UnitedHealthcare[®] Standard High Gold: UHC Navigate Gold 0

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The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-877-856-2429 or visit <u>uhc.com/aca-sample-policy</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	\$0	See the Common Medical Events Chart below for your costs for services this plan covers.
Are there services covered before you meet your <u>deductible</u> ?	No.	See the Common Medical Events Chart below for your costs for services this plan covers.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	<u>Network</u> : \$5,000 Individual / \$10,000 Family Per calendar year.	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-</u> pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>uhc.com/xmadocfind2023</u> or call 1-877-856- 2429 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes. An electronic <u>referral</u> is required to see a <u>Network Specialist</u>	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



All **<u>copayment</u>** and **<u>coinsurance</u>** costs shown in this chart are after your **<u>deductible</u>** has been met, if a **<u>deductible</u>** applies.

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information	
Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
If you visit a health care <u>provider's</u> office or clinic	Primary care visit to treat an injury or illness	\$30 <u>copay</u> per visit, <u>deductible</u> does not apply.	Not Covered	Virtual visits – No Charge by a Designated Virtual <u>Network</u> <u>Provider</u> If you receive services in addition to office visit, additional <u>copays</u> , <u>deductibles</u> or <u>coinsurance</u> may apply e.g. surgery.	
	<u>Specialist</u> visit	\$55 <u>copay</u> per visit, <u>deductible</u> does not apply.	Not Covered	If you receive services in addition to office visit, additional <u>copays</u> , <u>deductibles</u> or <u>coinsurance</u> may apply e.g. surgery.	
	Preventive care/screening/ immunization	No Charge	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
lf you have a test	<u>Diagnostic test</u> (x-ray, blood work)	Lab Testing: \$25 <u>copay</u> per service, <u>deductible</u> does not apply. X-Ray/Diagnostic: \$75 <u>copay</u> per service, <u>deductible</u> does not apply.	Not Covered	None	
	Imaging (CT/PET scans, MRIs)	\$250 <u>copay</u> per service, <u>deductible</u> does not apply.	Not Covered	None	
If you need drugs to treat your illness or condition	Tier 1 – Your Lowest Cost Option	\$30 <u>copay</u> , <u>deductible</u> does not apply.	Not Covered	<u>Provider</u> means pharmacy for purposes of this section. Retail: Up to a 31-day supply.	
	Tier 2 – Your Mid-Range Cost Option	\$60 <u>copay</u> , <u>deductible</u> does not apply.	Not Covered	 Mail-Order: Up to a 90-day supply at 2x the 30-day cost share for Tiers 1 & 2, 3x the 30-day cost share for Tiers 3. Specialty drugs limited to 30-day supply at a <u>network</u> pharmacy. Certain drugs may have a <u>preauthorization</u> requirement. If you don't get <u>preauthorization</u>, benefits will not be covered. Certain preventive medications (including certain contraceptives) are covered at No Charge, <u>Deductible</u> does not apply. See the website listed for information on drugs covered by your <u>plan</u>. Not all drugs are covered. 	
More information about <u>prescription</u> <u>drug coverage</u> is available at <u>uhc.com/xmadruglis</u> <u>t3tier2023</u>	Tier 3 – Your Mid-Range Cost Option	\$90 <u>copay</u> , <u>deductible</u> does not apply.	Not Covered		
	Tier 4 – Your Highest Cost Option	Not Applicable	Not Applicable		
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$500 <u>copay</u> per service, <u>deductible</u> does not apply.	Not Covered	None	

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information	
Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
	Physician/surgeon fees	No Charge	Not Covered	None	
If you need immediate medical attention	Emergency room care	\$350 <u>copay</u> per visit, <u>deductible</u> does not apply.	\$350 <u>copay</u> per visit, <u>deductible</u> does not apply.	None	
	Emergency medical transportation	No Charge	No Charge	None	
	<u>Urgent care</u>	\$55 <u>copay</u> per admission, <u>deductible</u> does not apply.	Not Covered	None	
lf you have a hospital stay	Facility fee (e.g., hospital room)	\$750 <u>copay</u> per admission, <u>deductible</u> does not apply.	Not Covered	None	
	Physician/surgeon fees	No Charge	Not Covered	None	
If you need mental health, behavioral	Outpatient services	\$30 <u>copay</u> per visit, <u>deductible</u> does not apply.	Not Covered	<u>Network</u> Partial <u>hospitalization</u> /intensive outpatient treatment: No Charge	
health, or substance abuse services	Inpatient services	\$750 <u>copay</u> per admission, <u>deductible</u> does not apply.	Not Covered	None	
If you are	Office visits	No Charge	Not Covered	None	
pregnant	Childbirth/delivery professional services	No Charge	Not Covered		
	Childbirth/delivery facility services	\$750 <u>copay</u> per admission, <u>deductible</u> does not apply.	Not Covered	None	
If you need help recovering or have other special	Home health care	No Charge	Not Covered	None	
health needs	Rehabilitation services	\$55 <u>copay</u> per visit, <u>deductible</u> does not apply.	Not Covered	Limits per calendar year: Physical, Occupational: 44 visits combined with speech. Speech, Cardiac: Unlimited; Pulmonary: 20 visits. Physical and Occupational therapy limits do not apply to treatment for autism or if a part of <u>home</u> <u>health care</u> .	
	Habilitative services	\$55 <u>copay</u> per visit, <u>deductible</u> does not apply.	Not Covered	Limits per calendar year: Physical, Occupational: 44 visits combined with speech. Speech: Unlimited.	

Common	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information	
Medical Event		Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)		
				Physical and Occupational therapy limits do not apply to treatment for autism.	
	Skilled nursing care	\$750 <u>copay</u> per admission, <u>deductible</u> does not apply.	Not Covered	Skilled Nursing is limited to 100 days per calendar year. Inpatient rehabilitation limited to 60 days.	
	Durable medical equipment	No Charge	Not Covered	None	
	Hospice services	No Charge	Not Covered	None	
If your child needs dental or eye care	Children's eye exam	\$30 <u>copay</u> per visit, <u>deductible</u> does not apply.	Not Covered	Limited to 1 exam every 12 months.	
	Children's glasses	50% <u>coinsurance</u> , <u>deductible</u> does not apply.	Not Covered	Limited to 1 pair every 12 months. You may choose contact lenses instead of eyeglasses. The benefit doesn't cover both.	
	Children's dental check-up	No Charge	Not Covered	Cleanings are covered 2 times every 12 months. Additional limitations may apply.	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)						
 Acupuncture Cosmetic surgery Dental care (adult) Glasses (adult) 	 Long-term care Non-emergency care when travelling outside - the U.S. 	 Private duty nursing Routine eye care (adult) Routine foot care – Except as covered for Diabetes 				
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your <u>plan</u> document.)						
AbortionBariatric surgery	 Chiropractic (Manipulative care) Hearing aids - \$2,000 per ear every 36 months 	Infertility treatmentWeight loss programs				

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>dol.gov/agencies/ebsa/about-ebsa/ask-a-question/ask-ebsa</u>, Massachusetts Division of Insurance at 1-617-521-7794 or <u>mass.gov/ocabr/government/oca- agencies/doi-lp</u> or Office of Personnel Management Multi State Plan Program: <u>opm.gov/healthcare-insurance/multi-state-plan-program/external-review/</u>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or <u>myuhc.com</u> or the Employee Benefits Security Administration at 1-866-444-3272 or <u>dol.gov/ebsa/healthreform</u> or Massachusetts Division of Insurance at 1-617-521-7794 or <u>mass.gov/ocabr/government/oca- agencies/doi-lp</u>. Additionally, a consumer assistance program may help you file your appeal. Contact Massachusetts Division of Insurance at 1-617-521-7794 or <u>mass.gov/ocabr/government/oca- agencies/doi-lp</u>.

Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Not Applicable

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-856-2429. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-856-2429. Chinese (中文): 如果需要中文的帮助,请拨打这个号码 1-877-856-2429. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-856-2429.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in- <u>network</u> pre-natal care and a hospital delivery)		Managing Joe's type 2 Diabetes (a year of routine in- <u>network</u> care of a well- controlled condition)		Mia's Simple Fracture (in- <u>network</u> emergency room visit and follow up care)	
 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copay</u> Hospital (facility) <u>copay</u> Other <u>coinsurance</u> 	\$0 \$55 \$750 0%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copay</u> Hospital (facility) <u>copay</u> Other <u>coinsurance</u> 	\$0 \$55 \$750 0%	 The <u>plan's</u> overall <u>deductible</u> <u>Specialist copay</u> Hospital (facility) <u>copay</u> Other <u>coinsurance</u> 	\$0 \$55 \$750 0%
This EXAMPLE event includes service <u>Specialist</u> office visits (<i>pre-natal care</i>) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> (<i>ultrasounds and blood</i> <u>Specialist</u> visit (<i>anesthesia</i>)	1	This EXAMPLE event includes service <u>Primary care physician</u> office visits (include education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose medical)	uding disease	This EXAMPLE event includes ser Emergency room care (including me Diagnostic test (x-ray) Durable medical equipment (crutche Rehabilitation services (physical the	dical supplies) s)
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800
In this example, Peg would pay:		In this example, Joe would pay:		In this example, Mia would pay:	
Cost Sharing		Cost Sharing		Cost Sharing	
<u>Deductibles</u>	\$2,000	<u>Deductibles</u>	\$500	Deductibles	\$2,000
<u>Copayments</u>	\$1,000	<u>Copayments</u>	\$1,400	<u>Copayments</u>	\$400
Coinsurance	\$0	<u>Coinsurance</u>	\$0	<u>Coinsurance</u>	\$0
What isn't covered		What isn't covered		What isn't covered	
Limits or exclusions	\$60	Limits or exclusions	\$0	Limits or exclusions	\$0
The total Peg would pay is	\$3,060	The total Joe would pay is	\$1,900	The total Mia would pay is	\$2,400