



## Convenient access to quality, personalized health care

Virtual primary care helps make accessing convenient, familiar care easier.

### Your employees can see their provider from their couch

Virtual primary care gives employees the ability to visit a primary care provider (PCP) via computer or mobile device—as well as chat with a care team member 24/7.\* To get started, they just need to go to [myuhc.com](https://myuhc.com)® or download the UnitedHealthcare® app. If they already have a relationship with a local PCP, they can contact their clinic to see if a virtual appointment with that PCP is available.

\*Data rates may apply.  
continued

Almost  
**88%**

of Americans surveyed want to continue using virtual care services for non-urgent consultations<sup>1</sup>

United  
Healthcare

## Benefits for you and your employees

Virtual visits for primary care may:

- Drive higher health plan satisfaction and reduce time away from work
- Offer access to primary care without the need to go to a doctor's office

## Diverse services, digital convenience

Virtual primary care covers many of the same services as in-person primary care, including:

- Minor ailments and preventive care
- Annual wellness visits, follow-up care and checkups for ongoing conditions like asthma, diabetes and more
- Ordering prescriptions and refills based on health history\*
- Referrals to specialists and in-person care as needed
- Addressing health opportunities like missed screenings or immunizations

## Greater access, greater engagement

With the ability to receive primary health care virtually, employees are encouraged to develop a stronger connection with their PCP and become more engaged in their health, which may also lead to lower health care costs.

Virtual visits for primary care offers employees the opportunity to:

- Establish a relationship with a board-certified PCP virtually, from anywhere
- Schedule appointments in advance
- Chat with a care team member 24/7\*\*
- Understand out-of-pocket costs before starting a visit
- Share secure electronic medical records with providers
- Request and receive a health care professional's note when needing to miss work and more

# 72%

of employers are expected to have virtual primary care in 2–3 years<sup>2</sup>

Let your employees know it's included in today's current plan

**Learn more**

Contact your UnitedHealthcare representative for more on virtual primary care

**United  
Healthcare**

\*Certain prescriptions may not be available, and other restrictions may apply.

\*\*Data rates may apply.

<sup>1</sup> Sykes March 2021 telehealth survey.

<sup>2</sup> Business Group on Health 2022 Large Employers' Health Care Strategy and Plan Design Survey, August 2021.

Note: Due to physician licensing restrictions, virtual primary care is only available within the member's state of residence. If the member's location is outside of their state of residence, virtual visits for primary care will be provided as a 24/7 Virtual Visit provided by Optum Virtual Care or American Well (Amwell).

The UnitedHealthcare® app is available for download for iPhone® or Android®. iPhone is a registered trademark of Apple, Inc. Android is a registered trademark of Google LLC.

Certain preventive care items and services, including immunizations, are provided as specified by applicable law, including the Patient Protection and Affordable Care Act (ACA), with no cost-sharing to you. These services may be based on your age and other health factors. Other routine services may be covered under your plan, and some plans may require copayments, coinsurance or deductibles for these benefits. Always review your benefit plan documents to determine your specific coverage details.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates.