In Maryland and ready to help meet your health care needs

With UnitedHealthcare, you can expect quality health plans and services, plus innovative tools — all delivered by a team of local experts.
Care by the numbers

855,690
total members¹

443,381 Employer & Individual¹
220,362 Community & State¹
191,947 Medicare & Retirement¹

60
hospitals¹

7,031 nationwide²

35,095
physicians and health care professionals¹

1,713,257 nationwide²
What UnitedHealthcare brings to Maryland

Quality health plans
Each of our plans has built-in programs that integrate access to quality care with technology, tools and resources and may include:

- $0 out-of-pocket costs for the following network visits: primary care provider (PCP), virtual care and urgent care
- Value-based designs that encourage members to use quality network PCPs at lower copays
- PCP-guided decisions about care
- Standard copay designs that offer greater flexibility and access to care
- Provider alliances created to help improve the member experience and lower costs
- Specialty plans that may help you save on your medical premium

Innovative tools

- **Employer eServices®** helps you manage enrollment, eligibility and billing in real time
- **myuhc.com®** gives your employees easy access to their plan — they can find and price network care, view claims and more
- **The UnitedHealthcare® app**, the mobile version of myuhc.com, is designed to help employees find network providers, cost estimates and more from their smart device
- **24/7 Virtual Visits** connects employees to a provider by phone or video* through myuhc.com or the UnitedHealthcare app

Wellness programs and more

- **New! UnitedHealthcare Rewards (UHC Rewards)** is a program where employees and their spouses can earn rewards for reaching program goals and completing one-time activities. Participants can personalize their experience by selecting activities that are right for them — and choosing ways to spend earnings. Participants may immediately start earning rewards by activating UHC Rewards from the UnitedHealthcare app and their myuhc.com account.
- **1-year Apple Fitness+ subscription** offers anytime, anywhere studio-style workouts and guided meditations that include personalized metrics — now all you need is iPhone
- **Rally® Health & Wellness** uses technology to engage employees in managing their health by providing the tools to help them get healthier
- **Real Appeal®** takes an evidence-based approach to support weight loss to help people make small changes necessary for larger long-term health results. Real Appeal uses a highly interactive internet show, videos and live online coaching to drive small behavior changes. The program includes:
  - Group coaching with other participants
  - Coaches guide employees through the program, customizing goals to help fit their needs

Nation’s largest proprietary network

With UnitedHealthcare, your employees have greater access to doctors and hospitals in Maryland — and throughout the country.

#1

UnitedHealth Group® was named the top-ranking company in the insurance and managed care sector on Fortune’s 2023 “World’s Most Admired Companies” list for the 13th year in a row.
See what UnitedHealthcare can do for you and your employees

Contact your broker or UnitedHealthcare representative | uhc.com