In Washington, D.C. and ready to help meet your health care needs

With UnitedHealthcare, you can expect quality health plans and services, plus innovative tools — all delivered by a team of local experts.
Care by the numbers

128,438 total members¹

84,510 Employer & Individual¹
29,023 Community & State¹
14,905 Medicare & Retirement¹

11 hospitals¹

7,031 nationwide²

7,061 physicians and health care professionals¹

1,713,257 nationwide²
Quality health plans
Each of our plans has built-in programs that integrate access to quality care with technology, tools and resources and may include:

• $0 out-of-pocket costs for the following network visits: primary care provider (PCP), virtual care and urgent care
• Value-based designs that encourage members to use quality network PCPs at lower copays
• PCP-guided decisions about care
• Standard copay designs that offer greater flexibility and access to care
• Provider alliances created to help improve the member experience and lower costs
• Specialty plans that may help you save on your medical premium

Innovative tools

• Employer eServices® helps you manage enrollment, eligibility and billing in real time
• myuhc.com® gives your employees easy access to their plan — they can find and price network care, view claims and more
• The UnitedHealthcare® app, the mobile version of myuhc.com, is designed to help employees find network providers, cost estimates and more from their smart device
• 24/7 Virtual Visits connects employees to a provider by phone or video* through myuhc.com or the UnitedHealthcare app

Wellness programs and more

• New! UnitedHealthcare Rewards (UHC Rewards) is a program where employees and their spouses can earn rewards for reaching program goals and completing one-time activities. Participants can personalize their experience by selecting activities that are right for them — and choosing ways to spend earnings. Participants may immediately start earning rewards by activating UHC Rewards from the UnitedHealthcare app and their myuhc.com account.
• 1-year Apple Fitness+ subscription offers anytime, anywhere studio-style workouts and guided meditations that include personalized metrics — now all you need is iPhone
• Rally® Health & Wellness uses technology to engage employees in managing their health by providing the tools to help them get healthier
• Real Appeal® takes an evidence-based approach to support weight loss to help people make small changes necessary for larger long-term health results. Real Appeal uses a highly interactive internet show, videos and live online coaching to drive small behavior changes. The program includes:
  – Group coaching with other participants
  – Coaches guide employees through the program, customizing goals to help fit their needs

Nation’s largest proprietary network
With UnitedHealthcare, your employees have greater access to doctors and hospitals in Washington, D.C. — and throughout the country.

UnitedHealth Group® was named the top-ranking company in the insurance and managed care sector on Fortune’s 2023 “World’s Most Admired Companies” list for the 13th year in a row.