UnitedHealthcare and Arizona Care Network.
Bringing access to lower cost, quality health care to members statewide.

We’re proud to work together with Arizona Care Network and its alliance with Dignity Health to make it easier and convenient for members to get access to care at a reasonable price. UnitedHealthcare designs plans that offer patient-centered health care benefits from primary care group practices that are close to where members live and work. The UnitedHealthcare Navigate® plan puts members at the center of a coordinated care experience.

Promoting better health and lower costs with patient-focused care.

UnitedHealthcare Navigate is a suite of health insurance products. It’s built around the idea that patient-centered care – where a provider coordinates care with a team of other physicians and specialists – helps people live healthier lives and lowers costs.

Members choose a primary care physician (PCP) who gets to know them and provides care for most of their needs - like routine care, medications, annual checkups - as well as care for sickness or injury. PCPs actively promote higher quality, efficient care by helping their patients get the right care at the right time.

Depending on the plan, members enrolled in Navigate must get an electronic referral before seeing a network specialist. Members in the UnitedHealthcare Navigate Balanced™ plan may see a network specialist without a referral but they will have greater out-of-pocket costs.

All plans cover an array of services, including preventive care and health and wellness programs such as online health assessment and coaching.

About Dignity Health.

Founded in 1986 and headquartered in San Francisco, Dignity Health™ is one of the largest hospital providers in the nation. We are dedicated to delivering high-quality, affordable health care services in a compassionate environment to meet each patient’s physical, mental and spiritual needs. Upholding the core values of dignity, justice, stewardship, collaboration, and excellence, our healing philosophy serves not just our patients, but our staff, our communities, and our planet. At Dignity Health™ a family of more than 60,000 caregivers and staff are delivering excellent care to diverse communities across Arizona, California and Nevada.

Learn more at [www.dignityhealth.org](http://www.dignityhealth.org).


Participation in the Health Assessment is strictly voluntary. Any health information collected as part of the assessment will be kept confidential in accordance with the Notice of Privacy Practices; be used only for health and wellness recommendations or for payment, treatment or health care operations; and be shared with your health plan, but not with your employer.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates. Health Plan coverage provided by or through UnitedHealthcare of Arizona, Inc.

UnitedHealthcare is one of the nation’s largest health and wellness companies, serving more than 45 million members in all 50 states, including over 1.6 million in Arizona.*