically, the health care system has been organized around treating the sick and paying for volume, not value. But today health care is shifting to a model that emphasizes the importance of keeping people healthy and rewards physicians for coordinating care.

Traditional Care		Value-based Care
Complicated health care system confuses and frustrates consumers	 Consumer Experience	Consumers are at the center of the health care system, empowered with more information and support
Reactive, transactional care delivered in response to an injury or illness	 Care Delivery	Proactive, preventive care, with an emphasis on keeping people healthy
Lack of technology and incentives for physicians to coordinate patient care	 Care Coordination	Physicians empowered by new technology, data and financial incentives to coordinate care
Data trapped inside massive repositories; lack of sophisticated analytics	 Data and Information	Data can be mined to identify patient health risks, improve care coordination and enhance efficiency
Costs climb without corresponding health improvements	 Costs	Insurance companies and care providers are paid based on quality and patient health improvements

Value-based Care Improves People's Health:

Early signs indicate that value-based care is leading to better health, better care and lower costs. Taking better care of patients upfront often reduces the need for hospitalizations and other urgent care, while also increasing the frequency of important health screenings and exams. Below are some highlights of how value-based care is encouraging better health when we compare our care providers in an ACO vs. non-ACOs.

Employer-sponsored and Individual ACO Members

Medicare ACO Members

Medicaid Members

H DOWN
17%

Fewer hospital admissions than non-ACOs

H DOWN
8%

Fewer acute inpatient admissions

 UP
5%

Higher well child visits in first 15 months of life

 UP
10%

More PCP visits than non-ACOs

ER DOWN
13%

Lower rates of ER usage than non-ACOs

 UP
10%

Higher rate of colorectal cancer screening

 UP
8%

Higher rate of cancer screenings

 UP
5%

Higher rate of breast cancer and colorectal screenings

ER DOWN
9%

Fewer admission rates and 2% fewer ER visits

ER DOWN
14%

Fewer hospital and ER admissions

 MILLION
\$90

Earned in bonuses for quality compliance and identifying senior care

H DOWN
7%

Lower acute inpatient admissions in Arizona

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How UnitedHealthcare Supports Value-based Care:



Collaborating with care providers.

UnitedHealthcare offers physicians technology, timely patient data, and financial rewards to help them take better care of patients, compare their performance to other physicians in the community, their peers' and make a smooth transition to value-based care.



Rewarding members for choosing high-performing physicians.

Some plans offer financial incentives to motivate members to choose high-performing, value-based care providers.



Helping consumers find the right care and save money.

The Health4Me app makes it easy for members to compare health care prices and the quality ratings for doctors and hospitals.

UnitedHealthcare's commitment to Value-based Care.

The goal:

\$75B

Annual spend through VBC programs by 2020; to-date, we've reached **\$64 billion**.

The people we serve:

15M

Or one in three UnitedHealthcare members currently access care from providers in VBC relationships.

The providers we partner with:

800+

Value-based Care arrangements with care providers are in use today.



1,100
Hospitals



110,000
Physicians

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