

One size DOES NOT fit all

MAKING A PLAN FOR ADHD TREATMENT

Did a doctor just diagnose your child with attention deficit hyperactivity disorder (ADHD)? Is your child taking medicine for ADHD? If so, you need to make and keep visits with your child's doctor. A "one-size-fits-all" plan does not work for kids with ADHD. What works for one child may not work for another. You, your child, and the doctor need to talk. Together, you need make a treatment plan.

If your child takes medicine, the doctor needs to check to see if the medicine and dose are the best choice for your child. This will take place in a "follow-up" visit. This visit is after the first visit.

Be sure to make the first follow-up visit with the doctor in the first 30 days after your child starts taking ADHD medicine.

Why is this visit important? It helps the doctor see if the medicine works for your child. The doctor will also check to see if your child feels any major side effects from the medicine. Seeing the doctor in the first 30 days will help get your child's care off to the right start.

Source: National Institute of Mental Health (www.nimh.nih.gov);
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