



UnitedHealthcare, LCMC Health System to Offer NexusACO Health Plan to Employers to Help Lower Costs and Expand Access to Quality Care

- *New plan with LCMC Health System to offer access to Tier 1 network of physicians who coordinate all aspects of a patient’s care*
- *“Total Cost of Care” focus integrates LCMC Health care provider network and offers shared opportunity programs with UnitedHealthcare to streamline patient care and services*

NEW ORLEANS (May XX, 2018) – LCMC Health System is participating in UnitedHealthcare’s [NexusACO™](#) health plan, a health benefits option that offers plan participants high-performing care providers who have proven results for delivering quality and efficient care, resulting in lower costs and better health outcomes.

The NexusACO plan will be available to employers in Louisiana with fully insured and self-funded UnitedHealthcare benefit plans during this fall’s open-enrollment period, with coverage beginning Jan. 1, 2019.

NexusACO includes a network of physicians and facilities, including LCMC Health, associated with local “Total Cost of Care” initiatives. These include organized groups of physicians, hospitals and other care providers working together to coordinate patient care and participating in incentive programs to improve quality standards and more efficient care.

UnitedHealthcare’s NexusACO will offer lower premiums and cost for employers, while giving employees access to high-quality LCMC Health care providers who will improve the coordination of their care and lower out-of-pocket costs. UnitedHealthcare’s collaboration with LCMC Health includes sharing timely information about emergency room visits, hospital admissions and other care received outside the doctor’s office.

NexusACO delivers value to consumers and employers through three key features:

- **Better care coordination.** NexusACO plan participants will partner with an LCMC Health primary care physician (PCP), a trusted medical resource who helps patients navigate the health care system, including specialists, hospitals and other care providers. These physicians can identify care opportunities that might otherwise be missed.
- **Promotes better health outcomes.** NexusACO provides access to care providers who proactively engage their patients more frequently, ensuring at-risk patients receive timely, appropriate health screenings, and helping people manage chronic diseases such as diabetes, heart disease and arthritis.
- **Lower costs for high-quality health care.** Employers who choose NexusACO may achieve savings on overall health care costs. These savings come from the plan’s emphasis on encouraging

employees to use in-network Tier 1 care providers to coordinate their care.

“Louisiana employers want their employees to be able to choose high-performing physicians who have a proven track record of improving patients’ health,” said Joe Ochipinti, CEO of UnitedHealthcare-Gulf States Region. “NexusACO addresses this need while simplifying coordinated care. We welcome the opportunity to work with LCMC Health to offer plan participants a more satisfying overall experience at a great value.”

“By participating in UnitedHealthcare’s NexusACO, LCMC Health physicians and care teams can provide better health results for more people in our community,” said Gregory Feirn, CEO of LCMC Health. “We’re committed to coordinating patient care to identify health conditions early, providing timely care for chronic diseases and promoting healthy lifestyles, and avoiding duplicative or unnecessary tests.”

More than 15 million people enrolled in UnitedHealthcare plans across the country have access to a spectrum of accountable care programs, delivered in part through more than 1,000 accountable care arrangements nationwide as the organization engages in deeper, more collaborative relationships with physicians and hospitals.

Care providers nationwide are showing strong interest in a shift to value-based care. UnitedHealthcare’s total payments to physicians and hospitals that are tied to value-based arrangements have tripled in the last three years to more than \$64 billion. By the end of 2020, UnitedHealthcare expects that figure to reach \$75 billion.

For more information about UnitedHealthcare’s spectrum of value-based initiatives and to download the report, “Collaborative and Coordinated: How Value-Based Care Programs are Driving Improvements in Quality and People’s Health,” visit www.UHC.com/valuebasedcare.

About LCMC Health System

Established in 2009, [LCMC Health](http://www.lcmchealth.org) is a Louisiana-based, not-for-profit hospital system serving the healthcare needs of the Gulf Coast region. LCMC Health currently manages Children’s Hospital, Touro Infirmary, New Orleans East Hospital, University Medical Center New Orleans and West Jefferson Medical Center.

About UnitedHealthcare

UnitedHealthcare is dedicated to helping people live healthier lives and making the health system work better for everyone by simplifying the health care experience, meeting consumer health and wellness needs, and sustaining trusted relationships with care providers. In the United States, UnitedHealthcare offers the full spectrum of health benefit programs for individuals, employers, and Medicare and Medicaid beneficiaries, and contracts directly with more than 1.2 million physicians and care professionals, and 6,500 hospitals and other care facilities nationwide. The company also provides health benefits and delivers care to people through owned and operated health care facilities in South America. UnitedHealthcare is one of the businesses of UnitedHealth Group (NYSE: UNH), a diversified health care company. For more information, visit UnitedHealthcare at www.uhc.com or follow @UHC on Twitter.

CONTACTS:

Elizabeth Calzadilla-Fiallo
UnitedHealthcare
(954) 378-0537
Elizabeth.Calzadilla-Fiallo@uhc.com

Mary Beth Haskins
LCMC Health
(504) 896-9345
marybeth.haskins@lcmchealth.org

###