

A guide to your Getting Started Toolkit.

Start by looking at which phase your employees are in with their health plan. Then, determine which individual pieces you want to use.

You have the option to release information on a weekly basis or use the single email in each section that compiles multiple communications, and send monthly.

Phase	Topic	Available format(s)	
Before Your Plan Begins Up to 3 weeks before the plan's effective date.	Here's What You Can Do Before ID Cards Arrive	<ul style="list-style-type: none"> Flier Email 	
	Got Your ID Card? Let's Get Started.	With pharmacy OptumRx®: <ul style="list-style-type: none"> Flier Email Without pharmacy OptumRx: <ul style="list-style-type: none"> Flier Email 	
	I Enrolled in a Health Plan—Now What?	<ul style="list-style-type: none"> Video Quiz 	
	Six Tips to Help Employees Find the Right Doctor	<ul style="list-style-type: none"> Infographic 	
	Before Your Plan Begins—All Materials	<ul style="list-style-type: none"> Email 	
When Your Plan Begins The week employees can begin using their coverage.	Using My Benefits	<ul style="list-style-type: none"> Video 	
	myuhc.com®	<ul style="list-style-type: none"> Infographic 	
	Health4Me®	<ul style="list-style-type: none"> Flier 	
	Welcome Brochure* <small>*If you'd like to order printed copies or add specific health plan or other program information to the Welcome Brochure, please contact your account representative.</small>	Fully insured: <ul style="list-style-type: none"> Downloadable PDF Email Self-funded (ASO): <ul style="list-style-type: none"> Downloadable PDF Email 	
	When Your Plan Begins—All Materials	<ul style="list-style-type: none"> Email 	
1–3 Months Into Your Plan Materials can be used to address certain issues or questions employees may have about their plan.	Using My Plan	Health Benefits Basics	<ul style="list-style-type: none"> Quiz
		myuhc.com	<ul style="list-style-type: none"> Brochure
		Health4Me	<ul style="list-style-type: none"> Infographic
	Avoiding Cost Surprises	Avoiding Cost Surprises	<ul style="list-style-type: none"> Video
		How Your Network May Help Save You Money	<ul style="list-style-type: none"> Infographic
		Estimate Cost of Care	<ul style="list-style-type: none"> Flier
		Know Where to Go For Care—In Any Situation	<ul style="list-style-type: none"> Flier
	Finding the Right Care Options	Check. Choose. Go. SM	<ul style="list-style-type: none"> Flier Email
		Virtual Visits	<ul style="list-style-type: none"> Flier Email
		Preventive Care	<ul style="list-style-type: none"> Brochure Online Guidelines
		Test What You Know About Care Options	<ul style="list-style-type: none"> Quiz
	Understanding Pharmacy Benefits (Use if your employees have OptumRx benefits)	Quick Start Guide: Welcome to OptumRx	<ul style="list-style-type: none"> Guide
		Your Pharmacy Benefit	<ul style="list-style-type: none"> Guide
	1–3 Months Into Your Plan—A Selection of Materials		<ul style="list-style-type: none"> Email



Access your Getting Started Toolkit at uhc.com/GettingStartedToolkit.

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