



In New Mexico and ready to help meet your health care needs



With UnitedHealthcare, you can expect quality health plans and services, plus innovative tools—all delivered by a team of local experts.

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**United
Healthcare**
UnitedHealthcare
Insurance Company



Care by the numbers

209,142

total members¹

112,380 Employer & Individual¹

96,762 Medicare & Retirement¹

31

hospitals²

6,268 nationwide³

8,865

physicians and health care professionals²

1,690,579 nationwide³

1,289

full-time New Mexico employees⁴

What UnitedHealthcare brings to New Mexico



Quality health plans

Each of our plans has built-in programs that integrate quality care with technology, tools and resources and may include:

- PCP-guided decisions about care
- Standard copay designs that offer greater flexibility and access to care
- Specialty plans that may help you save on your medical premium



Innovative tools

- **Employer eServices®** helps you manage enrollment, eligibility and billing in real time
- **myuhc.com®** gives your employees easy access to their plan — they can find and price network care, view claims and more
- **The UnitedHealthcare® app**, the mobile version of **myuhc.com**, is designed to help employees find network providers, cost estimates and more from their smart device
- **24/7 Virtual Visits** connects employees to a provider by phone or video* through **myuhc.com** or the UnitedHealthcare app



Wellness programs and more*

- **New! UnitedHealthcare Rewards (UHC Rewards)** is a program where employees and their spouses can earn rewards for reaching program goals and completing one-time activities. Participants can personalize their experience by selecting activities that are right for them — and choosing ways to spend earnings. Participants may immediately start earning rewards by activating UHC Rewards from the UnitedHealthcare app and their **myuhc.com** account.
- **1-year Apple Fitness+ subscription** offers anytime, anywhere studio-style workouts and guided meditations that include personalized metrics — now all you need is iPhone
- **1-year Peloton® Digital Membership* *** includes access to the Peloton App, featuring thousands of live and on-demand fitness classes — no fitness equipment required
- **Rally® Health & Wellness** uses technology to engage employees in managing their health by providing the tools to help them get healthier
- **Real Appeal®** takes an evidence-based approach to support weight loss to help people make small changes necessary for larger long-term health results. Real Appeal uses a highly interactive internet show, videos and live online coaching to drive small behavior changes.
 - Group coaching with other participants
 - Coaches guide employees through the program customizing goals to help fit their needs

#1

UnitedHealth Group® was named the top-ranking company in the insurance and managed care sector on Fortune's 2023 "World's Most Admired Companies" list⁵ for the 13th year in a row.



Nation's largest proprietary network

With UnitedHealthcare, your employees have greater access to doctors and hospitals in New Mexico — and throughout the country.

See what UnitedHealthcare can do for you and your employees

1-800-985-2356 | uhc.com



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*Data rates may apply.

**For a limited time, the Peloton offering is available to members enrolled in applicable UnitedHealthcare fully insured plans and participants enrolled in UnitedHealthcare self-funded plans, whose employer purchases the offering. Additional details, including offer expiration date, are on <https://www.myuhc.com/peloton>. Members and participants must be 18+ years of age and register for an account with Peloton. UnitedHealthcare members and participants that own a Peloton Bike, Bike+ or Tread can redeem a 3-month All-Access Membership. Limit 1 code redemption per member or participant.

¹ Regional numbers as of May 8, 2023.

² UnitedHealthcare internal analysis, Jan. 2023.

³ UnitedHealthcare internal analysis, Jan. 2023.

⁴ UnitedHealthcare internal analysis, Feb. 2023.

⁵ February 1, 2023. FORTUNE is a registered trademark of Time, Inc. FORTUNE and Time, Inc. are not affiliated with, and do not endorse products or services of UnitedHealth Group.

Apple Fitness+ requires iPhone 8 or later with iOS 16.1 or later, or Apple Watch Series 3 or later with watchOS 7.2 or later and one of the following Apple devices: iPhone 6s or later with iOS 14.3 or later, iPad with iPadOS 14.3 or later, or Apple TV with tvOS 14.3 or later. Must be 13+ years of age and covered under an applicable health plan. Available to applicable UnitedHealthcare medical plans for fully insured customers until 12/31/23. You should consult with an appropriate health care professional before beginning any exercise program and/or to determine what may be right for you.

UnitedHealthcare Rewards is a voluntary program. If you are unable to meet a standard related to health factor to receive a reward under this program, you might qualify for an opportunity to receive the reward by different means. You may call us toll-free at 1-855-256-8669 or at the number on your health plan ID card, and we will work with you (and, if necessary, your doctor) to find another way for you to earn the same reward. Rewards may be limited due to incentive limits under applicable law. Subject to HSA eligibility, as applicable.

Rally® Health provides health and well-being information and support as part of your health plan. Participation in the health survey is voluntary. Your responses will be kept confidential in accordance with the law and will only be used to provide health and wellness.

The UnitedHealthcare® app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

All UnitedHealthcare members can access a cost estimate online or on the mobile app. None of the cost estimates are intended to be a guarantee of your costs or benefits. Your actual costs may vary. When accessing a cost estimate, please refer to the website or mobile application terms of use under Find Care & Costs section.

Real Appeal is a voluntary weight management program that is offered to eligible members at no additional cost as part of their benefit plan. Participants should consult an appropriate health care professional to determine what may be right for them. Results, if any, may vary.

Insurance coverage provided by or through UnitedHealthcare Insurance Company. Administrative services provided by United HealthCare Services, Inc. or their affiliates. Health Plan coverage provided by UnitedHealthcare of New Mexico, Inc.