

Building a healthier workforce through integrated benefits.

Combining UnitedHealthcare medical benefits with specialty coverage such as dental, vision and disability plans may result in improved employee health outcomes, increased productivity and lower costs for employers.

A smarter approach to integrated benefits.



Data makes a big difference.

Through Bridge2Health® – UnitedHealthcare's integrated approach to employee benefits – we're able to analyze data to get a better picture of employees' health enabling us to:

- 1 Increase member engagement in clinical care programs.
- 2 Collaborate with health care providers to help close gaps in care.
- 3 Reduce medical costs for employers.
- 4 Provide employers customized reports that offer actionable data and insights.
- 5 Deliver a simpler experience for members.

Why it's important.

1 in 2

workers in the U.S. has a chronic condition.¹

Chronic conditions like heart disease, diabetes, respiratory disease and arthritis call for care that can span multiple health benefits.¹

65

work days are missed each year (per employer) due to diabetes alone.²

\$1,685

is the average cost of absence per employee each year.³

How Bridge2Health helps improve health outcomes.

Bridge2Health may benefit those with UnitedHealthcare medical benefits and these specialty plans:



Dental

Persons with both diabetes and periodontal disease, the program cross-checks dental and medical health claim data to determine if they have missed recommended periodontal treatments or cleanings, then proactively follows up to help schedule recommended dental treatments or cleanings, which have been shown to reduce inflammation and improve diabetes management.



Critical Illness

For persons recovering from a heart attack, program case managers can share resources addressing heart disease and chronic heart failure, including educational materials to improve diet and lifestyle. Support and improved engagement may lead to improved health through better management of one's weight, blood pressure and blood sugar levels.



Disability

For persons recovering from back surgery, the program's case managers can help facilitate home health care to assess the safety of the home to help reduce the risk of falls, while also coordinating home physical therapy. All shown to help people focus on healing and get back to work sooner.



Hearing

Persons with untreated hearing loss, experience higher rates of depression, dementia, impaired learning and increased risk of falls.⁴ By helping expand access to more affordable, quality hearing health care options, we can help address those issues and enhance people's overall well-being.



Vision

For persons with hypertension, our team proactively follows up with a phone call reminder for an annual eye exam, which can help detect potential complications related to this condition and help them better manage their blood pressure and help avoid complications.



How we helped Grace recover faster.⁵

Grace underwent surgery to resolve her ankle and foot pain. As she recovered at home, her case manager was able to give her the help she needed.



Grace didn't feel safe navigating her home alone.

Her case manager connected her to home health care

for help with dressing changes and assessing the safety of her home.



Grace needed help recovering at her home.

Her case manager coordinated home physical therapy.

Grace was referred to a social worker for help around the house and for rides to see her doctor.



Grace was frustrated due to her decreased mobility.

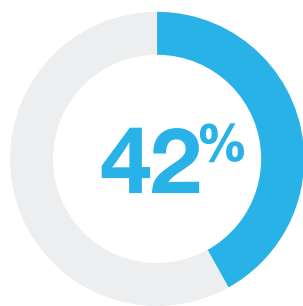
Her case manager referred her to the employee assistance program (EAP).

Grace received resources in coping with stress and anxiety.

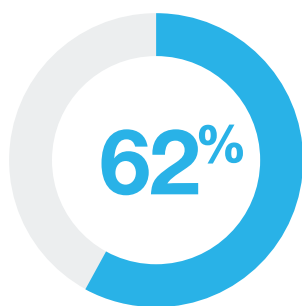
Grace was thankful for the personal assistance she received from her care team. She healed faster and is back at work feeling better than ever.



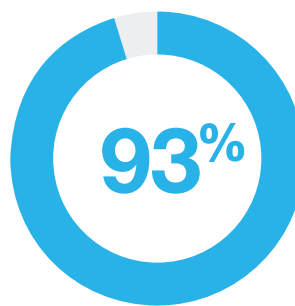
How we know it works.



of employees return to the dentist after outreach.⁶



re-engagement in care by diabetics after receiving a comprehensive eye exam.⁷



case management nurse satisfaction rating.⁸



in medical savings per referral following a disability claim.⁹

Learn more.



For more information or an interview, please contact Will Shanley at 714-204-8005 or will.shanley@uhc.com.



¹ Family and Medical Leave Act

² National Center for Chronic Disease Prevention and Health Promotion. Chronic Disease Prevention and Health Promotion (NCCDPHP). Atlanta. Centers for Disease Control and Prevention; 2017.Web.

³ Assay GRB, Roy K, Lang JE, Payne RL, Howard DH. Absenteeism and Employer Costs Associated With Chronic Diseases and Health Risk Factors in the US Workforce. Table 4. Annual Total Absenteeism and Costs to Employers in the United States Because of Selected Health Risk Factors or Chronic Diseases Among Employees, by Size of Employer. Prev Chronic Dis 2016;13:150503. Centers for Disease Control and Prevention; 2016. Web

⁴ Worker Illness and Injury Costs U.S. Employers \$225.8 Billion Annually. January 2015. ©2017 CDC Foundation.

⁵ American Academy of Audiology <https://www.audiology.org/publications-resources/document-library/untreated-hearing-loss-linked-depression-social-isolation>.

⁶ Real case; member image, name and some details changed for member privacy.

⁷ 2016 Optum Bridge2Health Internal Report.

⁸ Chous, Linda M., Christopher, Kim K. UnitedHealthcare "Eye Exam Impacts on Re-engagement for Chronic Conditions." 2015.

⁹ 2016 Optum Case Management Survey.

⁹ 2017 Optum Bridge2Health Disability Internal Report.

Benefits and programs may not be available in all states or for all group sizes. Components subject to change. These policies have exclusions, limitations and terms under which the policy may be continued in force or discontinued. For costs and complete details of the coverage, contact your UnitedHealthcare sales representative.

UnitedHealthcare Dental coverage underwritten by UnitedHealthcare Insurance Company, located in Hartford, Connecticut, UnitedHealthcare Insurance Company of New York, located in Islandia, New York, or their affiliates. Administrative services provided by Dental Benefit Providers, Inc., Dental Benefit Administrative Services (CA only), DBP Services (NY only), United HealthCare Services, Inc. or their affiliates. Plans sold in Texas use policy form number DPOL.06.TX or DPOL.12.TX (Rev. 9/16) and associated COC form numbers DCOC.CER.06 or DCERT.IND.12.TX. Plans sold in Virginia use policy form number DPOL.06.VA with associated COC form number DCOC.CER.06.VA and policy form number DPOL.12.VA with associated COC form number DCOC.CER.12.VA.

UnitedHealthcare Vision coverage provided by or through UnitedHealthcare Insurance Company, located in Hartford, Connecticut, UnitedHealthcare Insurance Company of New York, located in Islandia, New York, or their affiliates. Administrative services provided by Spectera, Inc., United HealthCare Services, Inc. or their affiliates. Plans sold in Texas use policy form number VPOL.06.TX or VPOL.13.TX and associated COC form number VCOC.INT.06.TX or VCOC.CER.13.TX. Plans sold in Virginia use policy form number VPOL.06.VA or VPOL.13.VA and associated COC form number VCOC.INT.06.VA or VCOC.CER.13.VA.

UnitedHealthcare Life and Disability products are provided by UnitedHealthcare Insurance Company. Life and Disability products are provided on policy forms LASD-POL (05/03) et al. and UHCLD-POL 2/2008 et al. UnitedHealthcare Insurance Company is located in Hartford, CT. In New York, Life and Disability products are provided by Unimerica Life Insurance Company of New York. Unimerica Life Insurance Company of New York is located in New York, NY.

UnitedHealthcare Critical Illness product is provided by UnitedHealthcare Insurance Company on form UHICI-POL-1 et al. Critical Illness coverage is NOT considered "minimum essential coverage" under the Affordable Care Act and therefore does NOT satisfy the mandate to have health insurance coverage. Failure to have other health insurance coverage may be subject to a tax penalty. Please consult a tax advisor. UnitedHealthcare Insurance Company is located in Hartford, CT. In New York, Life and Disability products are provided by Unimerica Life Insurance Company of New York. Unimerica Life Insurance Company of New York is located in New York, NY.

Bridge2Health is included for employers who purchase a fully insured UnitedHealthcare health plan and one or more of the following UnitedHealthcare plans: Dental (groups 101+), Vision (groups 101+), Disability (groups 2+), Critical Illness Protection (groups 51+), Accident Protection (groups 51+), Hospital Indemnity Protection (groups 51+). Employers who purchase a UnitedHealthcare ASO health plan may be eligible for Bridge2Health, subject to review of medical care and behavioral management services. For additional details, contact your broker or UnitedHealthcare representative.