# UnitedHealthcare' Standard High Gold: UHC Navigate Gold 0-A

Coverage for: Family | Plan Type: INS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-877-856-2429 or visit

<u>uhc.com/individual-and-family/medical-policy</u>. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary/</u> or call 1-866-487-2365 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$0	See the Common Medical Events Chart below for your costs for services this plan covers.
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> and categories with a <u>copay</u> are covered before you meet your <u>deductible</u> .	See the Common Medical Events Chart below for your costs for services this plan covers.
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet deductibles for specific services.
What is the <u>out-of-pocket</u> limit for this <u>plan</u> ?	Not Applicable	This plan does not have an out-of-pocket limit on your expenses.
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance-billing charges, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-</u> pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>uhc.com/xmadocfind2021</u> or call <b>1-877-856-2429</b> for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	Yes. An electronic <u>referral</u> is required to see a <u>Network Specialist</u>	This <u>plan</u> will pay some or all of the costs to see a <u>specialist</u> for covered services but only if you have a <u>referral</u> before you see the <u>specialist</u> .



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

I			What You Will Pay			
Common Medical Event	Services You May Need	Network Provider with Referral (You will pay the least)	Network Provider without Referral (You may pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
lf	Primary care visit to treat an injury or illness	No Charge	Not Covered	Not Covered	Virtual visits (Telehealth) – No Charge by a Designated Virtual <u>Network Provider</u>	
If you visit a health care	<u>Specialist</u> visit	No Charge	Not Covered	Not Covered	None	
health care <u>provider's</u> office or clinic	Preventive care/screening/ immunization	No Charge	Not Covered	Not Covered	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.	
If you have a tast	Diagnostic test (x-ray, blood work)	No Charge	No Charge	Not Covered	None	
If you have a test	Imaging (CT/PET scans, MRIs)	No Charge	No Charge	Not Covered	None	
	Tier 1 – Your Lowest Cost Option	No Charge.	No Charge	Not Covered	Provider means pharmacy for purposes of this section.	
	Tier 2 – Your Mid- Range Cost Option	No Charge	No Charge	Not Covered	Retail: Up to a 31 day supply. Mail-Order*: Up to a 90 day supply.	
If you need drugs to treat your	Tier 3 – Your Mid- Range Cost Option	No Charge	No Charge	Not Covered	*or Preferred 90 Day Retail Network Pharmacy You may need to obtain certain drugs, including	
illness or condition More information about <u>prescription</u> <u>drug coverage</u> is available at <u>uhc.com/xmadruglis</u> <u>t3tier2021</u>	Tier 4 – Your Highest Cost Option	Not Applicable	Not Applicable	Not Applicable	certain <u>specialty drugs</u> , from a pharmacy designated by us. Certain drugs may have a <u>preauthorization</u> requirement or may result in a higher cost. If you use an out-of- <u>network</u> pharmacy (including a mail order pharmacy), you may be responsible for any amount over the <u>allowed amount</u> . Certain preventive medications (including certain contraceptives) are covered at No Charge. See the website listed for information on drugs covered by your <u>plan</u> . Not all drugs are covered. You may be required to use a lower-cost drug(s) prior to benefits under your policy being available for certain prescribed drugs.	

		What You Will Pay				
Common Medical Event	Services You May Need	Network Provider with Referral (You will pay the least)	Network Provider without Referral (You may pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
					If a dispensed drug has a chemically equivalent drug at a lower tier, the cost difference between drugs in addition to any applicable <u>copay</u> and/or <u>coinsurance</u> may be applied.	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No Charge	Not Covered	Not Covered	None	
	Physician/surgeon fees	No Charge	Not Covered	Not Covered	None	
If you need	Emergency room care	No Charge	No Charge	No Charge	None	
immediate medical attention	Emergency medical transportation	No Charge	No Charge	No Charge	None	
alleniion	<u>Urgent care</u>	No Charge	No Charge	Not Covered	None	
If you have a	Facility fee (e.g., hospital room)	No Charge	Not Covered	Not Covered	None	
hospital stay	Physician/surgeon fees	No Charge	No Charge	Not Covered	None	
If you need mental health, behavioral	Outpatient services	No Charge	No Charge	Not Covered	Network Partial hospitalization/intensive outpatient treatment: No Charge	
health, or substance abuse services	Inpatient services	No Charge	No Charge	Not Covered	None	
	Office visits	No Charge	No Charge	Not Covered		
If you are	Childbirth/delivery professional services	No Charge	No Charge	Not Covered	None	
pregnant	Childbirth/delivery facility services	No Charge	No Charge	Not Covered	None	
If you need help recovering or have other special health needs	Home health care	No Charge	No Charge	Not Covered	None	
	Rehabilitation services	No Charge	No Charge	Not Covered	Limits per calendar year: Physical, Occupational: 44 visits combined with speech. Speech, Cardiac: Unlimited; Pulmonary: 20 visits. Physical and Occupational therapy limits do not apply to treatment for autism or if a part of home health care.	

\* For more information about limitations and exceptions, see the <u>plan</u> or policy document at <u>uhc.com/individual-and-family/medical-policy</u>.

Common Medical Event	Services You May Need	Network Provider with Referral (You will pay the least)	What You Will Pay Network Provider without Referral (You may pay more)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Habilitative services	No Charge	No Charge	Not Covered	Limits per calendar year: Physical, Occupational: 44 visits combined with speech. Speech: Unlimited. Physical and Occupational therapy limits do not apply to treatment for autism.	
	Skilled nursing care	No Charge	No Charge	Not Covered	Skilled Nursing is limited to 100 days per calendar year. Inpatient rehabilitation limited to 60 days.	
	Durable medical equipment	No Charge	No Charge	Not Covered	None	
	Hospice services	No Charge	No Charge	Not Covered	None	
	Children's eye exam	No Charge	No Charge	Not Covered	Limited to 1 exam every 12 months.	
If your child needs dental or eye care	Children's glasses	No Charge	No Charge	Not Covered	Limited to 1 pair every 12 months. You may choose contact lenses instead of eyeglasses. The benefit doesn't cover both.	
	Children's dental check- up	No Charge	No Charge	Not Covered	Cleanings are covered 2 times every 12 months. Additional limitations may apply.	

## Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Chec	k your policy or plan document for more information	and a list of any other excluded services.)	
<ul> <li>Acupuncture</li> <li>Cosmetic surgery</li> <li>Dental care</li> <li>Glasses</li> </ul>	<ul> <li>Long-term care</li> <li>Non-emergency care when travelling outside - the U.S.</li> </ul>	<ul> <li>Private duty nursing</li> <li>Routine eye care (adult)</li> <li>Routine foot care – Except as covered for Diabetes</li> </ul>	
Other Covered Services (Limitations may apply to the	ese services. This isn't a complete list. Please see yo	ur <u>plan</u> document.)	
Abortion	Chiropractic (Manipulative care)	Infertility treatment	
Bariatric surgery	Hearing aids - \$2,000 per ear every 36 months	Weight loss programs	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <a href="http://www.dol.gov/ebsa">www.dol.gov/ebsa</a>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <a href="http://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <a href="http://www.HealthCare.gov">Marketplace</a>. For more information about the <a href="http://www.HealthCare.gov">Marketplace</a>, visit <a href="http://www.HealthCare.gov">www.HealthCare.gov</a> or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the Member Service number listed on the back of your ID card or <u>myuhc.com</u> or the Employee Benefits Security Administration at 1-866-444-3272 or <u>dol.gov/ebsa/healthreform</u> or Massachusetts Division of Insurance at 1-617-521-7794 or <u>mass.gov/ocabr/government/oca- agencies/doi-lp</u>.

Additionally, a consumer assistance program may help you file your appeal. Contact Massachusetts Division of Insurance at 1-617-521-7794 or <u>mass.gov/ocabr/government/oca- agencies/doi-lp</u>.

### Does this plan provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

#### Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

#### Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-856-2429. Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-877-856-2429. Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-856-2429. Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-877-856-2429.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in- <u>network</u> pre-natal car hospital delivery)	e and a	Managing Joe's type 2 Diab (a year of routine in- <u>network</u> care of controlled condition)		Mia's Simple Fracture (in- <u>network</u> emergency room visit and follow up care)		
<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist</u> <u>copay</u></li> <li>Hospital (facility) <u>copay</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$0 \$0 \$0 0%	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist</u> <u>copay</u></li> <li>Hospital (facility) <u>copay</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$0 \$0 \$0 0%	<ul> <li>The <u>plan's</u> overall <u>deductible</u></li> <li><u>Specialist</u> <u>copay</u></li> <li>Hospital (facility) <u>copay</u></li> <li>Other <u>coinsurance</u></li> </ul>	\$0 \$0 \$0 0%	
This EXAMPLE event includes services <u>Specialist</u> office visits ( <i>pre-natal care</i> ) Childbirth/Delivery Professional Services Childbirth/Delivery Facility Services <u>Diagnostic tests</u> ( <i>ultrasounds and blood w</i> <u>Specialist</u> visit ( <i>anesthesia</i> )		This EXAMPLE event includes services <u>Primary care physician</u> office visits (include education) <u>Diagnostic tests</u> (blood work) <u>Prescription drugs</u> <u>Durable medical equipment</u> (glucose meter	ling disease	This EXAMPLE event includes ser <u>Emergency room care</u> (including med <u>Diagnostic test</u> (x-ray) <u>Durable medical equipment</u> (crutches <u>Rehabilitation services</u> (physical ther	dical supplies) s)	
Total Example Cost	\$12,700	Total Example Cost	\$5,600	Total Example Cost	\$2,800	
In this example, Peg would pay: Cost Sharing		In this example, Joe would pay: Cost Sharing		In this example, Mia would pay: Cost Sharing		
Deductibles	\$0	Deductibles \$		Deductibles	\$0	
Copayments	\$0	Copayments	\$0	Copayments	\$0	
Coinsurance	\$0	Coinsurance \$		Coinsurance	\$0	
What isn't covered		What isn't covered		What isn't covered		
Limits or exclusions	\$60	Limits or exclusions		Limits or exclusions	\$0	
	The total Peg would pay is \$60					