In Washington and ready to help meet your health care needs

With UnitedHealthcare, you can expect quality health plans and services, plus innovative tools—all delivered by a team of local experts.
## Care by the numbers

<table>
<thead>
<tr>
<th>Category</th>
<th>Number</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>total members</td>
<td>990,897</td>
<td></td>
</tr>
<tr>
<td>employs</td>
<td>6,268</td>
<td>nationwide²</td>
</tr>
<tr>
<td>hospitals</td>
<td>114</td>
<td></td>
</tr>
<tr>
<td>physicians and health care professionals</td>
<td>51,509</td>
<td></td>
</tr>
<tr>
<td>full-time Washington employees</td>
<td>6,528</td>
<td></td>
</tr>
</tbody>
</table>

¹ Source: Washington Health Benefit Exchange ² Source: ³ Source:
Quality health plans
Each of our plans has built-in programs that integrate quality care with technology, tools and resources and may include:
• $0 out-of-pocket costs for the following network visits: primary care provider (PCP), virtual care and urgent care
• Value-based designs that encourage members to use quality network PCPs at lower copays
• PCP-guided decisions about care
• Standard copay designs that offer greater flexibility and access to care
• Provider alliances created to help improve the member experience and lower costs
• Specialty plans that may help you save on your medical premium

Wellness programs and more
• New! UnitedHealthcare Rewards (UHC Rewards) is a program where employees and their spouses can earn rewards for reaching program goals and completing one-time activities. Participants can personalize their experience by selecting activities that are right for them — and choosing ways to spend earnings. Participants may immediately start earning rewards by activating UHC Rewards from the UnitedHealthcare app and their myuhc.com account.
• 1-year Apple Fitness+ subscription offers anytime, anywhere studio-style workouts and guided meditations that include personalized metrics — now all you need is an iPhone
• 1-year Peloton® Digital Membership** includes access to the Peloton App, featuring thousands of live and on-demand fitness classes — no fitness equipment required
• Rally® Health & Wellness uses technology to engage employees in managing their health by providing the tools to help them get healthier
• Real Appeal® takes an evidence-based approach to support weight loss to help people make small changes necessary for larger long-term health results. Real Appeal uses a highly interactive internet show, videos and live online coaching to drive small behavior changes.
  – Group coaching with other participants
  – Coaches guide employees through the program customizing goals to help fit their needs

Innovative tools
• Employer eServices® helps you manage enrollment, eligibility and billing in real time
• myuhc.com® gives your employees easy access to their plan — they can find and price network care, view claims and more
• The UnitedHealthcare® app, the mobile version of myuhc.com, is designed to help employees find network providers, cost estimates and more from their smart device
• 24/7 Virtual Visits connects employees to a provider by phone or video* through myuhc.com or the UnitedHealthcare app

Nation’s largest proprietary network
With UnitedHealthcare, your employees have greater access to doctors and hospitals in Washington — and throughout the country

UnitedHealth Group® was named the top-ranking company in the insurance and managed care sector on Fortune’s 2023 “World’s Most Admired Companies” list for the 13th year in a row.
Real Appeal is a voluntary weight management program that is offered to eligible members at no additional cost as part of their benefit plan. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. The value of this offering may be taxable. Members and participants should consult with an appropriate tax professional to determine if they have any tax obligations from having access to this offering at no additional cost.

24/7 Virtual Visits is a service available with a Designated Virtual Network Provider via video, or audio-only where permitted under state law. 24/7 Virtual Visits are not intended to address emergency or life-threatening medical conditions and should not be used in those circumstances. Services may not be available at all times, or in all locations, or for all members. Check your benefit plan to determine if these services are available.

Apple Fitness+ requires iPhone 8 or later with iOS 16.1 or later, or Apple Watch Series 3 or later with watchOS 7.2 or later and one of the following Apple devices: iPhone 6s or later with iOS 14.3 or later, iPad with iPadOS 14.3 or later, or Apple TV with tvOS 14.3 or later. Must be 13+ years of age and covered under an applicable health plan. Available to applicable UnitedHealthcare medical plans for fully insured customers until 12/31/23. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. You should consult with an appropriate health care professional before beginning any exercise program and/or to determine what may be right for you. The value of the applic...